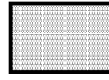




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Page URL	www.painmatters.com
Page Title Tag (Limited to 65 Characters)	Pain Matters   Information & Resources for Chronic Pain
Page Description (Limited to 150 characters including spaces)	Pain Matters is a comprehensive resource dedicated to providing information and support for the management of chronic pain and opioid abuse deterrence
Page Key Words	Pain, chronic pain, support, management, opioid abuse

PLAINTIFFS TRIAL  
EXHIBIT  
**P-18208\_00001**

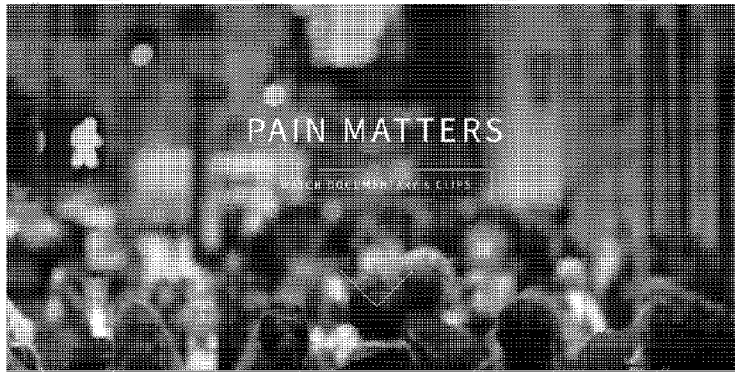
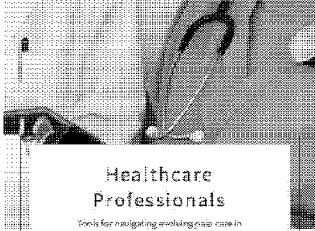
Identify  
U.S. Advocacy  
CONNECT WITH THE  
COMMUNITY

HEALTHCARE  
PROFESSIONALS



PEOPLE AFFECTED  
BY PAIN

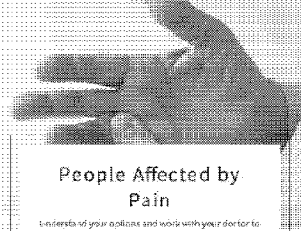
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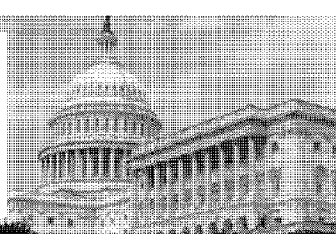
Insights of pain policies and what you can do for to determine what pain care plan is right for you.

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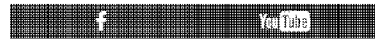
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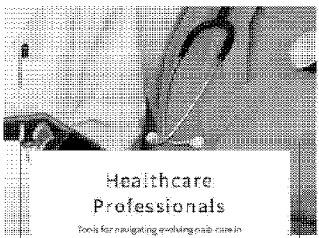
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# PAIN MATTERS

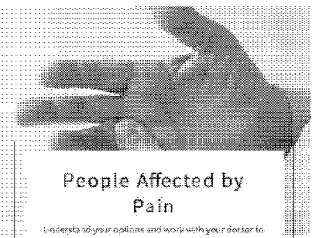
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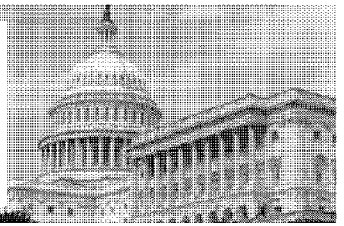
Understand your medicine and work with your doctor to determine what pain care plan is right for you.

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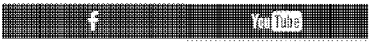


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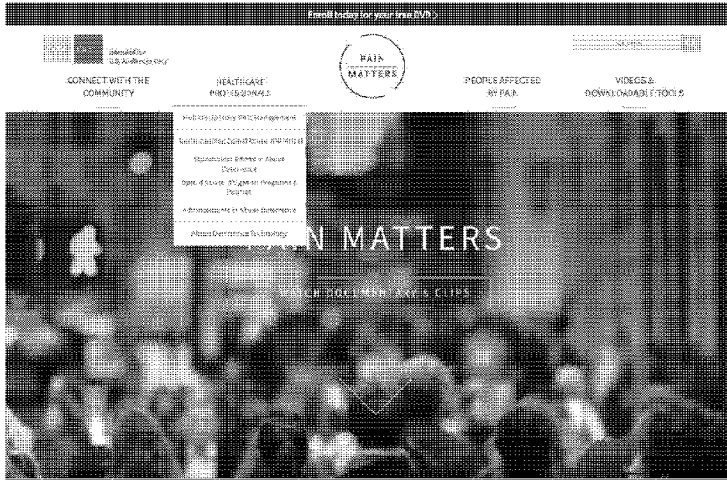
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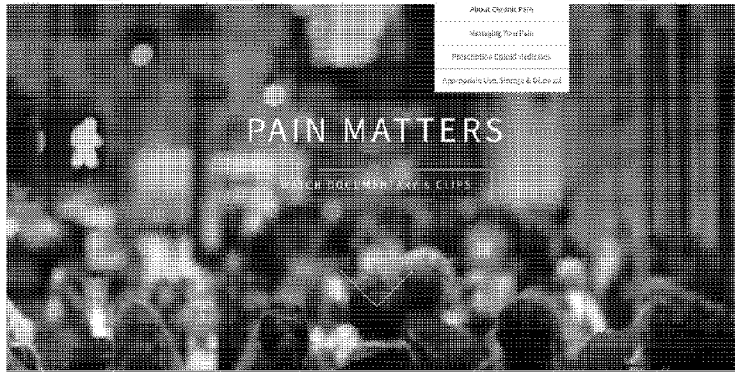
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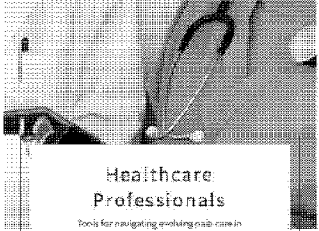


PEOPLE AFFECTED BY PAIN

VIDEOS & DOWNLOADABLE TOOLS




- Acute Chronic Pain
- Managing Your Pain
- Procedural Sedation
- How Pain Works, Storage & Relief



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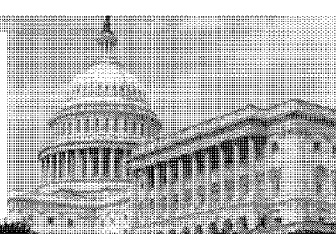
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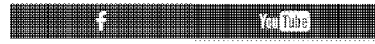
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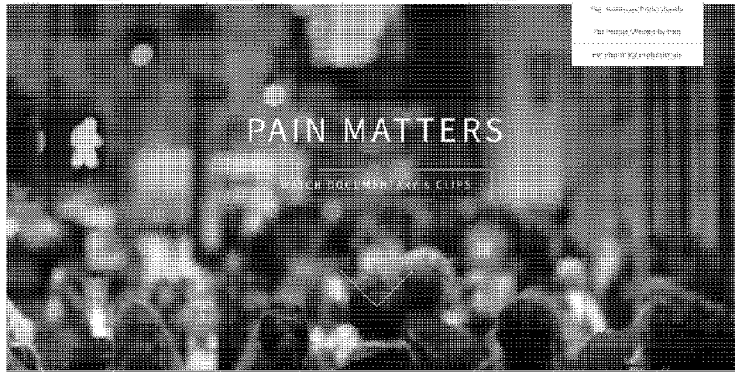


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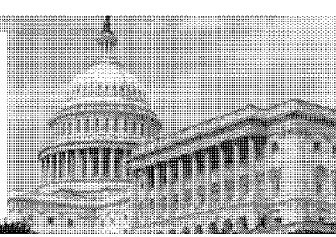
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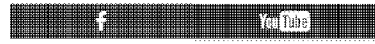
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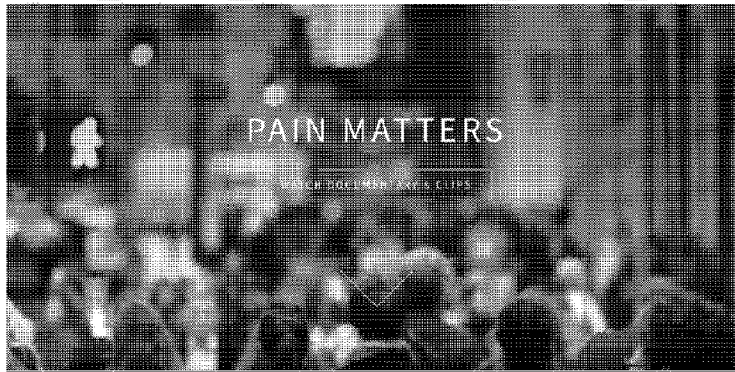


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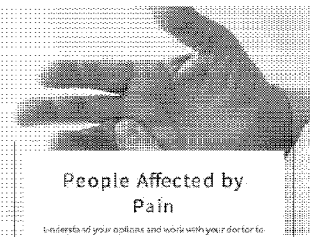
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## People Affected by Pain

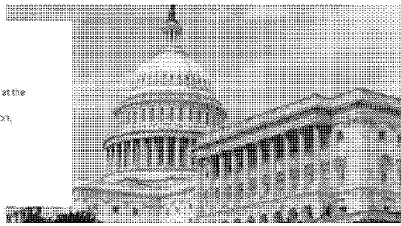
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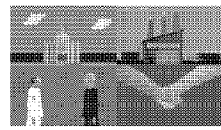
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Watch a video on the evolving science and FDA's guidance on abuse deterrence technology.

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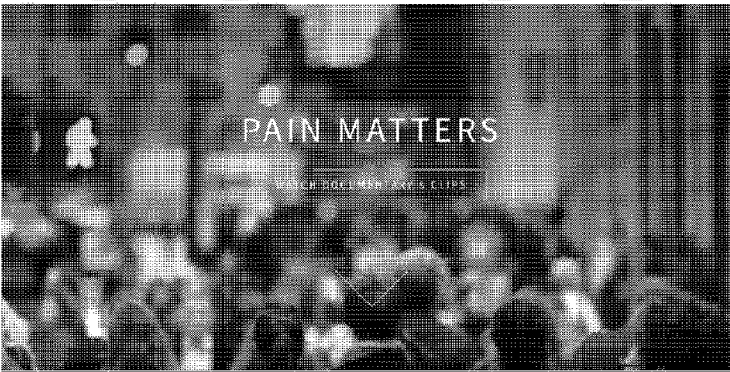



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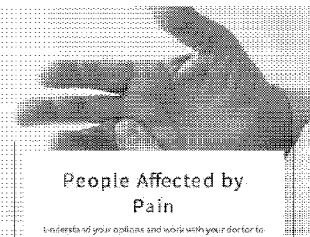


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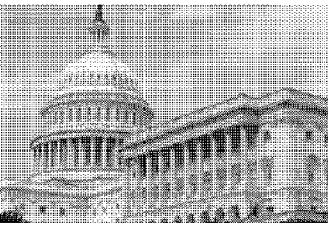
Understand your options and work with your doctor to determine what pain care plan is right for you.

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Reimagine the exam room experience to foster a more open dialogue between healthcare professionals and people affected by pain.

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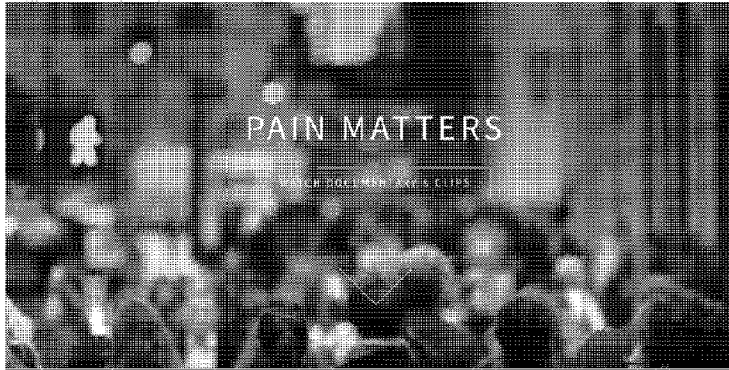
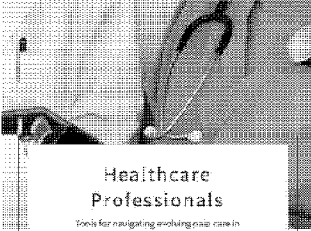
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PEOPLE AFFECTED  
BY PAIN

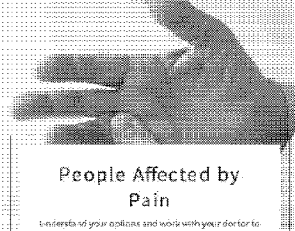
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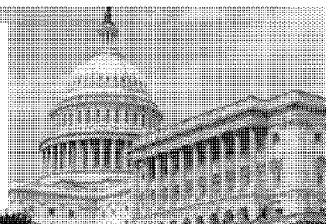
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**Pain Community Events Calendar**

Find regional and national professional meetings, conferences, and events to keep you up-to-date on the latest in the pain community.

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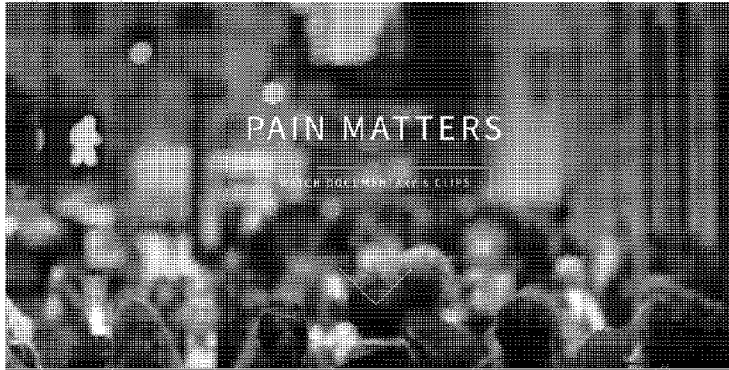
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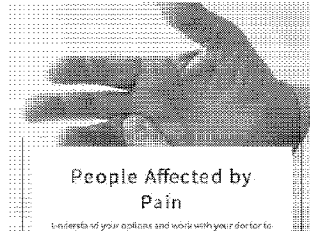




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Tools for navigating evolving state laws in a complex landscape.

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### People Affected by Pain

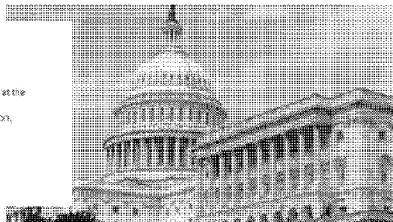
Understand your options and work with your doctor to determine what pain care plan is right for you.

DISCOVER TOOLS

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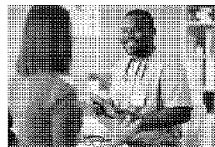
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### Teva's Commitment to Pain Management

Teva is committed to supporting responsible pain management that meets the needs of people living with pain and healthcare professionals treating pain.

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*"Chronic pain continues to be a serious issue for millions of Americans, and Teva is committed to supporting responsible pain management that meets the needs of people living with pain and healthcare professionals."<sup>1</sup>*

—Michael Hayden, MD, PhD, President of Global R&D and Chief Scientific Officer at Teva Pharmaceuticals

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### Pain Matters

[painmatters.com/](http://painmatters.com/)  
 Pain Matters is a comprehensive resource dedicated to providing information and support for chronic pain management and opioid abuse deterrence.

### Pain Matters | Pain Matters Documentary

[painmatters.com/about-pain-matters/pain-matters-documentary.aspx](http://painmatters.com/about-pain-matters/pain-matters-documentary.aspx)  
 The Pain Matters documentary, produced by the Discovery Channel, chronicles the lives of people and families affected by chronic pain, and provides insights ...

### Pain Matters | About Pain Matters

[painmatters.com/about-pain-matters/](http://painmatters.com/about-pain-matters/)  
 Watch a prominent pain-care physician highlight the key features of PainMatters.com —a comprehensive resource dedicated to providing information and ...

### About Chronic Pain | Pain Matters

[painmatters.com/people-affected-by-pain/understanding-pain.aspx](http://painmatters.com/people-affected-by-pain/understanding-pain.aspx)  
 Understand the differences between acute and chronic pain.

### Community Resources for People Affected by Chronic Pain | Pain ...

[painmatters.com/pain-community-resources-people-affected-chronic-pain.aspx](http://painmatters.com/pain-community-resources-people-affected-chronic-pain.aspx)  
 Find chronic pain management resources to help you get the information you need to reduce the risk of prescription abuse and misuses.

### Find the Right Chronic Pain Care Plan for You | Pain Matters

[painmatters.com/people-affected-by-pain/](http://painmatters.com/people-affected-by-pain/)  
 Chronic pain is a serious medical condition that affects approximately 100 million American adults. It's important to work with your doctor to determine what pain ...

### Order Your Pain Matters DVD | Pain Matters

[painmatters.com/forms/order-your-copy.aspx](http://painmatters.com/forms/order-your-copy.aspx)  
 Order your own DVD copy of the Pain Matters documentary.

### Managing Your Chronic Pain | Pain Matters

[painmatters.com/pain/finding-right-pain-care-plan-for-you.aspx](http://painmatters.com/pain/finding-right-pain-care-plan-for-you.aspx)  
 Creating a chronic pain care plan includes understanding your pain history and working with your doctor and treatment team to develop the right treatment plan ...

### Prescription Opioid Medicines | Pain Matters

[painmatters.com/people/pain/prescription-opioid-medicines.aspx](http://painmatters.com/people/pain/prescription-opioid-medicines.aspx)  
 Prescription Opioid medicines may be an appropriate treatment for people living with chronic pain, but everyone should understand the risks for abuse and ...

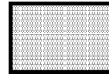
### A Multidisciplinary Approach to Managing Chronic Pain | Pain Matters

[painmatters.com/multidisciplinary-approach-to-managing-chronic-pain.aspx](http://painmatters.com/multidisciplinary-approach-to-managing-chronic-pain.aspx)  
 Approaches to chronic pain management include physical therapy, spinal manipulation, cognitive behavioral therapy, acupuncture, and prescription pain ...

1 2 3 4 5 6 7

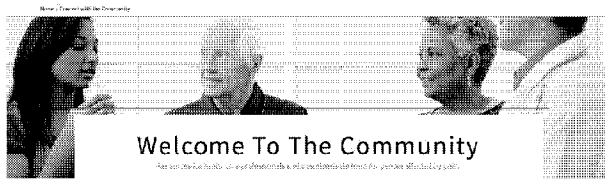


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Page URL	www.painmatters.com/community-engagement
Page Title Tag (Limited to 65 Characters)	Pain Matters   Welcome To The Community
Page Description (Limited to 150 characters including spaces)	Pain Matters provides a community for healthcare providers, industry thought-leaders and people affected by chronic pain.
Page Key Words	Pain, chronic pain, community, healthcare providers, industry leaders



## Welcome To The Community

**Learn About Pain Matters**

The impact of pain is evident, finding solutions takes time, and we all have a role to play. Because to all of us, **Pain Matters.**

**Share your ideas with Pain Matters**

Have an idea for a new topic or response?

Is there a pain management topic you'd like to learn more about?

Are there ideas for how to best engage our community when it pain?

[SHARE YOUR INSIGHTS](#)

**Design for Dialogue**

An ongoing effort to find the pain community to reflect our own experiences and help us find solutions to the most complex issues.

[JOIN THE MOVEMENT](#)

**Pain Perspectives - Community Blog**

Read insights and perspectives from industry leaders and healthcare providers on the pain community.

[READ THE BLOG](#)

**Pain Matters Documentary**

This documentary offers an uplifting overview of the journeys of people dealing with a variety of chronic pain conditions and how they have managed their pain.

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**Teva's Commitment to Pain Care**

Learn more about Teva's commitment to pain care and how we are working to improve the lives of people living with chronic pain.

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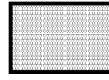
**Pain Community Events Calendar**

Discover the members of the pain community at key congresses and medical meetings throughout the year.

[VIEW CALENDAR](#)

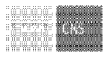


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Page URL	www.painmatters.com/community-engagement/about-pain-matters
Page Title Tag (Limited to 65 Characters)	Pain Matters   About Pain Matters
Page Description (Limited to 150 characters including spaces)	Learn about PainMatters.com—a comprehensive resource dedicated to providing information for the responsible management of chronic pain
Page Key Words	Pain, chronic pain, support, management, opioid abuse



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PEOPLE AFFECTED BY PAIN



VIDEOS & DOWNLOADABLE TOOLS

# About Pain Matters

Pain Matters was developed by Teva Pharmaceuticals to offer practical information and resources for healthcare professionals and people affected by chronic pain as they navigate the evolving and complex pain care landscape. *Pain Perspectives* provides regular insights from people and families affected by pain, healthcare professionals, and community advocates on a variety of pain topics. The *Pain Matters* documentary produced by the Discovery Channel, brings to light the impact of chronic pain on those who live with it and those who treat it. The website includes tailored content for healthcare professionals treating pain and people who are affected by pain.

### Information for Healthcare Professionals in pain care:

- A multidisciplinary approach to pain management
- Information on opioid abuse and misuse
- Government programs and policies
- Emerging abuse detection technologies
- Practical tools to support your patients and your practice
- Links to advocacy and professional organizations

### Support for people and families affected by chronic pain:

- Information to help you take an active role in finding your pain management plan
- Education around prescription opioid medications
- Instructions for appropriate use, storage, and disposal of prescription opioids
- Downloadable tools such as "Questions to ask your doctor"
- Support to help you connect to the larger pain community

Watch an introductory video about PainMatters.com

SHANE VIDEO

Healthcare Professionals

Essential information, tools, and resources to support your practice

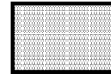
People Affected by Pain

Information and resources for people and families living with chronic pain



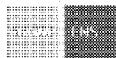


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Page Description (Limited to 150 characters including spaces)	Use Design for Dialogue to rethink the exam room experience and design a space to help address the uncomfortable nature of these complex issues.
Page Key Words	Pain, chronic pain, design for dialogue, exam room, design



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# Be the Voice that Inspires Change

## DESIGN FOR DIALOGUE



According to recent research, both people affected by pain and healthcare professionals treating pain feel that exam room conversations can be uncomfortable.<sup>27</sup> The pressure to open up about the impact of pain on everyday life in an unfamiliar environment and discuss the risks of abuse and misuse associated with opioid medications may contribute to the feelings of discomfort. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>28</sup>

Design for Dialogue is an initiative intended to allow the pain community to rethink the exam room experience and design a space to help address the uncomfortable nature of these complex issues. What would the ideal doctor's office exam room look like to make you feel most comfortable?

## Customize Your Ideal Exam Room

### DESIGN FOR DIALOGUE

Getting Started

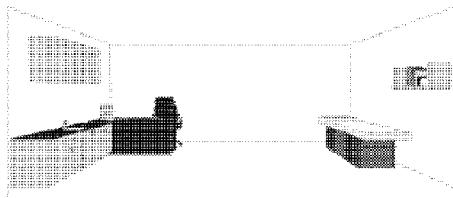
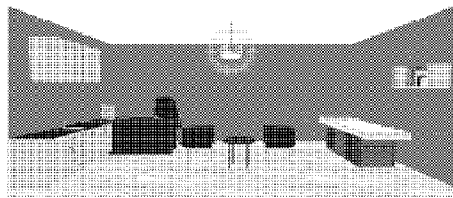
Wall Color

Lighting

Furniture

Flooring

Resources



1. Customize your ideal exam room by selecting:

- Wall color
- Lighting
- Furniture
- Flooring
- And resources you see most valuable

2. Share your insights into how to have a more open conversation around pain and responsible pain management under the "Resources" tab.

**Don't forget to Save and Submit your expert perspective!**

Your experience may be showcased to highlight the community's perspective.

Let's start with Wall Color

Options

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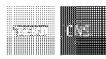
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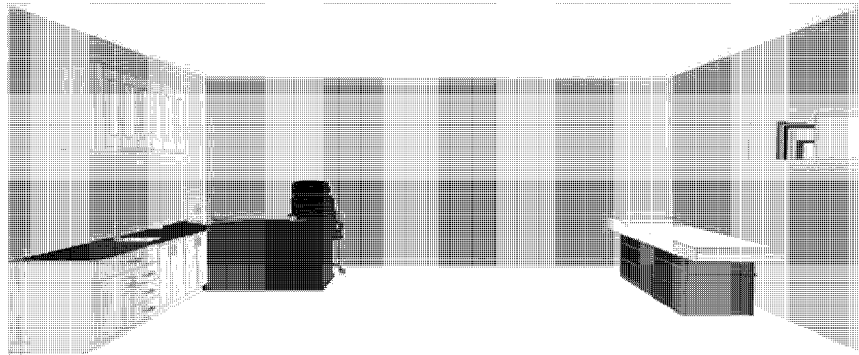
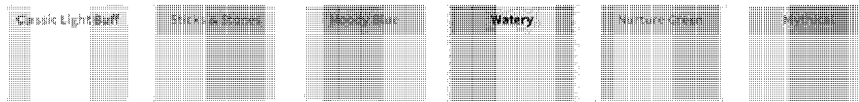
## Customize Your Ideal Exam Room

### DESIGN FOR DIALOGUE

Getting Started **Wall Color** Lighting Furniture Flooring Resources

It is widely agreed upon that the color of the walls in a room can greatly affect the mood of its occupants.<sup>29</sup> What is the right color for you for creating a comfortable place to talk about pain?

Choose your preferred wall color out of the following swatches:



Choose Your Lighting -->

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## DESIGN FOR DIALOGUE

Getting Started | Wall Color | **Lighting** | Furniture | Flooring | Resources

Simple adjustments in lighting have been shown to affect productivity, mood and alertness.<sup>29</sup> What lighting would you prefer in your ideal exam room?

Choose your preferred lighting out of the following switches:

- Table Lamp
- Floor Lamp
- Ceiling Light Fixture
- Bright LED Lighting
- Fluorescent Lighting
- Natural Light

Choose Your Furniture



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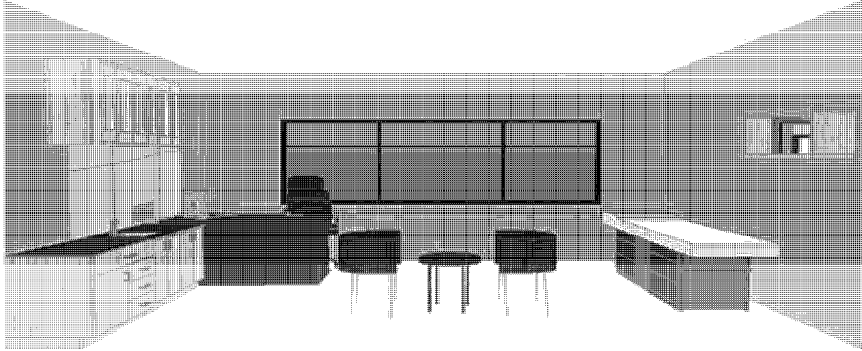
#### DESIGN FOR DIALOGUE

Getting Started | Wall Color | Lighting | **Furniture** | Flooring | Resources

Furniture, specifically the shape, can elicit different emotional responses from observers.<sup>31</sup> What furniture design would make you feel most comfortable?

Choose your preferred furniture out of the following swatches:

<p>Modern Couch</p> 	<p>Couch Chair</p> 	<p>Modern Armchair</p> 	<p>Curved Armchair</p> 	<p>Coffee Table &amp; Chairs</p> 	<p>Reclining Chair</p> 
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Choose Your Flooring →



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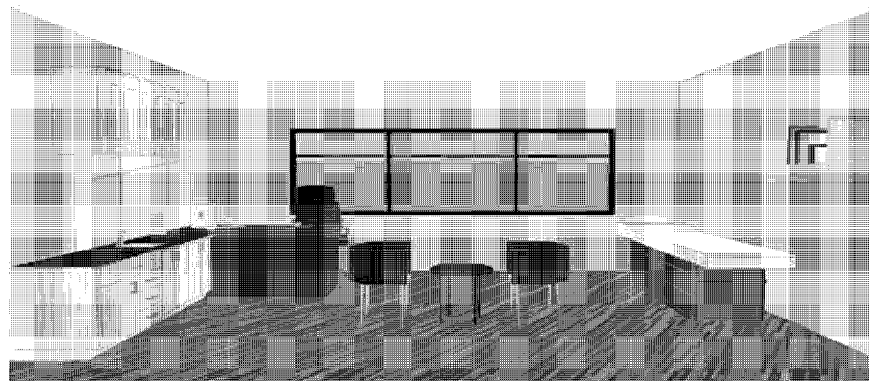
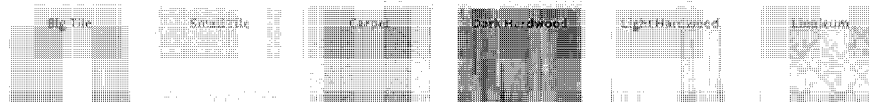
## Customize Your Ideal Exam Room

### DESIGN FOR DIALOGUE

Getting Started | Wall Color | Lighting | Furniture | **Flooring** | Resources

Flooring has been noted to affect the immediate judgment of space.<sup>29</sup> What flooring do you prefer?

Choose your preferred flooring out of the following swatches:



Add Dialogue and Submit Your Design

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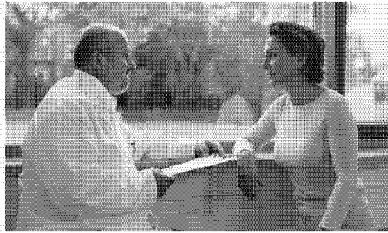
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## DESIGN FOR DIALOGUE



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#### DESIGN FOR DIALOGUE

- Getting Started
- Wall Color
- Lighting
- Furniture
- Flooring
- Resources

Meaningful communication in the exam room is a delicate balance that requires maintaining a relationship, similar to a friendship. According to Dr. Zackary Berger, "Healing depends on sensitive emotional navigation as much as objective truth."<sup>29</sup>

#### What resources would help facilitate communication?

##### For Healthcare Professionals



1) [Pain Inventory \(SPI\) Tool](#)

##### For Healthcare Professionals



2) [Exam Room Discussion Guide](#)

##### For People Affected by Pain

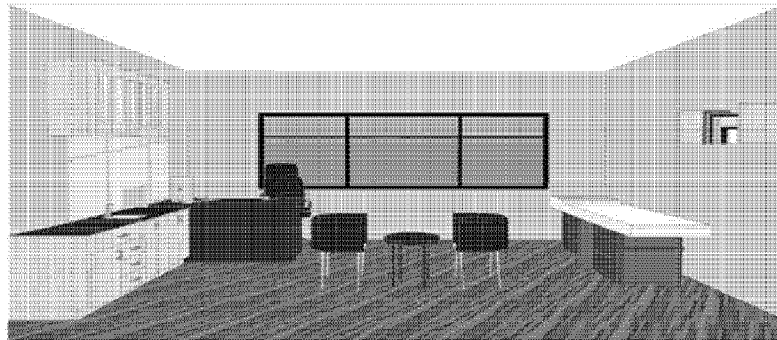


3) [Pain Self Assessment](#)

##### For People Affected by Pain



4) [Talking to Your Doctor Discussion Guide](#)



#### Tell us a little about yourself:

Your Name:

Are you a person living with chronic pain, family member, healthcare professional, or other?

The state you're from:

Person living with chronic pain

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Getting Started | Wall Color | Lighting | Furniture | Flooring | **Reception**

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For Healthcare Professionals



1) Ideal Pain Inventory (IPI) tool

For Healthcare Professionals



2) Exam Room Discussion Guide

For People Affected by Pain

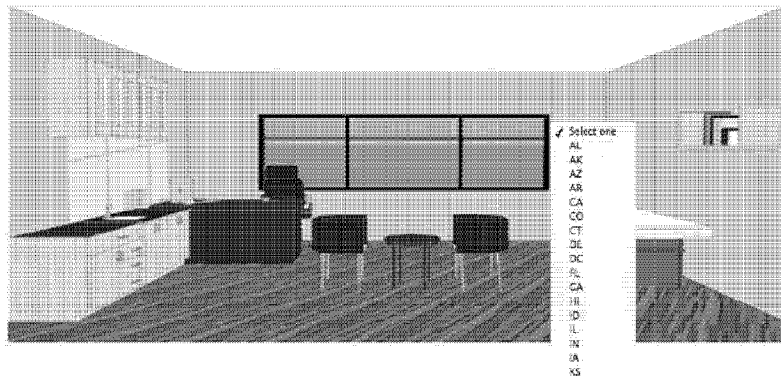


3) Pain Self-Assessment

For People Affected by Pain



4) Talking to Your Doctor Discussion Guide



#### Tell us a little about yourself:

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Are you a person living with chronic pain, family member, healthcare professional, or other?

- Person living with chronic pain
- Family member
- Physician
- Other healthcare professional
- Other

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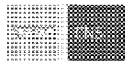
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According to recent research, both people affected by pain and healthcare professionals treating pain feel that exam room conversations can be uncomfortable.<sup>22</sup> The pressure to open up about the impact of pain on everyday life in an unfamiliar environment and discuss the risks of abuse and misuse associated with opioid medications may contribute to the feelings of discomfort. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>23</sup>

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Getting Started | Wall Color | Lighting | Furniture | Flooring | Resources

Thank you for sharing.

DON'T FORGET TO EMAIL YOUR DESIGN

We understand your time is precious and it's not easy to open up about the impact of living with pain and the challenges of pain management. We appreciate your time in helping to open and better inform the conversation around the effects of pain and responsible pain management.

### Encourage Others to Join the Conversation

Members of the pain community are the experts on understanding the effects of living with pain and addressing the challenges of treating and managing pain responsibly. Choose one of the simple ways below to help your friends, family, and advocates for pain care to join the conversation.

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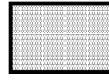
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Page Title Tag (Limited to 65 Characters)	Pain Matters   Pain Perspectives Community Blog
Page Description (Limited to 150 characters including spaces)	Hear perspectives from key healthcare providers, industry thought-leaders, and people affected by chronic pain
Page Key Words	Pain, chronic pain, healthcare providers, thought leaders, blog



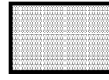
## Pain Perspectives Community Blog

Read up on our guest blog posts from individuals who have lived with pain, and get your own perspective on the pain experience.

- |   |  |
|---|--|
| <p><b>SEPT 2016</b></p> <p>Going from Patient to Person: How <b>BLISS FULLY</b> With Pain</p>  | <p><b>SEPT 2016</b></p> <p>You're Not Alone: Finding Support from <b>OMT</b> Living with Pain</p>                |
| <p><b>SEPT 2016</b></p> <p>Advocating for Pain Patients: Responsible Opioid Use</p>           | <p><b>APR 2016</b></p> <p>It's an "Us" Problem: Addressing Prescription Drug Abuse Through Appropriate Use</p>  |
| <p><b>SEPT 2015</b></p> <p>Addressing Challenging Topics in the Examination</p>              | <p><b>JULY 2015</b></p> <p>2015 Survey Results: Addressing Rx Abuse</p>                                        |
| <p><b>JULY 2015</b></p> <p>Understanding Opioid Abuse Potential (OAP) Studies</p>            | <p><b>JUNE 2015</b></p> <p>One Woman's Inspiring Journey with Chronic Pain</p>                                 |
| <p><b>APR 2015</b></p> <p>Pain Matters <b>DOE</b> Clip</p>                                   | <p><b>MAR 2015</b></p> <p>Welcome to Pain Perspectives Community Blog</p>                                      |



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Page Title Tag (Limited to 65 Characters)	Pain Matters   Welcome to Pain Perspectives
Page Description (Limited to 150 characters including spaces)	Melanie Rosenblatt, MD, introduces Pain Perspectives: insights into today's complex pain management landscape from members of the pain community.
Page Key Words	Pain, chronic pain, pain community, pain management, pain perspectives



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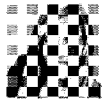


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# Welcome to Pain Perspectives

Pain Perspectives will feature various points of view from the pain community, comprised of pain specialists, general practitioners, nurses, social workers, advocacy organizations, people living with pain, and their loved ones. These individuals understand the complexities of dealing with pain and the daily frustration of living with chronic pain.



By Melanie Rosenblatt, MD

As someone who has dedicated my career to what I consider to be both a human and economic crisis in America, I have witnessed firsthand the impact chronic pain can have on the lives of people living with pain and their families. I was privileged to be a part of the *Pain Matters* documentary film produced by the Discovery Channel. The film provides real stories and inspiration through the lives of people and families affected by pain. I am pleased to be among the industry thought leaders who will provide insights related to the evolving pain care landscape and potential implications for people who live with chronic pain and those who care for them.

Pain Perspectives provides a platform for the pain community to contribute opinions about key moments, including federal (and state-level) regulatory changes, professional medical conferences, developments in the science of abuse deterrence technology to address the challenges of opioid abuse, and advocacy activities. This rotating series of presentations will be available in multiple formats, such as articles, Q&As, and videos. The many voices of Pain Perspectives will come together to raise awareness and deepen understanding of treating this often-misunderstood condition.

Welcome to the first edition of Pain Perspectives.

— Melanie Rosenblatt, MD

Melanie Rosenblatt, MD, serves as a paid consultant for Teva Pharmaceuticals.

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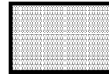
Learn how to create a pain management plan for your patient. Discover the importance of patient education and how to use patient education tools to help your patients manage their pain.

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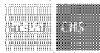


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Page Title Tag (Limited to 65 Characters)	Pain Matters   Beyond the Suffering, My Battle for Grace
Page Description (Limited to 150 characters including spaces)	Cynthia Toussaint, founder of For Grace, shares her inspiring journey moving beyond the suffering of chronic pain and battling for grace.
Page Key Words	Pain, chronic pain, grace, journey, inspiring



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# Beyond the Suffering, My Battle for Grace



## One Woman's Inspiring Journey with Chronic Pain

As a woman who has lived with the devastating effects of chronic pain for nearly 33 years, I feel blessed to share my experiences and encourage others facing a similar struggle. My journey with chronic pain began with a minor ballet injury in my right hamstring when I was 21 years old, but that was only the beginning. My injury had triggered the onset of a chronic pain disease, Complex Regional Pain Syndrome.

Over the next 13 years, I fought to find a diagnosis as doctors, one after another, told me it was all in my head. I was left bedridden for a decade and unable to speak for five years while the pain spread throughout my body and attacked my vocal cords. I felt utterly alone. This lack of belief in me, and the terrible pain I was experiencing, led to feelings of anger, depression, and eventually thoughts of suicide. I felt doubted and dismissed because I was a woman. I never imagined I might someday turn my suffering into something of value.

Through the love and support of my life partner, John, I was able to let go of the negative and began to reinvent myself. Finally, and most importantly, I accepted suffering as an intimate part of me and, indeed, my new normal. I found a voice as a healthcare reform advocate and launched *For Grace* to help other women with pain. Helping women heal and make positive choices has brought blessings into my life – a physical remission and emotional healing beyond anything I could have imagined. I know how precious each moment is and on a daily basis, I experience the great reward of helping people. I wouldn't change my life for anything.

### Watch Her Story

It is my privilege to be able to share my story as part of the *Pain Matters Documentary*, produced by the Discovery Channel. Watch the full documentary to hear more about my life and the experiences of others with chronic pain. You can also [watch a preview of my story](#).



### About the Author: Cynthia Toussaint

Cynthia Toussaint is the founder and spokesperson of *For Grace*, an organization that promotes better care and wellness for women in pain. Toussaint championed and gave key testimony at two California Senate hearings – one was dedicated to CRPS awareness, the second explored the gender bias and chronic under-treatment of women in pain. Her current Step Therapy bill, a six-year effort at this stage, will reform an unethical prescription practice used by the health insurance industry to save money in a way that increases the suffering of California pain patients. She is the author of *Battle for Grace: A Memoir of Pain, Redemption and Impossible Love*. For more about the author and dealing with chronic pain please visit [ForGrace.org](#).

Cynthia Toussaint serves as a paid consultant for Teva Pharmaceuticals.

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**Pain Matters: Real Life**  
Short video stories from people affected by chronic pain and their loved ones.

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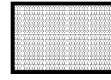
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Page Title Tag (Limited to 65 Characters)	Pain Matters   The Importance of Clinical Abuse Potential (CAP) Studies
Page Description (Limited to 150 characters including spaces)	Michael J. Brennan, MD answers commonly asked questions and provides insight into the purpose and rationale for CAP studies.
Page Key Words	Pain, chronic pain, CAP, questions, insight





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# The Importance of Clinical Abuse Potential (CAP) Studies

Perspectives from Michael Brennan, MD

As a practicing pain specialist, I am privileged to support highly skilled research working to create treatment plans that meet their unique clinical needs. For some patients, long-acting opioids, pain, prescription opioid medications are an important component of a multidisciplinary pain management plan. However, in all interactions with patients where opioids are being considered, one must always be aware of the possibility of prescription drug misuse, abuse, addiction, and diversion.

As such, it's important for physicians to implement comprehensive strategies to help reduce the risk of abuse and misuse. Moreover, pain stakeholders such as patients, pharmaceutical companies, insurers and the patient's family play an important role in the aspect of pain management.

The Food and Drug Administration (FDA) recognizes this and is encouraging the development of special manufacturing technologies intended to make production of these drugs more difficult. These formulations are referred to as abuse-deterrent technologies. The goal of these formulations is to help minimize the extent of abuse by one of several strategies. Evaluation of the effectiveness of these abuse-deterrent formulations will be done through a new type of testing strategy being called clinical abuse potential studies, or CAP studies.

## What is a Clinical Abuse Potential (CAP) Study?

First, it's important to recognize that many abuse-deterrent technologies are the patient's best defense against abuse. For example, abuse-deterrent formulations may have a long-acting effect, and they are a much stronger version than the immediate-release formulation. Clinical Abuse Potential studies, also known as human abuse potential studies, human abuse testing (HAP) studies, or "Mugshot" studies, attempt to assess and quantify the abuse liability of abuse-deterrent formulations for certain prescription drugs.<sup>1</sup>

## Why are CAP studies conducted?

These studies provide information on the relative abuse potential of medications in clinical conditions of abuse. Many studies evaluate abuse-deterrent formulations and abuse-deterrent formulations in comparison to their immediate-release counterparts. For future government formulations, these studies are conducted to obtain an understanding of the impact of the specific abuse-deterrent technology on the product's abuse potential.<sup>2</sup>

## How are CAP studies conducted?

These studies are usually conducted using either oral or injected drug users who have a specific knowledge of the drug being tested in the pharmacological class of the test drug. These studies are typically double-blind, double-dummy, crossover-controlled, and double-masked, randomized, controlled, crossover studies.<sup>3</sup>

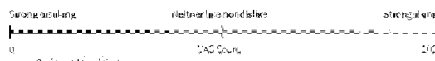
## How are study participants selected?

For the study to be successful, the subjects should be able to distinguish "drug effects" of the test drug and its test effect or the test drug compared with placebo, and must have positive control, such as an immediate-release formulation.<sup>4</sup>

## How is "drug liking" measured?

Several instruments have been used to measure the potential for abuse or relative abuse liability, drug liking, and the likelihood of using the drug again.<sup>5</sup> Key tests include include:<sup>6</sup>

- **Visual Analog Scale (VAS)** – A 100 mm horizontal line, representing drug liking, from "I don't like this medicine at all" to "I like this medicine a great deal"



## How do CAP studies impact product labeling?

When abuse-deterrent potential is expected to lead to a substantial reduction in abuse potential, the data are included in the product labeling. The FDA has designated recognition of labeling that conveys abuse-deterrent studies, including CAP studies, requires the abuse-deterrent potential and controls that address clinical outcomes.<sup>7</sup>

Not all abuse-deterrent technologies are made equal, and we can only hope you can distinguish the good from the bad. However, these evolving technologies are a step in the right direction as part of a larger effort to ensure that the opioid crisis is resolved and the impact on our society is minimized. It is our hope that you, as a patient, physician, or advocate for pain care, or a supply chain partner, all stakeholders have a role to play in mitigating the risk of abuse with our understanding of the pain management.

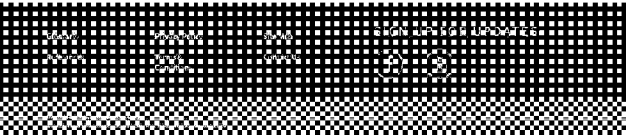
Medical professionals, to learn more about abuse-deterrent technologies or read more about our products, visit [www.teva.com](http://www.teva.com).



### About the Author: Michael Brennan, MD

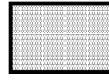
Michael J. Brennan, MD, is Senior Consulting Physician at Brigham Hospital and Assistant Chief of Attending Physicians at Scripps Green Hospital in Ridgecrest, CA. In addition, he holds a leadership role in physician medicine and relationship and special care in the hospital's ambulatory care and chronic pain syndromes, osteoporosis, and cardiovascular medicine.

Michael J. Brennan, MD, serves as a paid consultant for Teva Pharmaceuticals.





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Page URL	www.painmatters.com/community-engagement/survey-results-address-rx-abuse
Page Title Tag (Limited to 65 Characters)	Pain Matters   2015 Rx Abuse Survey Results
Page Description (Limited to 150 characters including spaces)	Bob Twillman, PhD addresses the results of a new survey exploring complex issues impacting the pain care landscape.
Page Key Words	Pain, chronic pain, pain care, pain landscape, survey



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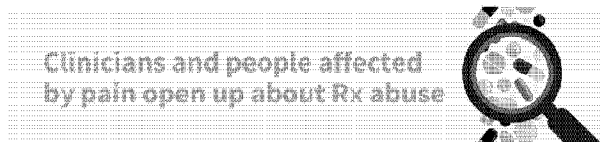
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# 2015 Rx Abuse Survey Results

## Physicians and People Affected by Chronic Pain Open Up About Rx Abuse

Prescription drug abuse is a serious public health problem that is having a significant impact on our society and more directly, on the relationships between people affected by pain and their physicians. 2015 Survey Results shed light on the challenges that exist in this evolving pain care landscape. How do clinicians and people with pain balance the need to talk about the impact of pain on everyday life and the risks of abuse and misuse associated with prescription opioid medications? These survey results reveal that both clinicians and people affected by chronic pain recognize their important role in helping to reduce the risk of abuse, but feel that discussing the topic can be uncomfortable. Clinicians and people with chronic pain agree that information and practical resources that help address this complex problem are greatly needed. Dig deeper into the perspectives of clinicians and people affected by pain through the survey results infographic below.

[VIEW SURVEY RESULTS INFOGRAPHIC](#)



PainMatters.com provides information and resources for physicians and people affected by pain to help mitigate the risk of abuse and misuse and support ongoing dialogue. Practical discussion guides and a variety of downloadable resources are available for healthcare professionals in addition to a resource section specifically designed to support people affected by pain.

[ACCESS TOOLS & INFORMATION FOR HEALTHCARE PROFESSIONALS](#)

[FIND RESOURCES & SUPPORT FOR PEOPLE AFFECTED BY CHRONIC PAIN](#)

### About the Survey

A survey conducted on behalf of Teva in partnership with the U.S. Pain Foundation and the American Academy of Pain Management explores issues impacting the pain care landscape. The survey included 1,100 prescribing healthcare professionals and 1,044 adults with chronic pain taking medications to manage their pain. The survey was conducted from January 21 to February 10, 2015.



**About the Author:** Bob Twillman, PhD

Bob Twillman, Ph.D., is the Executive Director for the American Academy of Pain Management. In that capacity, Dr. Twillman is responsible for overseeing federal and state pain policy developments and advocating for those supporting an integrative approach to managing pain. He also serves as Chair of the Prescription Monitoring Program Advisory Committee for the Kansas Board of Pharmacy. Dr. Twillman received his Ph.D. in Clinical Psychology at the University of California in Los Angeles, and maintains a volunteer faculty appointment as Clinical Associate Professor of Psychiatry and Behavioral Sciences at the University of Kansas School of Medicine in Kansas City, KS. Prior to taking his current position, Dr. Twillman was a full-time faculty member at the University of Kansas Medical Center, where he founded and directed the inpatient pain management program and was a co-founder of the hospital's Palliative Care Team. He has been actively involved in pain policy through his work with the Alliance of State Pain Initiatives and the American Pain Society for many years.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

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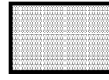
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Page Title Tag (Limited to 65 Characters)	Pain Matters   Conversations that Matter: Addressing Challenging Topics in the Exam Room
Page Description (Limited to 150 characters including spaces)	Richard Payne, MD and Laura Cooley, PhD shed light on the impact of physical environment on discussions between clinicians and people with pain.
Page Key Words	Pain, chronic pain, psychological impact, physical environment, clinicians



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# Conversations that Matter: Addressing Challenging Topics in the Exam Room



## DESIGN FOR DIALOGUE



### RELATED STORIES

July 2016  
Pain Matters presents the results of a survey exploring complex issues impacting the pain care landscape.

**Laura Cooley, PhD:** As the Director of Education and Outreach at the American Academy on Communication in Healthcare, I'm very familiar with the challenges to open dialogue faced by healthcare providers and people living with pain in the exam room. I'm so pleased to be joined by Dr. Richard Payne, a practicing pain specialist at Duke University and past president of the American Pain Society, to discuss this important topic. Dr. Payne, considering the challenges that can hinder open, meaningful conversation in pain care, what would you say are clinicians' concerns?

**Richard Payne, MD:** As a specialist in pain care, I'm acutely familiar with the sense of apprehension I feel from my patients when discussing the impact of the pain during an office visit. Pain cannot be seen or quantified, making the patient interview a key tool for monitoring pain management. Pain, though, continually proves to be a difficult topic of discussion, and the issue of prescription opioid abuse has only compounded the difficulty.

As clinicians, we never want to imply that our patients are less than honest, upstanding, and sincere in their desire for treatment, and we never want to sound presumptuous or accusatory. Conversely, it is our understanding that many patients assume that we suspect them of abuse, and so they underreport their pain. Without an accurate picture of a patient's pain we are limited in our ability to provide them with the appropriate care.

**Laura:** The American Academy on Communication in Healthcare has quite a few tools they offer to physicians and patients that focus on an ideal we refer to as "relationship centered care". With this focus, we can better ask and listen to patient concerns, respond more empathetically to patient emotions, and share in the decision-making process.

**Dr. Payne:** Absolutely, Laura. The solution to this multifaceted issue is not a simple one, but it begins by strengthening the relationships between patients and doctors. For clinicians, becoming familiar with simple communication techniques and working to put them into practice can make a big difference. For instance, turning off your cell phone, not adding with laptops, listening empathetically, and remembering not to interrupt can help create an environment where patients feel empowered to share their feelings.

**Laura:** Those are some great insights. I particularly appreciate Dr. Payne's point of not interrupting. Interestingly, clinicians often interrupt patients during their initial monologue whereas most patients would talk for up to 90 seconds if uninterrupted. Only 23 percent of patients feel they finish sharing their concerns with their clinicians.<sup>1,2,3</sup> Being mindful of allowing people affected by pain to share their full story can help clinicians and patients work together to find the right pain management plan.

**Dr. Payne:** Yes, and from this foundation we can start to have more open conversation about how patients can reduce the risk of abuse, misuse, and diversion associated with prescription opioid medications. It's important to help patients understand that our motivation for having these difficult discussions is to protect not only them, but their families, friends, and communities who may be at risk for intentional or unintentional abuse. It's important to provide patients with guidelines for appropriate use, storage, and disposal and to discuss the benefits of opioid medications with abuse deterrent properties whenever available. These medications help keep prescriptions in the hands of those who need them.

**Laura:** PainMatters.com provides information and resources for physicians and people affected by pain to help mitigate the risk of abuse and misuse and support ongoing dialogue. Practical discussion guides and a variety of downloadable resources are available for healthcare professionals. In addition to a resource section specifically designed to support patients...



#### About the Authors: Laura Cooley, PhD

Laura Cooley, PhD, is the Director of Education and Outreach at the American Academy on Communication in Healthcare (AACH), a non-profit organization with a mission of improving healthcare through education, research, and practice that focuses on communication and relationships with patients, families, and healthcare teams. Additionally, Dr. Cooley guides marketing and development for DocCom, an online communication skills curriculum resource developed by AACH and The Drexel University College of Medicine.



#### About the Authors: Richard Payne, MD

Richard Payne, MD is the Esther C. Willower Professor of Medicine and Divinity at Duke Divinity School at Duke University, the Medical Director for the Pain Action Alliance, and John B. Francis Chair in Bioethics at the Center for Practical Bioethics. Dr. Payne has directed programs in pain management and palliative care at Memorial Sloan-Kettering Cancer Center and M.D. Anderson Cancer Center, and is a past president of the American Pain Society.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

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Find support for navigating the complex and evolving pain care landscape.

**Pain Disorders: The Unseen Crisis**  
Discover the impact of chronic pain through the lives of people with pain and their loved ones.

**Setting the Stage for Opioid Stewardship**  
Learn how level 2 is supporting responsible pain management.

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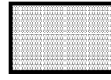
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Page URL	www.painmatters.com/community-engagement/its-an-us-problem
Page Title Tag (Limited to 65 Characters)	Pain Matters   New Videos Underscore Importance of Appropriate Use, Storage & Disposal
Page Description (Limited to 150 characters including spaces)	Pain Matters introduces new videos that underscore importance of appropriate use, storage and disposal.
Page Key Words	Pain, chronic pain, video, storage, disposal



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# New Videos Underscore Importance of Appropriate Use, Storage & Disposal

## RELATED STORIES

September 2015

Richard Payne, MD and Laura Cooley, PhD shed light on the psychological impact of physical environment on discussions between clinicians and people with pain

Watch the public service announcement videos now.



The prescription drug abuse epidemic is not a "his problem" or a "her problem", it's an "everyone's problem" and we all have a responsibility to address this critically important issue. Pain Matters is committed to providing resources that support responsible pain management for both people affected by pain and healthcare professionals treating pain. While prescription pain medications play a role in managing pain for some, the reality is they have the potential to be abused and misused. Finding solutions takes time and all stakeholders, including pharmaceutical industry, government organizations, advocacy groups and even everyday citizens, can take part in helping to ensure prescription pain medications stay only in the hands of those who need them.

Most people know that keeping unused or unsecured prescription pain medication or sharing medication with friends is technically wrong, but they don't necessarily realize how their behavior could be contributing to one of America's fastest growing drug problems. These videos depict absurd scenarios where sharing pain medication is not only commonplace and intentional, but also acceptable. The videos depict an exaggerated reality that will leave you wondering, why would anyone allow prescription pain medications to get in the wrong hands?

We encourage you not only to watch and share these videos, but use them to help foster more open conversation with your patients and your peers. Learn about all of the latest advancements to support responsible opioid use, storage and disposal.

We each have a role to play, and together, we can make a difference.

### Brought to you by Pain Matters



Pain Matters is a multi-faceted initiative, sponsored by Teva Pharmaceuticals, designed to support responsible pain management by providing practical resources and information for healthcare professionals and people and people affected by pain. Throughout this website, you will find tailored content tailored including information on understanding chronic pain, opioid abuse and misuse, and the emerging science of abuse deterrence technology.

Video resources such as the "Don't Think It Matters?" series, the *Pain Matters* documentary, clinical presentations and the animated abuse deterrence technology video all aim to support people affected by pain and healthcare professionals navigating this complex pain care landscape.

### Related Content

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- Pain Matters Documentary**  
Discover the impact of chronic pain through the lives of people with pain and their loved ones.
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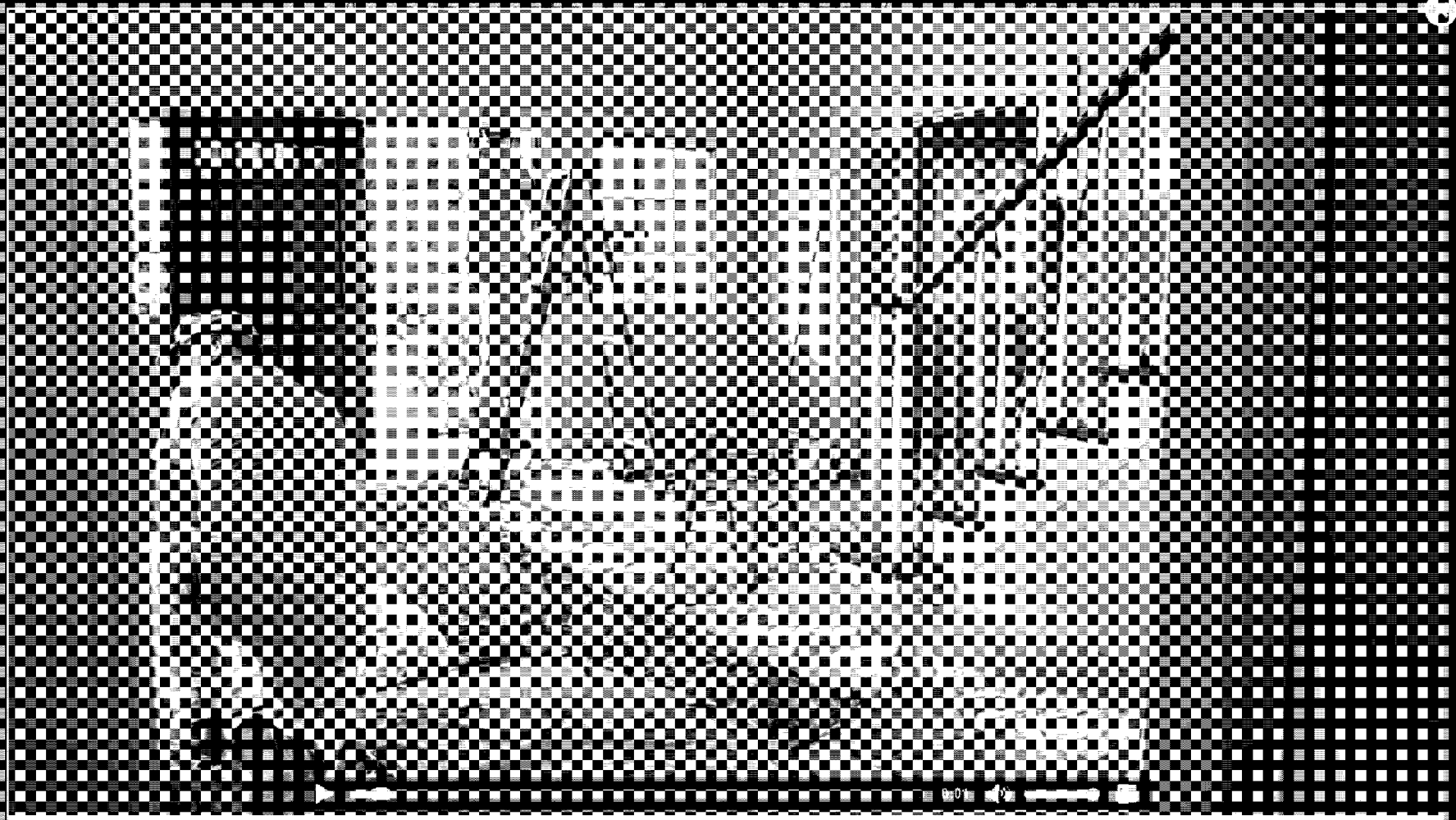
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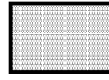








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Page URL	www.painmatters.com/community-engagement/living-with-pain-perspectives
Page Title Tag (Limited to 65 Characters)	Pain Matters   Living with Pain Perspectives
Page Description (Limited to 150 characters including spaces)	Short video stories from people affected by chronic pain and their loved ones.
Page Key Words	Pain, chronic pain, loved ones, video, stories



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# Living with Pain Perspectives

The *Pain Matters* documentary, produced by the Discovery Channel, chronicles the lives of people affected by chronic pain and their loved ones. Throughout the documentary film, participants shared personal details on how living with chronic pain has affected their ability to take part in activities and even its impact on their relationships.

### RELATED STORIES

March 2015  
[Welcome to Pain Perspectives](#)  
Melanie Rosenblatt, MD, provides an introduction to Pain Perspectives

Watch short clips from the documentary to understand first-hand what it is like to live with chronic pain.

Derek

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Marian

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Cynthia

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WATCH THE FULL  
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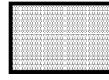
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Page Title Tag (Limited to 65 Characters)	Pain Matters   <i>Pain Matters</i> Documentary
Page Description (Limited to 150 characters including spaces)	The Pain Matters documentary, produced by the Discovery Channel, chronicles the lives of people and families affected by chronic pain, and provides insights from leading pain care professionals on the importance of working together to manage this complex condition.
Page Key Words	Pain, chronic pain, Discovery Channel, pain care, documentary



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# Pain Matters Documentary

Produced by the Discovery Channel.

Pain has, perhaps, exceeded expectations in America, almost a third of the population—130 million people—suffer from chronic pain. The problem's real, and can impact many aspects of daily life. To take on this problem, we're willing, as both healthcare professionals and patients, to explore the full range of options. A national narrative that we hope will occasionally place an spotlight on some of the journeys of people dealing with a variety of chronic pain conditions and how they have managed their pain.

— *Andri Cherny, MD, MBA*

REQUEST YOUR COPY OF THE PAIN MATTERS DOCUMENTARY

SHARE VIDEO

Financial support, clinical input and other expertise for Pain Matters were provided by Teva Pharmaceuticals. It was produced by the Discovery Channel in collaboration with seven advocacy organizations, including: American Academy of Pain Management, American Academy of Pain Medicine, American Chronic Pain Association, American Pain Society, American Society for Pain Management Nursing, U.S. Pain Foundation and For Grace.

### Next Steps

[Learn About Teva's Commitment >](#)

### Related Content



**Guidelines for Mitigating Opioid Abuse**  
Opioid use and abuse guidance from state and federal governments



**Tools & Resources**  
Find screening tools and educational resources



**Opioid Abuse Deterrence Technology**  
Advances in technology address the challenges of opioid abuse

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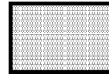
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Page Title Tag (Limited to 65 Characters)	Pain Matters   Advocating for Pain Policy, Responsible Opioid Use
Page Description (Limited to 150 characters including spaces)	Amy Goldstein discusses state and federal advocacy efforts to advance pain policy that supports the needs of people living with pain.
Page Key Words	Pain, chronic pain, State Pain Policy Advocacy Network, advocacy, policy



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# Advocating for Pain Policy, Responsible Opioid Use

In addition to the physical, emotional, and spiritual challenges of living with pain, many people also feel misunderstood by others who don't share their experiences. Unfortunately, that misunderstanding can affect legislation and policy regarding development of and access to pain medication.

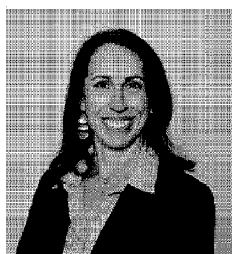
Individual states typically take the lead in defining and regulating the practice of pain management through licensing boards, regulatory agencies and legislation. Without proper consideration, the policies they put in place can stand in the way of effective pain management for people living with pain.

The **State Pain Policy Advocacy Network (SPPAN)**, a project of the Academy of Integrative Pain Management (formerly American Academy of Pain Management), works at the federal and state levels to advance pain policy that supports the needs of people living with pain. To do this, we flag thousands of bills and regulations across nearly 20 topic areas, analyzing them for their potential impact on people living with pain and providers of pain care. This allows us to give advocacy leaders information about current pain-related policy proposals in their states and share tools and resources to help them motivate other advocates.

Our organization advances integrative pain care through advocacy and education; this has been our mission since 1988. Providing quality pain care requires excellent communication between the provider and the person with pain and an individualized approach to selecting appropriate treatments. Opioid therapy is part of this armamentarium of care for some people with pain, and advocating for responsible opioid use is of utmost importance. Therefore, one area of pain policy we follow closely is the development and availability of opioid medicines with abuse-deterrent technology (ADT). Opioid abuse and misuse has become a topic of national concern. Many people who abuse opioids swallow them, but others crush, cut or melt them, bypassing the extended release mechanism present in many opioids and delivering the full dose of the drug to the bloodstream faster. Because data have shown that most prescription opioids used improperly come from medicine cabinets of friends or family, working to ensure increased access to ADT opioids may help prevent opioid-related overdose deaths by making the medications less desirable to those who would abuse them.

Healthcare providers and people living with pain recognize the risk of abuse and misuse and are eager to find a solution while protecting access to these medications in order to keep them in the hands of those who need them. Researchers and drug manufacturers are hard at work developing abuse-deterrent options that make opioid pills more difficult to tamper with and reduce their potential to be abused. In addition to this technology, healthcare professionals can provide resources and tools to help educate people experiencing or living with pain on how to appropriately use, store and dispose of opioid medications to help prevent abuse and misuse. You can learn more about abuse deterrence technology [here](#) and find information about properly using, storing and disposing of opioids [here](#).

SPPAN is following bills in 25 states that aim to increase access to opioids with ADT by requiring insurers to cover them and/or discouraging pharmacists from substituting medicine with ADT for medicine without ADT.



**About the Author:** Amy Goldstein

Amy Goldstein, MSW, currently serves as the Director of State Pain Policy Advocacy Network. She has an extensive history in the policy and advocacy arena, having served as the leader of the Massachusetts Pain Initiative, and later overseeing all New England state pain initiatives for the American Cancer Society. More recently, as Sr. Director of Programs, Services & Advocacy, she was a leader in institutionalizing advocacy for the National Multiple Sclerosis Society's Mid America Chapter. These efforts demonstrate her proven ability to develop advocacy networks and lead them in producing positive results.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

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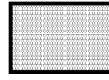
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Page Title Tag (Limited to 65 Characters)	Pain Matters   You're Not Alone: Finding Support from Others Living with Pain
Page Description (Limited to 150 characters including spaces)	Paul Gileno shares his story of living with pain and his perspective on the pain community's role in raising awareness of the invisible illness.
Page Key Words	Pain, chronic pain, support, U.S. Pain Foundation, invisible illness



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U.S. Pain Foundation

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# You're Not Alone: Finding Support from Others Living with Pain

Like most people who sustain an injury, I never imagined that the resulting pain would become part of my daily life.

For years, I was on my feet every day managing the gourmet food and catering business I owned and operated. In the spring of 2003, I severed my sciatic nerve in a workplace accident, leaving me with degenerative disc disease. I was later diagnosed with complex regional pain syndrome (CRPS), which can cause continuous burning or throbbing pain and sensitivity to touch. I had multiple surgeries and tried different treatments for my pain, but nothing worked.

The constant pain put a huge strain on my personal life. I got divorced, and my relationships with my six siblings suffered. Ultimately, once I accepted that the pain was chronic, I had to sell my business.

Once I realized my pain wasn't going away, I started to look for support. I knew there must be other people in similar situations, and I thought it would be helpful to talk to them about our shared experiences.

As one of the nearly 100 million people in the U.S. who are living with pain, I quickly realized that the need for resources and support was great. I started the Connecticut Pain Foundation in my home state to provide a community for people living with pain. Interest spread, and I soon helped the Connecticut Pain Foundation grow into the U.S. Pain Foundation, a nonprofit dedicated to serving people who live with pain and their caregivers.

With more than 70,000 members nationwide, the U.S. Pain Foundation advocates on behalf of Americans living with pain. We track bills and engage with government officials on a regular basis to make sure the voices of people living with pain are heard when national pain policy is written. We have supported legislation in several states that encourages pharmacists to honor doctors' prescriptions for pain medication, and we are working to get similar legislation passed across the country.

In an effort to raise awareness and eliminate the stigma that surrounds people living with pain, the U.S. Pain Foundation has started projects like the "Invisible Project," a traveling display that brings to life the many faces of people living with pain through real photos. We also work to bring the pain community together through programs like Heroes of Healing, a private, online support community, and our Pain Ambassador Network, which relies on a network of volunteer advocates to be the voice of people in pain and who give hope to their communities.

While I am honored to have the privilege to lead a national pain organization, I consider myself first and foremost to be a person who lives with pain. I relate to the struggle and isolation pain brings, and I know how important it is to feel heard and understood. The U.S. Pain Foundation was created by people with pain for people with pain. Everyone involved with our organization either has pain or is a caregiver of a person with pain.

I believe that if we work together, we can reduce the suffering pain brings with it, along with the isolation, depression, stress and stigma it involves.



### About the Author: Paul Gilenc

Paul Gilenc has become a strong force in the chronic pain awareness movement. His mission and message in life are clear — to empower and support those living with pain. He believes that by exploring new ways to cope, those with pain can find personal answers that enable them to grow and live once more with meaning and purpose.

In 2003, Paul suffered a workplace injury that severed his sciatic nerve and left him with degenerative disc disease. After multiple failed back surgeries, grueling physical therapy and various pain management therapies, he came to accept that his pain was chronic. In time, Paul discovered that he had a new calling in life — helping chronic pain survivors.

Living with degenerative disc disease, failed back syndrome and complex regional pain syndrome for over three years, Paul eventually founded the Connecticut Pain Foundation in 2006, which later grew into the U.S. Pain Foundation. U.S. Pain exists to connect, inform, empower and advocate for the pain community. In addition to his work with U.S. Pain, Paul is on the Advisory Board for PainPathways magazine, the co-administrator of Heroes of Healing and co-director of the Invisible Project. As part of his work with U.S. Pain, he advocates for and supports legislation at the state and federal level that aims to ensure access to quality pain management. He supports various organizations that raise awareness and fund research on behalf of the chronic pain community, as all endeavors shift perceptions about pain and motivate change.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

### RELATED STORIES

September 2016

Ronny Govan, Founder and Executive Director of the American Chronic Pain Association, discusses the importance of understanding chronic pain and finding a balanced approach to pain management.

### Related Content

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- Abigail Speckhals, PhD, Contributor**  
Discover the impact of chronic pain through the lives of people with pain and their loved ones.
- Teresa B. Della-Costa, Feature Release**  
Learn how Teva is supporting responsible pain management.

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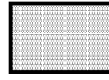
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Page URL	www.painmatters.com/community-engagement/going-from-patient-to-person
Page Title Tag (Limited to 65 Characters)	Pain Matters   Going From Patient to Person: How I Live Fully With Pain
Page Description (Limited to 150 characters including spaces)	Penney Cowan discusses the importance of support groups and finding a balanced approach to pain management.
Page Key Words	Pain, chronic pain, American Chronic Pain Association, pain management



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ES-131E

# Going from Patient to Person: How I Live Fully With Pain

When you live with chronic pain, it can consume your life, making it seem like your whole existence is defined by your pain. On top of that, much of what you hear about chronic pain in the news is overwhelmingly negative, with stories about pain being associated with opioid abuse and addiction.

But there's an untold story out there that is painfully familiar to the nearly 100 million people living with pain.

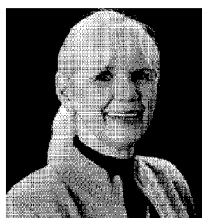
At any moment, you could be walking down the street next to someone who is living with pain and not even know it. Pain is an invisible and unpredictable monster. People who live with it may have good days and bad days. So for those who don't live with pain, the question becomes, "You could do this yesterday, why can't you do it today?" and that can make people with pain feel misunderstood and put them on the defense.

I know firsthand the frustrations that accompany living with pain. I've had chronic pain since 1974, and it took me six years to find a diagnosis. I felt like a 30-year-old trapped in an 80-year-old body, and it was very discouraging. I didn't fully realize what a huge personal accomplishment it was just learning to live with my pain until after my diagnosis when I took part in a pain management program at the Cleveland Clinic. For the very first time, I knew I wasn't the only person in the world with this kind of pain. Before going there I isolated and shut myself off from my family and friends. The program taught me how to live with my pain, providing the self-management skills I needed to live a full life in spite of my pain. The validation and support of others who live with pain is a critically important step in learning to live with pain.

I founded *The American Chronic Pain Association (ACPA)* in 1980 to provide that comfort for people living with pain. When I left my pain management program, I was eager to maintain my wellness and not allow pain to rule my life again. I placed a notice in my church bulletin and quickly found others in similar situations. One support group quickly blossomed into many.

Today, the ACPA organizes several hundred support groups, as well as providing resources and tools to help people manage their pain. We offer *communication topics* to help people talk to their doctors about pain, *lessons* from more than 30 years of supporting people with pain and *information* about chronic pain treatment.

It is possible to live life beyond simply existing with pain. With a balanced approach to pain management that may include medication, but also teaches you to listen to your body, manage stress, pace activities, and understand your emotions, you can live fully. To find tools and resources or connect with others living with pain, visit [www.theacpa.org](http://www.theacpa.org).



### About the Author: Penney Cowan

Penney Cowan is the founder and Chief Executive Officer of the *American Chronic Pain Association (ACPA)*. She herself is a person with chronic pain and established the ACPA in 1980 to help others living with the condition. The ACPA provides peer support and education in pain management skills to people with pain and their families. The ACPA also works to build awareness about chronic pain among professionals, decision makers and the general public.

She served as: Consumer Representative for the FDA/CDER Anesthetic and Analgesic Drug Products Advisory Committee (AADPAC) for 2012 and was appointed to Interagency Pain Research Coordinating Committee of the National Institute of Health from 2013 to 2015.

Cowan began the *Partners for Understanding Pain Campaign* in 2002 in an attempt to raise awareness about the need to better understand, assess, and treat pain. There are more than 80 partner organizations. The campaign, under the direction of the ACPA, successfully established September as Pain Awareness Month.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

### RELATED STORIES

April 2016

Pain Matters introduces [new stories](#) that underscore the importance of appropriate use, storage and disposal.

### Related Content

#### About Pain Matters

Find support for navigating the complex and evolving pain care landscape.

#### Pain Matters Documentary

Discover the impact of chronic pain through the lives of people with pain and their loved ones.

#### Your Pain Care Commitment

Learn how Teva is supporting responsible pain management.

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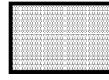
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Page Title Tag (Limited to 65 Characters)	Pain Matters   About Teva Pharmaceuticals
Page Description (Limited to 150 characters including spaces)	Teva is committed to supporting responsible pain management that meets the needs of people living with pain and healthcare professionals treating pain.
Page Key Words	Pain, chronic pain, Teva Pharmaceuticals, pain management, healthcare professionals



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PEOPLE AFFECTED BY PAIN



# Teva Pharmaceuticals and Pain Management

At Teva Pharmaceuticals, we understand that chronic pain affects more than 100 million Americans.<sup>1</sup> It can greatly affect people touching many aspects of their lives, including their physical health and ability to participate in daily tasks.

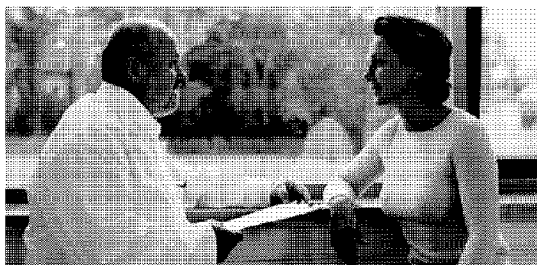


## Our Commitment to Pain Care

Teva is committed to supporting responsible pain management that meets the needs of people living with pain and healthcare professionals treating pain. With a diverse portfolio and pipeline, we are working to help advance treatments in pain management. Prescription opioid medications are an important part of a treatment plan for many people living with chronic pain, but we know that they carry a serious risk of abuse and misuse.<sup>2</sup> Teva is equally committed to addressing the serious problems of chronic pain and prescription drug abuse.

As part of our ongoing commitment to support healthcare professionals and patients dealing with chronic pain, we are developing an innovative abuse deterrence technology platform to address the challenges of opioid abuse and misuse.

To learn more about Teva and our commitment, visit us online at [TevaUSA.com](http://TevaUSA.com)



## Community Collaboration

As a company, Teva takes this commitment beyond its products, leading education and abuse-mitigation efforts. We're also working to develop educational resources and partner with a variety of stakeholders. In this complex pain care environment, Teva is focused on keeping patient needs at the center of all we do.

[VIEW CALENDAR](#)

## The Alliance to Prevent the Abuse of Medicines

In 2013, Teva became one of several leading industry stakeholders including the American Medical Association, CVS Caremark, Cardinal Health, the Healthcare Distribution Management Association, Prime Therapeutics, Millership Health, and Nevo, dedicated to developing policy solutions aimed to address prescription drug abuse. This non-profit partnership includes perspectives from all angles of the prescription drug supply chain—from manufacturers to distributors and pharmacies to physicians.

[LEARN MORE](#)

### Next Steps

[Go to Healthcare Professionals >](#)  
[People Affected by Pain >](#)

### Related Content

1 [Understanding Chronic Pain](#)  
Watch the [Pain Matters](#) documentary to learn about the impact of chronic pain.

2 [Pain in the Workplace](#)  
Use these tools and downloads to learn more about responsible opioid use.

3 [Opioid Abuse Deterrence Technology](#)  
FDA guidance on evolving opioid abuse deterrence technology.

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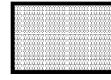
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Page Description (Limited to 150 characters including spaces)	Pain Matters provides an up-to-date list of pain care conferences and meetings for the pain community.
Page Key Words	Pain, chronic pain, events, calendar, conferences

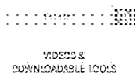


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Home / Community Engagement / Pain Community Events Calendar

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# Pain Community Events Calendar

At Teva, we understand the impact chronic pain has on millions of Americans. We are committed to supporting healthcare professionals, and others who are faced with navigating the complex, evolving pain care landscape. Be sure to check back regularly as regional and national professional meetings, conferences, and events will be updated as data is become available throughout 2016 and 2017.

### SEPTEMBER 2016

### SEPTEMBER 2016

### SEPTEMBER 2016

SEPTEMBER 6-8, 2016

SEPTEMBER 21-25, 2016

SEPTEMBER 23, 2016

Pharmacist 2016  
Las Vegas, NV

Academy of Family Physicians  
San Antonio, TX

Pharmacist 2016  
Los Angeles, CA

### MARCH 2017

### MARCH 2017

### MARCH 2017

MARCH 16-19, 2017

MARCH 24-27, 2017

MARCH 27-30, 2017

Academy of Family Physicians  
Orlando, FL

Academy of Family Physicians  
San Francisco, CA

Academy of Managed Care Pharmacy  
Denver, CO

### MARCH 2017

### MAY 2017

### MAY 2017

MARCH 30-APRIL 1, 2017

MAY 9-12, 2017

MAY 11-14, 2016

Academy of Family Physicians  
Phoenix, AZ

Academy of Family Physicians  
New York, NY

Academy of Family Physicians  
Austin, TX

### MAY 2017

### JULY 2017

### SEPTEMBER 2017

MAY 22-24, 2017

JULY 16-19, 2017

SEPTEMBER 5-9, 2017

Pharmacist 2017  
Stockholm, Sweden

Academy of Family Physicians  
Nashville, TN

Pharmacist 2017  
Las Vegas, NV

### SEPTEMBER 2017

### SEPTEMBER 2017

### SEPTEMBER 2017

SEPTEMBER 10-14, 2017

SEPTEMBER 12-17, 2017

SEPTEMBER 22-25, 2017

Pharmacist 2017  
Seoul, Republic of Korea

Academy of Family Physicians  
San Antonio, TX

Pharmacist 2017  
San Antonio, TX

### OCTOBER 2017

### NOVEMBER 2017

### SEPTEMBER 2018

OCTOBER 4-10, 2017

NOVEMBER 12-16, 2017

SEPTEMBER 12-16, 2018

Academy of Family Physicians  
Phoenix, AZ

Academy of Family Physicians  
San Diego, CA

International Association for the Study of Pain  
Boston, MA

### Next Steps

Click on the links below to learn more:

- [Related Content](#)
- [Watch the Pain Matters documentary to learn about the impact of chronic pain](#)
- [Join Reciproves—help from the pain community](#)
- [Find a meeting, tool, and educational resource](#)

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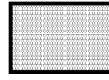
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Page Description (Limited to 150 characters including spaces)	Pain Matters provides a variety of different tools and resources aimed at helping healthcare professionals navigate the complex pain care landscape.
Page Key Words	Pain, chronic pain, pain care, healthcare professionals, tools

Enroll today for your free DVD!

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## Healthcare Professionals

The approach to pain management for patients with chronic pain is changing. Healthcare professionals are being asked to take a more active role in helping patients manage their pain.

### A Multidisciplinary Approach


Every patient has his or her own unique experience with pain. Therefore, a multidisciplinary approach is an important part of a patient-centered treatment plan.<sup>1</sup>



[LEARN MORE](#)

### Understanding Opioid Abuse

Prescription drug abuse is the nation's fastest growing drug problem. Having an understanding of abuse and misuse is an important step in finding solutions.<sup>1,2</sup>



[CONTINUE READING](#)

### Stakeholder Efforts in Abuse Deterrence

As part of the pain care continuum, we acknowledge that we all have an active role to play in helping to advance responsible pain management and abuse deterrence.<sup>1,2</sup>



[UNDERSTANDING STAKEHOLDER EFFORTS](#)

### Government Programs & Policies

Federal and state laws and guidelines are creating evolving abuse deterrence technologies that help healthcare professionals mitigate opioid abuse and misuse within their practices.<sup>1,2</sup>



[READ ABOUT PROGRAMS AND POLICIES](#)

### Advancements in Abuse Deterrence


Scientific breakthroughs and clinical trials are needed to help combat this serious public health epidemic.<sup>1,2</sup>



[DISCOVER ADVANCEMENTS](#)

### Evolving Abuse Deterrence Technology

New technologies adapt to the changing pain care landscape.<sup>1,2</sup>



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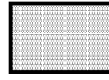



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Page Title Tag (Limited to 65 Characters)	Pain Matters   Multidisciplinary Pain Management
Page Description (Limited to 150 characters including spaces)	Every patient has his or her own unique experiences with pain. A multidisciplinary approach is an important part of a patient-centered treatment plan.
Page Key Words	Pain, chronic pain, treatment, patient, plan



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- Understanding Opioid Abuse
- Stakeholder Efforts in Opioid Abuse Deterrence
- Opioid Abuse Mitigation Programs & Policies
- Advancements in Opioid Abuse Deterrence
- Opioid Abuse Deterrence Technology

# A Multidisciplinary Approach to Managing Chronic Pain

While there are a variety of options available to treat chronic pain, it usually cannot be cured, only managed.<sup>1</sup> There isn't one right way to treat pain.<sup>2</sup>

## Approaches to Pain Management<sup>3,4</sup>



PHYSICAL THERAPY



SPINAL MANIPULATION



COGNITIVE BEHAVIOR THERAPY



ACUPUNCTURE



PAIN MEDICATION (RX AND OTC)

## Managing Chronic Pain

The pain experience is individual. Chronic pain is defined by the International Association for the Study of Pain as "a persistent pain that is not amenable, as a rule, to treatments based upon specific remedies or to the routine methods of pain control."<sup>5</sup> It's a serious medical condition that may greatly affect people leaving them unable to work, maintain relationships, or participate in daily tasks.<sup>1</sup>

Chronic pain can affect anyone. The Institute of Medicine estimated that 100 million American adults are impacted by chronic pain, which includes people who reported having "severe pain, moderate pain, joint pain, arthritis, or functional limitation."<sup>6</sup>

## The Role of Opioids in Chronic Pain Management

Prescription pain medications, such as opioids, may be an appropriate treatment option for people whose chronic pain is not adequately managed by other methods.<sup>2</sup> Opioids are an important option for the treatment of certain types of chronic pain.<sup>7</sup>

### Next Steps

[Go to Understanding Opioid Abuse >](#)

### Related Content



**Tools & Resources**  
Use these tools and downloads to learn more about responsible opioid use.



**Understanding Opioid Abuse**  
Statistics and insights into opioid abuse and misuse.



**Opioid Abuse Deterrence Technology**  
Advances in technology address the challenges of opioid abuse.

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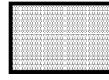
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Page Title Tag (Limited to 65 Characters)	Pain Matters   Understanding Opioid Abuse
Page Description (Limited to 150 characters including spaces)	Understanding opioid abuse and the appropriate role of opioids is key to creating strategies that lead to appropriate use of prescription medications.
Page Key Words	Pain, chronic pain, opioid abuse, opioids, prescription medication



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- Stakeholder Efforts in Opioid Abuse Deterrence
- Opioid Abuse: Manager Programs & Policies
- Advancements in Opioid Abuse Deterrence
- Opioid Abuse Deterrence Technology

# Understanding Opioid Abuse & Misuse

More than 12 million people reported using prescription pain medications nonmedically in 2010.<sup>1,2</sup> That number encompasses both abuse and misuse. The abuse and misuse of prescription pain medications were responsible for more than 475,000 emergency department visits in 2009, a number that nearly doubled in just five years.<sup>3,4</sup> Further, opioid overdoses in particular are increasingly due to the abuse of prescription painkillers.<sup>5</sup>

## Opioid Abuse

**Abuse is a nonmedical use of a drug, repeatedly, or even sporadically, for the positive psychoactive effects it produces.**<sup>1,2</sup> The most common form of opioid abuse is swallowing a number of intact pills or tablets to achieve a feeling of euphoria.<sup>6</sup> While this is the most widespread form of abuse, opioid analgesics can be abused in a number of ways<sup>7</sup>:

- Swallowed whole
- Crushed and swallowed
- Crushed and snorted
- Crushed and smoked
- Crushed, dissolved, and injected



Percent of patients being treated with chronic opioid therapy with high likelihood of abuse/misuse<sup>8</sup>

Alcohol-induced dose dumping, or the associated intake of alcoholic beverages together with oral controlled-release opioid formulations, is another form of abuse that may result in an uncontrolled and immediate drug release.<sup>12</sup>

## Opioid Misuse

**Misuse is using the prescription drug for a reason other than for which it was prescribed.**<sup>1,11</sup> The key differentiator being the drug is not being used for an intentional high, so it is labeled misuse rather than abuse. Misuse can also take many forms, for example<sup>14</sup>:

- Using a drug for a different condition than that for which the drug is prescribed
- Taking more drug than prescribed or at different dosing intervals
- Using a drug not prescribed for them for other therapeutic purposes

### Next Steps

[Go to Stakeholder Efforts in Opioid Abuse Deterrence >](#)

### Related Content

- ▶ **Understanding Chronic Pain:** Watch the *Pain Matters* documentary to learn about the impact of chronic pain
- ▶ **Community Insights:** Pain Perspectives – Hear from members of the pain community
- ▶ **Opioid Abuse Deterrence Technology:** Advances in technology address the challenges of opioid abuse

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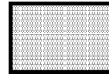
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Page Title Tag (Limited to 65 Characters)	Pain Matters   Stakeholder Efforts in Abuse Deterrence
Page Description (Limited to 150 characters including spaces)	Pain Matters provides information about abuse deterrence technology and the industry initiatives dedicated to eliminating opioid abuse and misuse.
Page Key Words	Pain, chronic pain, abuse deterrence technology, opioid abuse, misuse

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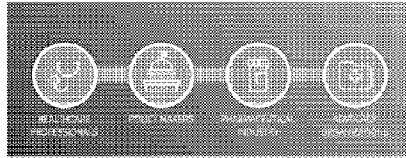
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- CONSUMER EDUCATION
- GROUP ABUSE PREVENTION PROGRAMS & TOOLS
- ADVERSE EVENTS IN OPIOID ABUSE DETERRENCE
- GROUP ABUSE DETERRENCE TECHNOLOGY

# A Multifaceted Approach to Opioid Abuse Deterrence

## Key Stakeholders Are Making Strides to Mitigate Risk

As part of the pain care community, you understand that we all have an active role to play to help advance responsible pain management and abuse deterrence.<sup>1</sup> In a statement on prescription opioid abuse, the FDA underscored the need to work together to invest in strategies and responsible approaches that deter or mitigate abuse while preserving access to pain medications for the patients who need them most.<sup>2</sup>



### Healthcare Professional Training and Education

"The FDA has identified three key ways prescribers can help combat the US opioid epidemic:<sup>3</sup>

- Ensuring that they have adequate training to exploit the gap
- Knowing the content of the most current opioid drug labels
- Educating patients about the appropriate use of opioids, their potential risks, and proper disposal techniques

### Understanding Appropriate Use of Medications

It is important for people who are prescribed pain medications to understand how to appropriately use, store, and dispose of their prescription opioids.<sup>4</sup> Since many people who abuse, or misuse, overuse on opioids do not know the person their medication was prescribed to, understanding and following appropriate use, storage, and disposal instructions could help reduce the risk of abuse and diversion. The American Academy of Family Physicians has provided [expert guidance and best practices](#) on the appropriate use, storage, and disposal of opioid medications.<sup>5</sup>

Resources are available to the practitioner around the appropriate use, storage, and disposal of prescription opioid medications.

### Policies and Programs Provide Guidance

"There are many government guidelines and programs in place to help address the opioid abuse public health issue, and policies of today must simultaneously reward abuse, addiction, and diversion while allowing and supporting the legal use of prescription drugs by those who need them."<sup>6</sup>

### Advocacy Organizations Offer Ongoing Support

Public education programs engage local healthcare professionals and outside organizations to promote and distribute public education materials supporting the appropriate use and storage of prescription pain medications and understanding of the associated risks of abuse and misuse.<sup>7</sup>

### Pharmaceutical Industry Drives Evolving Technology

"The FDA also encourages the ongoing study of abuse-deterrent technologies for prescription opioid medications. Currently, the concept of abuse deterrence is viewed as the introduction of some barrier or impediments to abuse, as opposed to the outright elimination of abuse."<sup>8</sup>

At Teva Pharmaceutical cells, we take our responsibility to help mitigate the risks of abuse seriously. In 2018, we partnered with five leading industry organizations across the prescription drug supply chain to form the Alliance to Prevent the Return of Abuse. We are dedicated to mitigating awareness of the risks of opioid drug abuse.

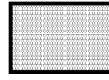
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Related Content

- Managing Opioid Pain: Find Information on Treatment Options for Managing Pain
- Consumer Education: Opioid Use and Abuse: Guidance for State and Federal Governments
- Group Abuse Deterrence: Programs and Tools
- Adverse Events in Opioid Abuse Deterrence



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Page Title Tag (Limited to 65 Characters)	Pain Matters   Abuse Mitigation Programs & Policies
Page Description (Limited to 150 characters including spaces)	Pain Matters is committed to providing the resources and guidance needed to mitigate opioid abuse, misuse, and diversion.
Page Key Words	Pain, chronic pain, resources, opioid abuse, misuse

# Opioid Abuse Mitigation Programs & Policies

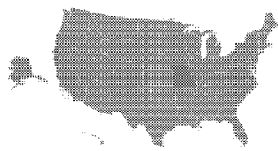
## The Role of Government in Mitigating Opioid Abuse

Due to the complexities surrounding opioid abuse and misuse, various federal and state agencies, including the FDA, have been working to address this public health crisis. The FDA is committed to working with other agencies to reduce the public health burden of opioid abuse and misuse.

### Prescription Drug Monitoring Programs (PDMP)

PDMPs are a critical tool to help detect and reduce the risk of diversion and abuse of prescription drugs. The states that have implemented PDMPs are: Alaska, Arizona, Arkansas, Colorado, Connecticut, Delaware, Florida, Georgia, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, Wisconsin, and Wyoming.

- How do you currently monitor and report PDMP data?
- How do you currently monitor and report PDMP data?
- How do you currently monitor and report PDMP data?



## Schedules of Controlled Substances<sup>9</sup>

The DEA plays a critical role in mitigating abuse and diversion of opioids. The federal government has the authority to schedule substances for regulation under the Controlled Substances Act (CSA). The CSA defines five schedules of controlled substances, with Schedule I being the most dangerous and Schedule V being the least dangerous. The most dangerous substances are placed in Schedule I, and the least dangerous are placed in Schedule V.

SCHEDULE	DESCRIPTION
Schedule I	Substances with a high potential for abuse that have no currently accepted medical use in the United States and a high potential for physical and psychological dependence. Examples include heroin, LSD, and Ecstasy.
Schedule II	Substances with a high potential for abuse that have currently accepted medical uses in the United States, but a high potential for physical and psychological dependence. Examples include morphine, cocaine, and amphetamine.
Schedule III	Substances with a potential for abuse that is less than that of Schedule II substances and a moderate to low potential for physical and psychological dependence. Examples include buprenorphine, propoxyphene, and ketamine.
Schedule IV	Substances with a low to moderate potential for abuse that have currently accepted medical uses in the United States and a low to moderate potential for physical and psychological dependence. Examples include alprazolam, clonazepam, and tramadol.
Schedule V	Substances with a low potential for abuse that have currently accepted medical uses in the United States and a low potential for physical and psychological dependence. Examples include cough syrup with less than 1% codeine and certain antidiarrheal medications.

In addition to scheduling controlled substances, the DEA also enforces the CSA. The DEA is responsible for issuing permits to manufacturers to produce controlled substances, and it also enforces the CSA's provisions regarding the distribution and use of controlled substances. The DEA also enforces the CSA's provisions regarding the importation and exportation of controlled substances.

## Risk Reduction and Mitigation Strategies (RMS)

RMS are requirements set by the Food and Drug Administration (FDA) for manufacturers of controlled substances to ensure that the benefits outweigh the risks for each drug.<sup>10</sup> There are several components of RMS that can be used by the pharmaceutical industry, including:
 

- Patient education materials
- Risk reduction strategies
- Mitigation strategies

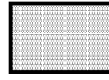
- Medication Guides or Patient Package Inserts**
  - FDA requires manufacturers to provide medication guides for all prescription drugs that have a significant risk of abuse or dependence.
- Communication Plans**
  - FDA requires manufacturers to provide a communication plan for all prescription drugs that have a significant risk of abuse or dependence.
- Warnings to Assure Safe Use**
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Page Key Words	Pain, chronic pain, healthcare professionals, opioid abuse, resources

# Advancements in Opioid Abuse Deterrence

## Evolving Strategies Address Abuse Potential

According to the CDC, opioid addiction is the nation's fastest growing drug problem and a leading cause of death. Prescription drug abuse is a significant public health epidemic, including:

- 19 million people with opioid use disorder
- Over 40,000 deaths annually due to opioid overdose
- Over 100,000 emergency department visits related to opioid use

In April 2015, the Food and Drug Administration (FDA) issued a guidance document, *Reasons the pharmaceutical industry develops reformulations of opioid drug products with potentially abuse-deterrent properties*. The guidance encourages the development of abuse-deterrent formulations and believes that these products have the potential to help reduce, though not necessarily prevent, opioid abuse. The FDA guidance document includes:

- Experts believe about 40% of opioid addiction is due to abuse-deterrent products that are available
- The guidance will be updated
- Labeling items that may be associated with abuse results

## Studies Evaluate New Potential Abuse Deterrent Technologies

In order to assess the impact of a potentially abuse-deterrent product, the FDA recommends that premarket and postmarket studies should be performed. Data from each of the four categories are recommended:

Category	Category 1: Laboratory Manipulation and Extraction Studies	Category 2: Pharmacokinetic Studies	Category 3: Clinical Abuse Potential Studies	Category 4: Postmarket Studies
Laboratory	✓	✓	✓	✓
Pharmacokinetic	✓	✓	✓	✓
Clinical Abuse Potential	✓	✓	✓	✓
Postmarket	✓	✓	✓	✓

**Category 1: Laboratory Manipulation and Extraction Studies**  
 The goal of laboratory-based studies should be to evaluate the ability of a reformulation to resist certain properties of a formulation such as details of composition. Such studies should compare how an abuse may affect the formulation to encourage the formation of drug release. Extractability and solubility studies should be designed to determine whether any of the technologies can be used to improve the abuse-deterrent properties of the product.

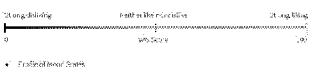
**Category 2: Pharmacokinetic Studies**  
 The goal of clinical pharmacokinetic studies should be to understand the in vivo properties of the formulation by comparing the pharmacokinetic action of the reformulated product with the parent formulation and with intravenous and intramuscular formulations of the same drug through one or more doses of administration.

**Category 3: Clinical Abuse Potential Studies**  
 Clinical Abuse Potential studies, also known as human abuse potential studies, human abuse liability studies or "drug liking" studies, evaluate the abuse liability of a new potential formulation. These studies assess information on the relative abuse potential of a drug into a new class. Compared to abuse-deterrent formulations of opioid drugs, these studies are generally designed to obtain an understanding of the impact of the technology on the product's abuse potential.

**Methodology**  
 These studies are usually conducted among experienced, non-dependent drug users who have a reasonable history of using drugs in the community. The subjects are not dependent on the drug and are typically drug-naïve. The study is a crossover design. In the study, the subjects are asked to self-report "drug liking" of the new drug and the effects of the new drug compared with placebo and with the parent drug, such as an immediate-release formulation.

Several hazards have been seen to measure the potential for abuse including oral drug liking, abuse, and likelihood of using the drug again. Key parameters include:

- Visual Analogue Scale (VAS) - a 100 mm horizontal line representing drug liking with high points for abuse, and low points for abuse, and the place of repeated use.



**Category 4: Postmarket Studies**  
 The goal of postmarket studies is to determine whether the marketing of a product with abuse-deterrent properties results in a meaningful reduction in abuse, misuse, and related adverse effects, injuries, or deaths in the community, compared to the parent drug. Currently, data on the impact of an abuse-deterrent opioid drug are limited in the U.S. population and thus the optimal data sources, study designs, designs, designs, designs, designs, designs, and outcomes of abuse-deterrent technology studies are not fully established.

## Labeling for Abuse Deterrent Opioid Formulations

Labels for an abuse-deterrent product should include a description of the abuse-deterrent properties as well as the specific type of abuse that the product has been developed to deter. Labels for a product should include the parent formulation and the abuse-deterrent formulation. The FDA also encourages pharmaceutical companies to include the results of pharmacokinetic studies in Category 1, 2, and 3, and the results of clinical abuse potential studies.

When premarket data show that abuse-deterrent properties can be expected to result in a meaningful reduction in drug product abuse, these data are included in product labeling. When premarket data are inconclusive, the drug may be marketed with product labeling. If the postmarket data do not demonstrate a reduction in abuse, or if the data are mixed, a claim may be made that the product will reduce or reduce the abuse-deterrent potential of the product.

In cases where the results of the premarket data are inconclusive, the drug may be marketed with product labeling.

## Next Steps

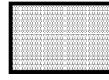


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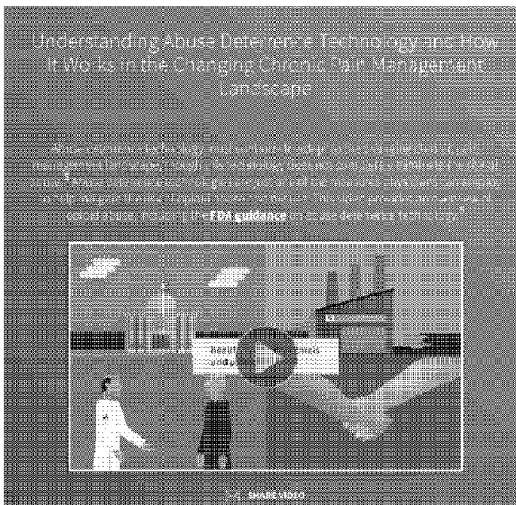
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- 8. Abuse Deterrence Formulations: Physical Barriers
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- 10. Abuse Deterrence Formulations: Physical Barriers
- 11. Abuse Deterrence Formulations: Chemical Barriers

# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2015, the FDA issued a guidance document to assist the pharmaceutical industry to develop new formulations of opioid drug products with potentially abuse-deterrent properties.<sup>1</sup> Most abuse-deterrence technologies developed to date are designed to make:

- Product manipulation more difficult
- Abuse of the manipulated product less attractive or rewarding

Click on a deterrence category below to learn more



### Physical & Chemical Barriers

Physical and chemical barriers can limit drug release following mechanical manipulation, or change the physical form of a drug, rendering it less amenable to abuse.<sup>1</sup>

- Physical barriers can prevent chewing, crushing, cutting, prying, or grinding
- Chemical barriers resist extraction of the opioid using common liquids like water, alcohol, or other organic solvents

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# Understanding Abuse Deterrence Technology

**Understanding Abuse Deterrence Technology and How It Works in the Changing Chronic Pain Management Landscape**

Abuse-deterrence technology (ADT) is a key component of a comprehensive approach to chronic pain management. ADT is designed to reduce the risk of opioid abuse by making it more difficult to misuse the drug. ADT is a key component of a comprehensive approach to chronic pain management. ADT is designed to reduce the risk of opioid abuse by making it more difficult to misuse the drug.

**ADT**

## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

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- Product manipulation more difficult
- Abuse of the manipulated product less attractive (e.g., over-dosing)

Click on a deterrence category below to learn more



### Opioid Agonist/Antagonist

An opioid antagonist can be added to an opioid agonist to interfere with, reduce, or defeat the euphoria (or high) associated with abuse. For example, a drug may be formulated such that the antagonist is not clinically active when swallowed but becomes active if the product is crushed and injected or snorted.<sup>2</sup>

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# Understanding Abuse Deterrence Technology

Understanding Abuse Deterrence Technology and How It Works in the Changing Chronic Pain Management Landscape

Abuse-deterrence technology (ADT) is a key component of a comprehensive approach to chronic pain management. Abuse-deterrent formulations (ADF) are designed to make it difficult to abuse the drug. ADT includes a variety of technologies that make it difficult to abuse the drug. **FDA guidance** on abuse-deterrence technology.

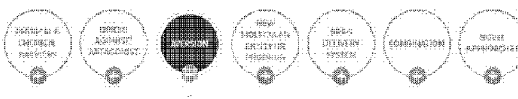
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## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2015, the FDA issued a guidance document to assist the pharmaceutical industry to develop new formulations of opioid drug products with potentially abuse-deterrent properties.<sup>1</sup> Most abuse-deterrence technologies developed to date are designed to make:

- Product manipulation more difficult
- Abuse of the manipulated product less attractive (overdosing)

Click on a deterrence category below to learn more



### Aversion

Substances can be combined to produce an unpleasant effect if the dosage form is manipulated prior to ingestion or if a higher dosage than directed is used.<sup>2</sup>

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# Understanding Abuse Deterrence Technology

Understanding Abuse Deterrence Technology and How It Works in the Changing Chronic Pain Management Landscape

Abuse-deterrence technology (ADT) is a key component of a comprehensive approach to chronic pain management. ADT is designed to make it more difficult to abuse opioid drugs. ADT can be used in a variety of ways, including:

- **Product manipulation** (e.g., tamper-resistant formulations)
- **Abuse-deterrent technologies** (e.g., abuse-deterrent formulations)
- **Formulation changes** (e.g., extended-release formulations)
- **Combination products** (e.g., combination products with abuse-deterrent properties)
- **Novel formulations** (e.g., novel formulations with abuse-deterrent properties)

## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2015, the FDA issued a guidance document to assist the pharmaceutical industry to develop new formulations of opioid drug products with potentially abuse-deterrent properties.<sup>1</sup> Most abuse-deterrence technologies developed to date are designed to make:

- Product manipulation more difficult
- Abuse of the manipulated product less attractive (e.g., reworking)

Click on a deterrence category below to learn more



### New Molecular Entity or Prodrug

The properties of a new molecular entity (NME) or prodrug could include the need for enzymatic activation, different receptor-binding profiles, slower penetration into the central nervous system, or other characteristics that would make the formulation less attractive for specific routes of abuse.<sup>2</sup>

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# Understanding Abuse Deterrence Technology

Understanding Abuse Deterrence Technology and How It Works in the Changing Chronic Pain Management Landscape

Abuse-deterrence technology (ADT) is a key component of a comprehensive approach to chronic pain management. ADT is designed to reduce the risk of abuse and diversion of opioid drug products. This video provides an overview of ADT, including the FDA guidance on abuse-deterrence technology.

## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2015, the FDA issued a guidance document to assist the pharmaceutical industry to develop new formulations of opioid drug products with potentially abuse-deterrent properties.<sup>1</sup> Most abuse-deterrence technologies developed to date are designed to make:

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- Abuse of the manipulated product less attractive (e.g., over-dosing)

Click on a deterrence category below to learn more



### Drug Delivery System

Drug delivery systems can also offer resistance to abuse.<sup>2</sup> For example, a sustained-release depot injectable formulation that is administered intramuscularly or subcutaneous implants can be more difficult to manipulate.

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- Abuse of the manipulated product less attractive (e.g., over-dosing)

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### Combination

Two or more of the technologies described in this section may be combined to deter abuse.<sup>2</sup>

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**ADT**

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Click on a deterrence category below to learn more



### Novel Approaches

Novel approaches include technologies that are not captured in the previous categories.<sup>2</sup>

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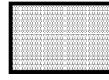
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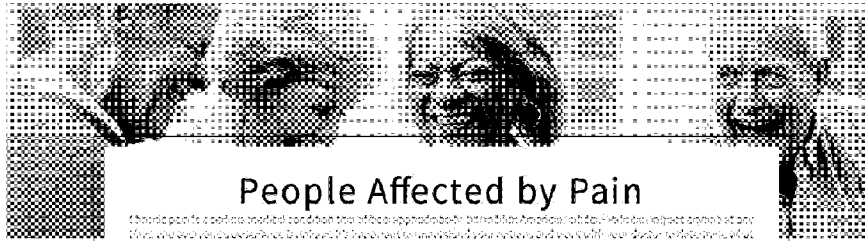
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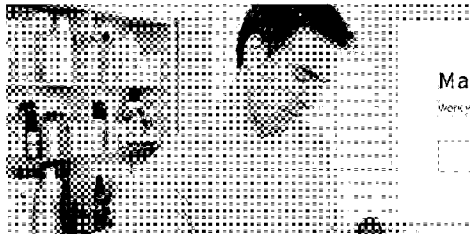
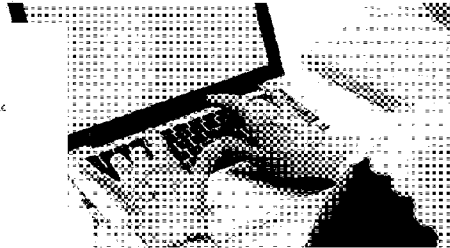
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Chronic pain is a complex medical condition that does not respond to traditional treatments and affects millions of people every day. This video series explains how to work with your doctor to understand your pain and find the right pain care plan for you.

### About Chronic Pain

Understand the impact of chronic pain on the lives of people and families.

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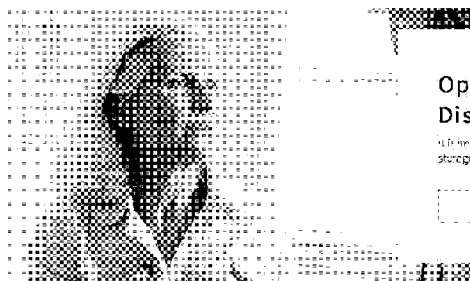
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### Prescription Opioid Medicines

Your doctor may decide to prescribe a prescription pain medicine known as an opioid. These prescription medicines may be an appropriate treatment option for people living with chronic pain that is not adequately managed by other methods.

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It is important to understand guidelines for appropriate use, storage, and disposal of your prescriptions.

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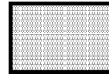
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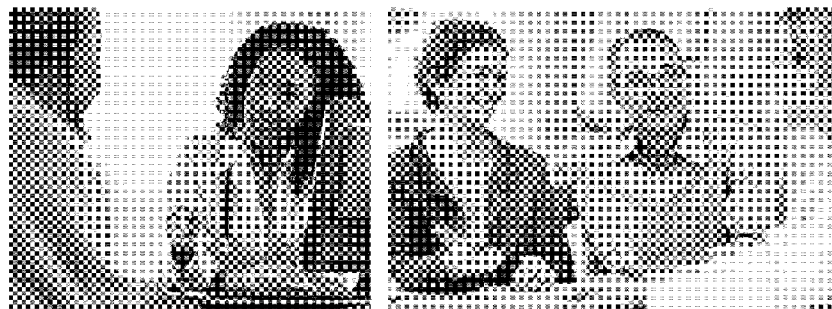
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# Understanding Chronic Pain



## Chronic and Acute Pain

Pain is a serious medical condition that can impact anyone at any time. Pain that lasts only for a short period of time is called acute pain; it's a normal feeling that typically alerts us to a possible injury.<sup>1</sup> Chronic pain is very different. Chronic pain is often defined as any pain that lasts for 12 weeks or longer.<sup>2</sup> According to the Institute of Medicine, chronic pain is estimated to affect approximately 100 million American adults.<sup>3</sup>

Chronic pain may be caused by an initial injury or there may be an ongoing cause, like a medical illness.<sup>4</sup> But for some people, there may also be no clear cause.<sup>5</sup> Other health problems, such as fatigue, sleep disturbance, decreased appetite, and mood changes, often accompany chronic pain.<sup>6</sup> Chronic pain may affect people's ability to participate in daily tasks.<sup>7</sup>

### Next Steps

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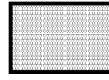
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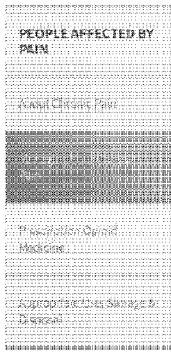


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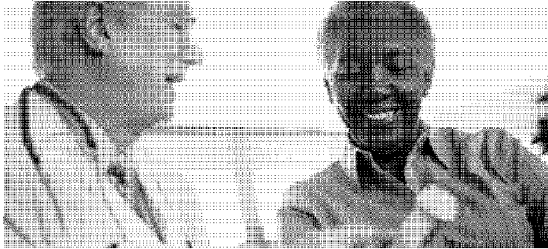
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# Finding the Right Chronic Pain Care Plan for You



## Working with Your Doctor

How chronic pain is experienced is unique to every person.<sup>6</sup> There is no test to measure how chronic pain feels or exactly where it is located.<sup>6</sup> So, your doctor will rely on you to tell him or her how the pain feels, how often you experience the pain, and where exactly it hurts.<sup>6</sup> Defining pain as sharp or dull, constant, on-and-off, burning, or aching may give the best clues to the cause of the pain.<sup>6</sup> These descriptions are part of what is called the pain history. Your healthcare team will usually start your appointment by discussing your pain so they understand your pain history.<sup>6</sup>

## A Pain Treatment Team

Since chronic pain may occur in a variety of locations in the body and for many different reasons, it is important for you to work with your doctor to identify the causes and symptoms of your pain to find the treatment plan that works for you.<sup>6</sup> The best treatment plans are tailored to each individual person with input from healthcare team members.<sup>6</sup> It may be helpful to work with several healthcare professionals who have different training backgrounds and an understanding of chronic pain.<sup>6</sup> The person in pain and his or her loved ones must also be actively involved in the treatment plan.<sup>6</sup>

## Types of Chronic Pain Management

The overall goal of chronic pain management is to reduce the pain to help people return to daily living.<sup>6</sup> While there are a variety of options available to treat chronic pain, it usually cannot be cured, only managed.<sup>6</sup> A variety of options exist for you and your pain care team to create the treatment plan that is right for you.<sup>6</sup> These options include<sup>6(1)</sup>:

- Psychotherapy
- Meditation
- Massage therapy
- Behavior modification
- Acupuncture
- Electrical stimulation
- Nerve blocks
- Surgery
- Medicines (aspirin, acetaminophen, nonsteroidal anti-inflammatory drugs, topical anesthetics, opioid medicines)

### Next Steps

[Go to: Prescription Opioid Medicines](#)

### Related Content

- Talking to Your Doctor**  
Helpful tips on talking to your doctor about your pain and questions to ask
- Understanding Chronic Pain**  
Watch the Pain Matters documentary to learn about the impact of chronic pain
- Use, Storage & Disposal**  
Appropriate use, storage and disposal guidelines for your prescriptions

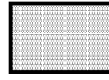
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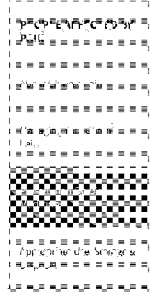


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Home / Page 1 of 10 / Filtered by Family Prescription Opioid Medicines

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# Prescription Opioid Medicines

## What You Need to Know

You do not, may decide to prescribe or prescription pain medicine known as an opioid. These prescription medicines may be an appropriate treatment option for people living with an opioid pain that is not adequately managed by other methods. It's important to understand that all prescription opioid medicines have the potential to be abused and misused.<sup>1,2</sup> If you are prescribed a prescription opioid medication, it is important to understand the risks and where the risks are greatest.

### Why does prescription drug abuse matter to me?

The person prescribed the medication is not necessarily the only person who is at risk of abuse. More than three out of four people who misuse prescription pain medications do so by using medication prescribed to someone else.<sup>3,4</sup> Some factors that may contribute to higher risk potential could include living in a household with adolescents or teenagers, living in a home with a high traffic, large amount of furniture or household stuff, having a history of substance use, or misuse, or living with someone who does.

### What should I know about abuse and misuse?

It's important to know the difference between prescription drug abuse and misuse to understand who may be at risk.

#### Abuse

**Abuse is a nonmedical use of a drug, repeatedly, or even sporadically, for the positive psychoactive effects it produces.**<sup>5,6</sup> The most common form of opioid abuse is swallowing a number of tablets orally, tablets for the "feeling or high" to come on.<sup>5,6</sup> With swallowing pills is the most common form of abuse, prescription opioids can also be abused by being crushed or dissolved.

#### Misuse

**Misuse is using the prescription drug for a reason other than for which it was prescribed.**<sup>7,8</sup> This key difference between abuse and misuse is that the medicine is not being used for an intentional high, so it is labeled misuse rather than abuse. Misuse can arise many forms, most people may not realize it is abuse, for example:<sup>9</sup>

- taking the drug for a reason other than for which the drug is prescribed
- taking more or longer prescribed than directed on the label

#### Diversion

**Diversion is a type of misuse that happens when people take prescription opioids that were not prescribed for them.**<sup>10</sup> The fear of the dangers of taking medications, people often turn to family support diversion by sharing their unused prescription medicine with family members.<sup>11</sup>

### What can I do to reduce the risk of abuse?

Everyone who is prescribed an opioid medicine can play a role in reducing the risk of those medicines being abused. Understanding how to appropriately use, store, and dispose of prescription pain medications can help decrease the chances that they will be abused or misused.

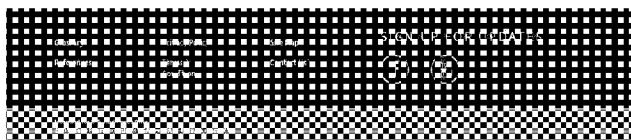
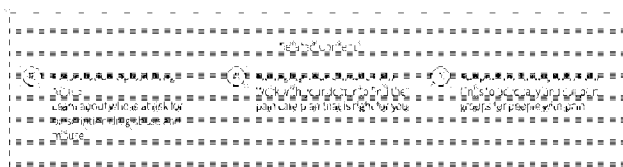
### What else is being done to reduce the risk of abuse of prescription medicines?

Because prescription drug abuse is the nation's most growing drug problem, it's important for everyone involved to play a role in what we are going to reduce the impact of prescription drug abuse on society.<sup>12</sup> This means that doctors, pharmacists, government policy makers, advocacy organizations, health care companies, and people who are prescribed opioids all play a role and must work together.<sup>13</sup>

In order to help reduce the risk of prescription opioids being abused, the pharmaceutical industry is changing the way they make, or manufacture, these medicines. Abuse-deterrence technologies may make it more difficult to crush or dissolve opioid medication and may help reduce how much someone likes the drug when they use it with the intention of getting high.

#### Next Steps

For more information, visit [www.talkmatters.org](http://www.talkmatters.org)



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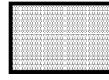


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Page Key Words	Pain, chronic pain, opioid, opioid disposal, opioid use



# Appropriate Prescription Opioid Medication Use, Storage & Disposal

## Using Prescription Opioid Medicines Appropriately

Following guidelines on appropriate use, storage, and disposal of your prescription pain medications is important. Prescription drug abuse is a serious public health issue.<sup>3</sup> Remember, the person who was prescribed a prescription opioid medication isn't always the only one who is at risk for abuse.



### Use<sup>4,4</sup>

- Take medications only as prescribed
- Be aware of risks
- Understand inappropriate use
- Never give prescription medicines to anyone else



### Storage<sup>14,15</sup>

- Hide or lock up opioid medications to avoid access by family, friends, or houseguests
- Keep prescription medications in their original packaging so it is clear for whom the medications were prescribed and to save the directions for appropriate use



### Disposal<sup>15</sup>

- Opioids may be disposed of through [community-sponsored take-back programs](#)
- If there are none available in your area, follow the Office of Drug Control National Policy recommendations for [environmentally friendly disposal](#)
- Learn more about [appropriate use, storage, and disposal](#) of prescription opioid medications. Many communities also host drug take-back days to make proper prescription drug disposal easy

### Next Steps

[Go to Resources & Support >](#)

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Watch the *Pain Matters* documentary to learn about the impact of chronic pain



**Resources for Living with Pain**  
Links to advocacy and support groups for people with pain

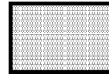


**Prescription Opioid Drug Abuse**  
The risk of prescription drug abuse and misuse





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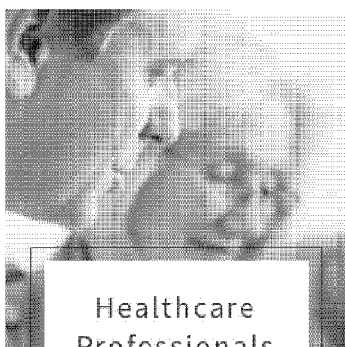
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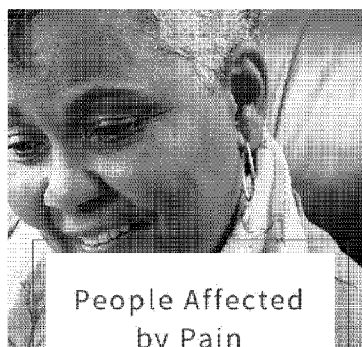
Pain Matters provides resources to help both healthcare professionals and people affected by pain navigate the complex pain care landscape.



### Healthcare Professionals

Access tools here to help guide your conversations with people affected by pain, download forms for assessing pain levels, learn about advancements in abuse deterrence technology and more.

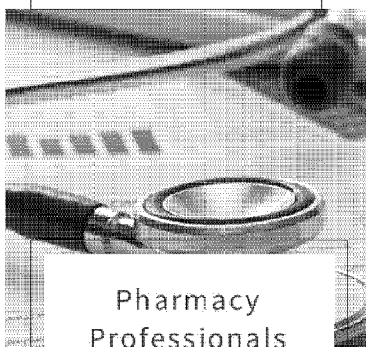
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### People Affected by Pain

Find resources to help you learn more about chronic pain and foster productive conversations with your healthcare professional.

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### Pharmacy Professionals

Tools and Guidelines for Pharmacy Professionals Dispensing Prescription Medications to Treat Pain.

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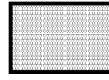
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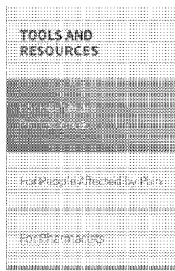


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# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.


### Explore the resources below



Pain management experts address complexities of treating pain and the issue of prescription drug abuse.

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#### Putting Patients First—Developing Abuse Deterrent Opioids Presentation

Chapter 4




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#### Abuse Deterrence Technology Clinical Presentation

Chapter 5



Joseph P. Valenza, MD  
Gregory L. Holmquist, MD

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#### Next Steps

Go to People Affected by Pain >

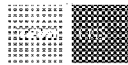
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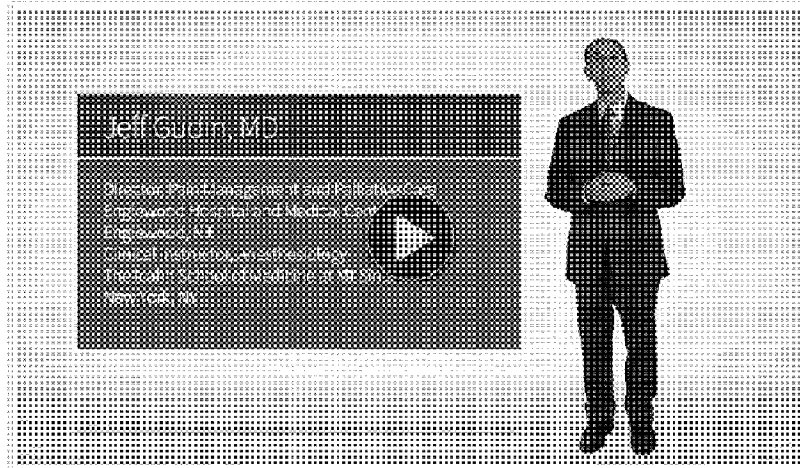
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**About the Presenter:** Jeffrey A. Gudin, MD

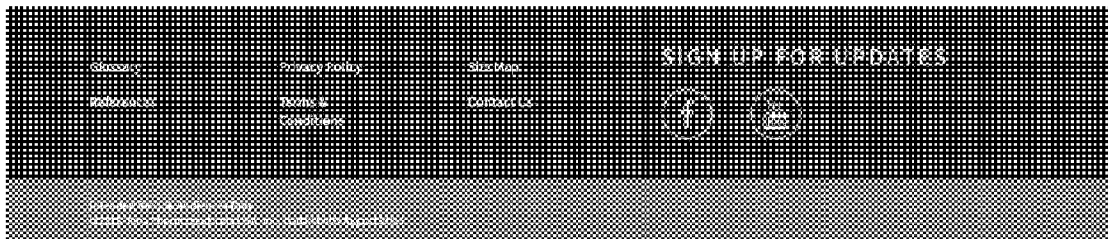
Jeffrey A. Gudin, MD, is Director of Pain Management and Palliative Care at Englewood Hospital and Medical Center in Englewood, NJ, and Clinical Instructor of Anesthesiology at the Icahn School of Medicine at Mount Sinai. Dr. Gudin received his medical degree from Albany Medical College in New York. He completed a residency as chief in anesthesiology at Yale University School of Medicine in New Haven, CT. He continued his training with an extended postdoctoral fellowship in pain medicine at the Yale Center for Pain Management, where he was actively involved in research and teaching.

Jeffrey A. Gudin, MD, serves as a paid consultant for Teva Pharmaceuticals.

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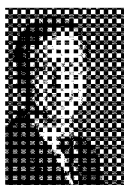
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**About the Presenter:** Charles E. Argoff, MD

Charles E. Argoff, MD, is Professor of Neurology at Albany Medical College and Director of the Comprehensive Pain Center at Albany Medical Center in New York. Dr. Argoff is a member of the American Academy of Neurology, the International Association for the Study of Pain, the American Academy of Pain Medicine, and the American Pain Society, among other professional organizations. He is the President of the American Academy of Pain Medicine Foundation Board.

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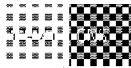
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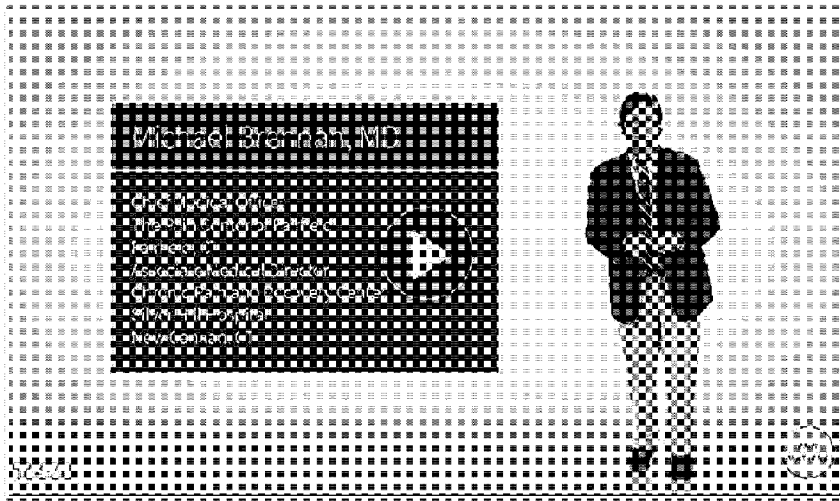
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**About the Presenter:** Michael J. Brennan, MD

Michael J. Brennan, MD, is Senior Attending Physician at Bridgeport Hospital and Assistant Clinical Attending Physician at St. Vincent's Hospital in Bridgeport, CT. In addition, he has a private practice in physical medicine and rehabilitation that specializes in the diagnosis and management of acute and chronic pain syndromes, electrodiagnosis, and cancer-related disabilities.

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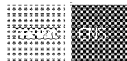
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**About the Presenter:** Charles E. Argoff, MD

Charles E. Argoff, MD, is Professor of Neurology at Albany Medical College and Director of the Comprehensive Pain Center at Albany Medical Center in New York. Dr. Argoff is a member of the American Academy of Neurology, the International Association for the Study of Pain, the American Academy of Pain Medicine, and the American Pain Society, among other professional organizations. He is the President of the American Academy of Pain Medicine Foundation Board.



**About the Presenter:** Michael J. Brennan, MD

Michael J. Brennan, MD, is Senior Attending Physician at Bridgeport Hospital and Assistant Clinical Attending Physician at St. Vincent's Hospital in Bridgeport, CT. In addition, he has a private practice in physical medicine and rehabilitation that specializes in the diagnosis and management of acute and chronic pain syndromes, electrodiagnosis, and cancer-related disabilities.

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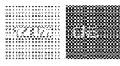
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#### About the Presenter: Joseph P. Valenza, MD

Dr. Joseph Valenza received his medical degree from the State University of New York Health Science Center Downstate and completed his residency in physical medicine and rehabilitation at the University of Medicine and Dentistry of New Jersey-New Jersey Medical School. He also earned a Master's of Structural/Biomedical Engineering from The Cooper Union in New York City. Dr. Valenza is board certified in physical medicine and rehabilitation, with additional sub-specialty certification in pain medicine. As a specialist in pain management, he treats individuals with a wide range of pain issues, including complex regional pain syndrome, repetitive motion disorders, and spinal cord injury.



#### About the Presenter: Gregory L. Holmquist, PhD

Dr. Gregory L. Holmquist earned his Doctor of Pharmacy degree from the University of Washington in Seattle and has been a practicing clinical pain management and palliative care pharmacist for over 20 years. In addition to being the Director/Owner of Palliative Care Strategies, Dr. Holmquist currently provides direct patient care and consultative services for the chronic non-cancer pain and hospice teams at Group Health in Seattle.

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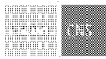
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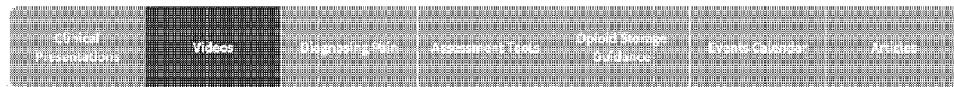
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Explore the resources below



Short videos exploring responsible opioid use, individual patient stories, and the evolving science of abuse-deterrent technology.



This new video sheds light on how people knowingly or unknowingly contribute to prescription drug abuse

- Pain Matters: My Concerns
- Pain Matters: The Collector
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Watch short clips from the documentary to see first-hand the impact of chronic pain

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Watch an introductory video about PainMatters.com

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This video provides an overview of the evolving science of abuse deterrence technology.

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This video from the American Chronic Pain Association discusses how to use NSAIDs safely and effectively.

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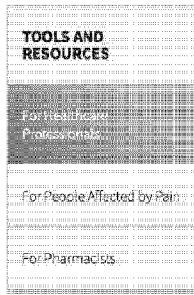
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### Diagnostic tools to support your pain assessment process.

<p><b>Brief Pain Inventory</b></p> <p>Assess the severity of a person's pain to align on a pain management plan.</p> <p><b>DOWNLOAD</b></p> <p>PDF   SHRRE</p>	<p><b>American Pain Society Assessment</b></p> <p>This tool supports recognizing, diagnosing, and managing chronic pain.</p> <p><b>DOWNLOAD</b></p> <p>PDF   SHRRE</p>	<p><b>Quality of Life Scale</b></p> <p>A tool to assess the impact of pain on daily life provided by the American Chronic Pain Association.</p> <p><b>DOWNLOAD</b></p> <p>PDF   SHRRE</p>
<p><b>Pain Scales</b></p> <p>Measure pain numerically through these scales provided by the US Department of Veterans Affairs.</p> <p><b>DOWNLOAD</b></p> <p>PDF   SHRRE</p>	<p><b>Pain Management Log</b></p> <p>Track daily pain with this log from MD Anderson.</p> <p><b>DOWNLOAD</b></p> <p>PDF   SHRRE</p>	<p><b>Wong-Baker FACES Pain Rating Scale</b></p> <p>Using faces to describe pain intensity, this tool provides a more visual approach to pain assessment.</p> <p><b>VIEW</b></p> <p>PDF   SHRRE</p>
<p><b>Pain Log</b></p> <p>Measure and track pain over time with this pain log from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p> <p>PDF   SHRRE</p>	<p><b>Ability Chart</b></p> <p>Track how pain is affecting daily activities with this chart from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p> <p>PDF   SHRRE</p>	<p><b>Nerve Pain Map</b></p> <p>Identify nerve pain symptoms with this interactive map from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p> <p>PDF   SHRRE</p>
<p><b>Back Pain Map</b></p> <p>Identify back pain symptoms with this interactive map from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p> <p>PDF   SHRRE</p>	<p><b>Head Pain Map</b></p> <p>Identify head pain symptoms with this interactive map from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p> <p>PDF   SHRRE</p>	<p><b>Follow-Up Sheet</b></p> <p>This form from the American Chronic Pain Association reminds patients of important follow-up activities.</p> <p><b>VIEW TOOL</b></p> <p>PDF   SHRRE</p>

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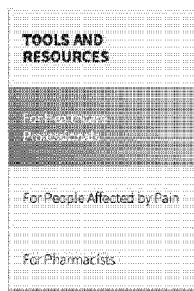
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# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

## Explore the resources below



Resources to support dialogue around responsible pain management and mitigate the risk of opioid abuse.

**Exam Room Discussion Guide**

This discussion guide is provided by the Substance Abuse and Mental Health Services Administration (SAMHSA).

**VIEW**

**Design for Dialogue**

Join the pain community as we re-imagine the exam room experience and a more open dialogue. Be the voice that inspires change.

**VIEW**

**Opioid Risk Tool**

An objective guide to identify patients for whom prescription opioid medications may be appropriate.

**DOWNLOAD**

**Treatment Agreement**

Prescriber-patient treatment agreements can be customized to your practice and the laws in your state, including:

- US Department of Veterans Affairs and the Department of Defense
- American Academy of Family Physicians

**VIEW**

**CAGE and CAGE-AID Questionnaires**

This tool can help facilitate exam room conversations about drinking and drug use.

**VIEW**

**Addiction Behaviors Checklist**

This checklist can help assess behaviors that may indicate an increased risk for abuse or misuse.

**VIEW**

**Parents 360 Toolkit**

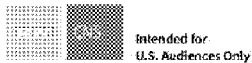
Start a conversation about opioid misuse and abuse with this toolkit from Parents 360.

**LEARN MORE**

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For Pharmacists

# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

## Explore the resources below



Resources outlining responsible use, storage and disposal guidelines for opioid medications.

<p><b>Drug Disposal Guidelines</b></p> <p>The US Department of Justice and the Drug Enforcement Administration provide guidance on the disposal of opioid medications.</p> <p><a href="#">VIEW GUIDELINES</a></p>	<p><b>Use &amp; Storage of Opioids</b></p> <p>Taking opioids responsibly from the US Department of Veterans Affairs and the Department of Defense. Health Opioid Safety Principles for Patients and Caregivers from the American Academy of Pain Medicine.</p> <p><a href="#">VIEW GUIDELINES</a></p>	<p><b>Appropriate Disposal of Opioids</b></p> <p>Find FDA guidance on the proper disposal of prescription opioid medications.</p> <p>Also available on <a href="#">ePainSite</a></p> <p><a href="#">VIEW GUIDELINES</a></p>
<p><b>Opioid Safety Practices</b></p> <p>The American Academy of Pain Medicine offers eight safety practices for providers and patients.</p> <p><a href="#">VIEW PRACTICES</a></p>	<p><b>Opioid Prescribing Guidelines</b></p> <p>The Centers for Disease Control and Prevention provides guidelines for prescribing opioids for chronic pain.</p> <p><a href="#">VIEW GUIDELINES</a></p>	<p><b>Legislation Tracker</b></p> <p>The State Pain Policy Advocacy Network (SPPAN) tracks pain policy at the federal and state level.</p> <p><a href="#">VIEW LEGISLATION</a></p>

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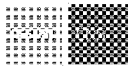
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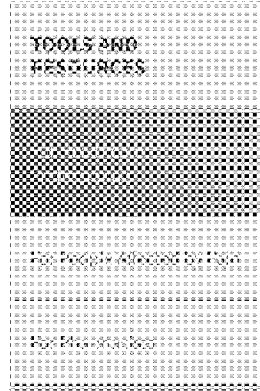


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# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

Explore the resources below



Connect with professional pain care associations and find upcoming medical meetings.

**Professional Meetings**

Keep track of professional meetings and events throughout 2018.

**2018 CALENDAR**

2018 CALENDAR

**Professional Organizations**

- [The American Academy of Pain Medicine](#)
- [The American Society of Pain Management](#)
- [The American Society of Spinal Cord Injury](#)
- [The American Society of Pain Management](#)
- [The American Society of Pain Management](#)
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**Professional Organizations**

Several national organizations are dedicated to supporting people living with chronic pain and their families.

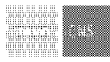
- [American Chronic Pain Association](#)
- [The Pain Connection](#)
- [Pain Relief Alliance](#)

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For People Affected by Pain

For Pharmacists

# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

### Explore the resources below

Clinical & Essential Care | Evidence | Diagnosing Pain | Assessment Tools | Opioid Storage & Disposal | Events Calendar | Articles

Find FDA guidance, recent publications, and insights from pain community experts.

**Guidance on Abuse Deterrent Opioids**

FDA 2015 guidance to guide the evaluation and labeling of opioid drug products with potential abuse deterrent properties.

[VIEW](#)

**Pain Medicine News Articles**

PainMedicineNews.com articles detail abuse-deterrence technology and the FDA guidance.

- Abuse Deterrent Opioids Advances in Technology
- Abuse Deterrent Opioids Study Requirements
- Abuse Deterrent Opioids: Product Labeling

[VIEW](#)

**Pain Perspectives Blog**

Hear insights and perspectives into today's complex pain management landscape from members of the pain community.

[VIEW](#)

**Aches & Gains SiriusXM Radio Show**

Hosted by Paul Christo, MD, this weekly radio show on SiriusXM Family Talk 131, provides information on pain management.

[VIEW](#)

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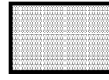
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Page Description (Limited to 150 characters including spaces)	. Find tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.
Page Key Words	Pain, chronic pain, pain care, resources, prescription medicine abuse

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# Community Resources for People Affected by Chronic Pain

Finding a pain care plan that is right for you starts by working with your doctor. Find tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.

### Explore the resources below

Videos

Pain and Assessment, Discussion Tools

Opioid Use Storage and Disposal

All Society Organizations & Community Connections

Short videos explore responsible opioid use and real stories from people affected by chronic pain and their families.



This new video sheds light on how people knowingly or unknowingly contribute to prescription drug abuse.

- Pain Matters: Mr. Generous
- Pain Matters: The Collector
- Pain Matters: Girls Night Out

WATCH

1:27 - 3:00



Watch short clips from the documentary to see first-hand the impact of chronic pain.

WATCH

1:27 - 3:00



Watch an introductory video about PainMatters.com.

WATCH

1:27 - 3:00



This video from the American Chronic Pain Association discusses how to use NSAIDs safely and effectively.

WATCH

1:27 - 3:00



This video from the American Chronic Pain Association will empower you to take control of managing your pain.

WATCH

1:27 - 3:00

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Understanding Chronic Pain: Watch the Pain Matters documentary to learn about the impact of chronic pain

Tools & Resources: Use these tools and downloads to learn more about responsible opioid use

Appropriate Use, Storage & Disposal: Appropriate use, storage and disposal guidelines for your prescriptions



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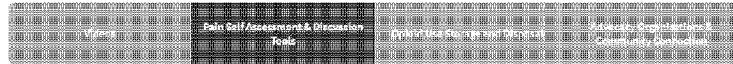


For Pharmacists

# Community Resources for People Affected by Chronic Pain

Finding a pain care plan that is right for you starts by working with your doctor. Find tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.

### Explore the resources below



Download tools to help prepare for your next appointment and discuss your pain symptoms with your doctor.

<p><b>Questions to Ask Your Doctor</b></p> <p>Prepare for an exam room discussion about your pain experience using this guide.</p> <p><b>DOWNLOAD</b></p>	<p><b>Design for Dialogue</b></p> <p>Join the pain community as we reimagine the exam room experience and a more open dialogue. Be the voice that inspires change.</p> <p><b>VIEW</b></p>	<p><b>Quality of Life Scale</b></p> <p>A tool to assess the impact of pain on daily life provided by the American Chronic Pain Association.</p> <p><b>DOWNLOAD</b></p>
<p><b>Pain Scales</b></p> <p>Measure pain numerically through these scales provided by the US Department of Veterans Affairs.</p> <p><b>VIEW</b></p>	<p><b>Pain Management Log</b></p> <p>Track daily pain with this log from MD Anderson.</p> <p><b>VIEW</b></p>	<p><b>Wong-Baker FACES Pain Rating Scale</b></p> <p>Using faces to describe pain intensity, this tool provides a more visual approach to pain assessment.</p> <p><b>DOWNLOAD</b></p>
<p><b>Be Prepared Visit</b></p> <p>Prepare for your health care visit with this guide from the American Chronic Pain Association.</p> <p><b>LEARN MORE</b></p>	<p><b>Pain Log</b></p> <p>Measure and track pain overtime with this pain log from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p>	<p><b>Ability Chart</b></p> <p>Track how pain is affecting daily activities with this chart from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p>
<p><b>Nerve Pain Map</b></p> <p>Identify nerve pain symptoms with this interactive map from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p>	<p><b>Back Pain Map</b></p> <p>Identify back pain symptoms with this interactive map from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p>	<p><b>Head Pain Map</b></p> <p>Identify head pain symptoms with this interactive map from the American Chronic Pain Association.</p> <p><b>VIEW TOOL</b></p>

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Get the Pain Matters Reminders Poster >

### Related Content

- Use the Reminding Chronic Pain: Watch the Pain Matters** documentary to learn about the impact of chronic pain.
- Tools & Resources** Use these tools and downloads to learn more about responsible opioid use.
- Appropriate Use, Storage & Disposal** Appropriate use, storage and disposal guidelines for your prescriptions.

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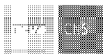
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# Community Resources for People Affected by Chronic Pain

Finding a pain care plan that is right for you starts by working with your doctor. Find tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.

### Explore the resources below

- Videos
- Pain Risk Assessment & Discussion Tools
- Opioid Use, Storage and Disposal
- Advocacy Organizations & Community Connections

Helpful guidelines for responsible use, storage and disposal of prescription pain medicines.

**Drug Disposal Guidelines**

The [U.S. Department of Justice and the Drug Enforcement Administration](#) provide guidance on the disposal of opioid medications.

**Use & Storage of Opioids**

Taking opioid responsibility from the [US Department of Veterans Affairs and the Department of Defense](#). [Eight Opioid Safety Principles for Patients and Caregivers](#) from the [American Academy of Pain Medicine](#).

**Appropriate Disposal of Opioids**

Find [FDA guidance](#) on the proper disposal of prescription opioid medications.

Also available on [Epsa.org](#).

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**Care Card**

This guide from the [American Chronic Pain Association](#) will help you safely fill, use and dispose of prescription drugs.

**VIEW TOOL**

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**Related Content**

- Understanding Chronic Pain**  
Watch the *Pain Matters* documentary to learn about the impact of chronic pain.
- Tools & Resources**  
Use these tools and downloads to learn more about responsible opioid use.
- Appropriate Use, Storage & Disposal**  
Appropriate use, storage and disposal guidelines for your prescriptions.



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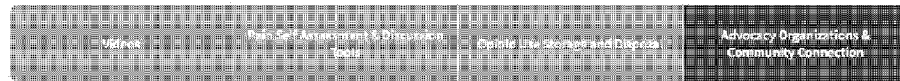
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# Community Resources for People Affected by Chronic Pain

Finding a pain care plan that is right for you starts by working with your doctor. Find tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.

Explore the resources below



Find support groups and community resources for people affected by pain.

Support & Advocacy Organizations

Several national organizations are dedicated to supporting people living with chronic pain and their families.

- American Chronic Pain Association
- U.S. Pain Foundation
- Pain Action Alliance

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Pain Centers of Excellence

The American Pain Society's annual award honors programs or services that exemplify outstanding clinical care.

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Pain Perspectives Playlist

Hear insights and perspectives into today's complex pain management landscape from members of the pain community.

VIEW

Acres & Gains SiriusXM Radio Show

Hosted by Paul Christo, MD, this weekly radio show on SiriusXM Family Talk 131, provides information on pain management.

VIEW

Legislation Tracker

The U.S. Pain Foundation tracks pain policy at the state level.

VIEW LEGISLATION

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Appropriate Use, Storage & Disposal  
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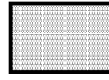
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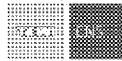


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Page Description (Limited to 150 characters including spaces)	Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.
Page Key Words	Pain, chronic pain, pain management, opioid abuse, opioid



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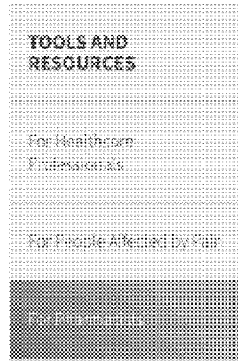


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# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

### Explore the resources below



Short videos explore responsible opioid use and real stories from people and their families who are affected by chronic pain.



This new video sheds light on how people knowingly or unknowingly contribute to prescription drug diversion, abuse, and misuse.

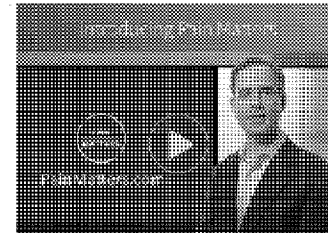
- Pain Matters: Mr. Generalist
- Pain Matters: The Collector
- Pain Matters: Girls Night Out

WATCH VIDEO



Watch short clips from the documentary to understand first-hand what it is like to live with chronic pain.

WATCH NOW



Watch an introductory video about PainMatters.com

WATCH VIDEO

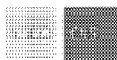


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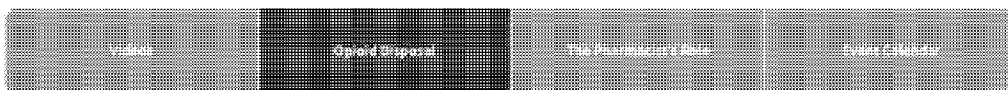
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# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

## Explore the resources below



Resources offering tips on the safe storage and disposal of opioid medications.

### Drug Disposal Guidelines

The US Department of Justice and the Drug Enforcement Administration have provided a wealth of guidance and information for healthcare professionals and patients on the disposal of opioid medications.

[VIEW GUIDELINES](#)

### Disposal at Home

The FDA has provided a list of medications that can safely be disposed of at home, including generic opioids.

[VIEW LIST](#)

### Appropriate Use and Storage of Opioid Medications

Prescription medications must be appropriately stored. They should be in a locked container that does not allow others to gain access to them.!!

- Taking equitable responsibility from the US Department of Veterans Affairs and the Department of Defense
- [Best-Practices Safety Practices for Patients and Caregivers](#) from the American Academy of Pain Medicine

[VIEW GUIDELINES](#)

### Appropriate Disposal of Opioids

The FDA has provided a variety of downloadable resources on the proper disposal of prescription opioid medications.

Resources are also available on [Legal Hold](#).

[VIEW GUIDELINES](#)

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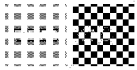
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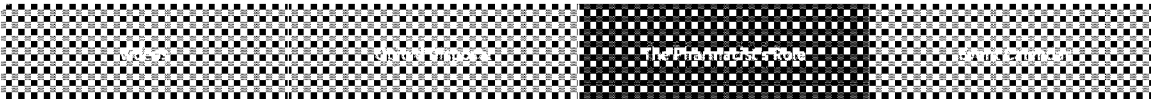
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# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

### Explore the resources below



Resources to help determine the safety and appropriateness of opioid prescriptions for chronic pain in order to prevent abuse and misuse.



This tool from Practical Pain Management calculates appropriate opioid doses different patients.



This free app from the New York City Department of Mental Health and Hygiene calculates a patient's risk of overdose based on their opioid prescription.



This free app from the New York City Department of Mental Health and Hygiene calculates a patient's risk of overdose based on their opioid prescription.

- [Opioid Abuse and Misuse](#)
- [The Pharmacist Role](#)

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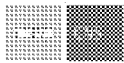
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**TOOLS AND RESOURCES**

For Healthcare Professionals

For People Affected by Pain

For Pharmacists

# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

### Explore the resources below

[Pain](#) | [Opioid Education](#) | [Pain Management Education](#) | [Event Calendar](#)

Connect with professional pain management organizations and find upcoming medical and pharmaceutical meetings.

**Professional Events Calendar**

Keep track of professional meetings and events throughout 2017

**VISIT CALENDAR**

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**Professional Pain Care Organizations**

There are many organizations dedicated to providing ongoing education, programs, and resources for healthcare professionals and people living with chronic pain.

- The American Academy of Pain Medicine
- The American Academy of Pain Management
- The American Pain Society
- Center for Lawful Access and Abuse Deterrence
- Alliance for Patient Homes
- The American Society for Pain Management Nursing

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### Next Steps

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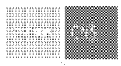
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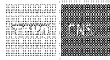
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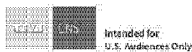
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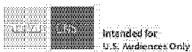
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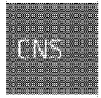
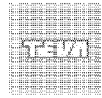
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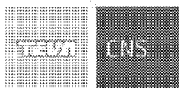
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# Share Your Thoughts With Us!

As a member of the pain community, we understand that you are an expert on the complexities and challenges of living with pain. We are interested in hearing your thoughts and feedback on how we can continue to provide information and resources to support the pain community. Please provide your contact information and share your thoughts below.

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Are you a person living with chronic pain, family member, healthcare professional, or other?

I am a Healthcare Professional

Yes, I'd like to receive a complimentary DVD of the *Pain Matters* documentary.

We're interested in your feedback! What additional resources and information could Pain Matters provide?

Diagnostic resources for clinicians

Multidisciplinary treatment approaches

Self assessment tools for people affected by pain

Abuse mitigation resources

Discussion guides

Information on abuse deterrence technologies

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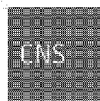
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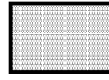
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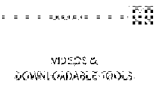
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Page Description (Limited to 150 characters including spaces)	Pain Matters provides a list of common terms and definitions used in the pain community.
Page Key Words	Pain, chronic pain, Pain Matters, pain community, definition



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# Glossary

**AAP Management:** American Academy of Pain Management

**AAPMed:** American Academy of Pain Medicine

**AANP:** American Association of Nurse Practitioners

**AAPA:** American Academy of Physician Assistants

**Abuse Deterrence Technology:** The introduction of limits or barriers in a drug formulation that are designed to make abuse or product manipulation less attractive or more difficult.

**ACPA:** American Chronic Pain Association

**Alcohol-Induced Dose Dumping:** Alcohol-induced dose dumping, or the associated intake of alcoholic beverages together with oral controlled-release opioid formulations, may result in an uncontrolled and immediate drug release.<sup>1</sup>

**Appropriate Disposal:** Prescription drugs may be disposed of through community sponsored take-back programs. If not available, environmentally friendly disposal should be undertaken per Office of Drug Control National Policy recommendations.<sup>1</sup>

**Appropriate Storage:** Keep medicines hidden or locked to avoid access by family or friends. Never share opioids with others.<sup>1</sup>

**Appropriate Use:** Take medications only as prescribed, and make sure you understand the risks. Gain awareness of inappropriate use and take precautions to avoid mistakes.<sup>1-3</sup>

**APS:** American Pain Society

**ASPNM:** American Society for Pain Management Nursing

**Aversion:** It is defined by the Food & Drug Administration as "substances can be combined to produce an unpleasant effect if the dosage form is manipulated prior to ingestion or if a higher dosage than directed is used."<sup>1</sup>

**Chronic Pain:** It is defined by the International Association for the Study of Pain as "a persistent pain that is not amenable, as a rule, to treatments based upon specific remedies or to the routine methods of pain control."<sup>1</sup>

**DEA:** Drug Enforcement Administration

**Diversion:** According to the CDC, drug diversion is when prescription medicines are obtained or used illegally.<sup>1</sup>

**Dose Dumping:** Dose dumping is the rapid release of the entire dose of a drug in a shorter time frame than intended.<sup>1</sup>

**ER Opioids:** Extended release opioids

**Extractability & Solubility Studies:** Extractability and solubility studies assess the ease of opioid extraction from the intact and manipulated product, compared with extraction from comparator product(s) in similar states using commonly available solvents.<sup>1</sup>

**FDA:** Food & Drug Administration

**HCP:** Healthcare Professional

**In Vitro Study:** Refers to a study which examines and utilizes a whole, living organism in its natural form.

**In Vivo Study:** Refers to a study which utilizes partial organisms outside of the living body (like in a test tube).

**IR Opioids:** Immediate release Opioids

**Misuse:** Using the prescription drug for a reason other than for which it was prescribed.<sup>1</sup>

**ONS:** Oncology Nursing Society

**Opioid Antagonist:** An opioid antagonist can be added to interfere with, reduce, or defeat the euphoria (or high) associated with abuse. For example, a drug may be formulated such that the antagonist is not clinically active when swallowed but becomes active if the product is abused in its original form, such as being crushed, injected, or snorted.<sup>1</sup>

**Opioid Risk Evaluation & Mitigation Strategies:** The FDA requires a risk evaluation and mitigation strategy (REMS) program. The program is designed to make available training for healthcare professionals who prescribe opioid analgesics on proper prescribing practices. This program provides educational materials to prescribers and patients on the appropriate use of these pain medications.<sup>1</sup>

**PCPC:** Pain Care for Primary Care

**Physical & Chemical Barriers:** Physical and chemical barriers can change the physical form of a oral drug, making it less responsive to abuse. Physical barriers can prevent chewing, crushing, cutting, grating, or grinding and chemical barriers resist extraction of the opioid using common solvents like water, alcohol, or other organic solvents.<sup>1</sup>

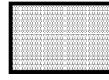
**Prescription Drug Abuse:** Prescription drug abuse is broadly defined as the intentional use of a medication without a prescription, in a way other than as prescribed, or for the experience or feeling it causes.<sup>1</sup>

**Prescription Drug Monitoring Programs:** Prescription Drug Monitoring Programs (PDMPs) are in place in several states to detect and reduce the risk of diversion and abuse of prescription drugs at the retail level. These state programs allow for the collection and analysis of prescription data.<sup>1</sup>

**SAMHSA:** Substance Abuse and Mental Health Services Administration



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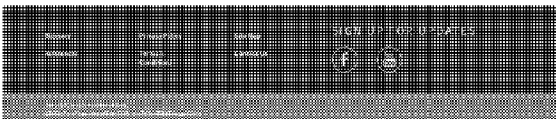


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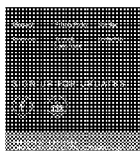


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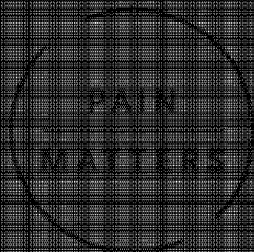


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
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 Pain Matters is a comprehensive resource dedicated to providing information and support for the management of chronic pain and opioid abuse deterrence.

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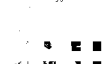
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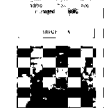
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Pain  
Prescriptive  
Community



Pain Matters  
Community



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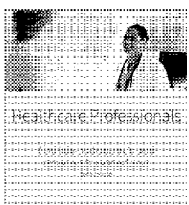
Pain Matters was developed by Teva Pharmaceuticals to offer practical information and resources for healthcare professionals and people affected by chronic pain as they navigate the complex and sometimes painful care landscape. Pain Matters also provides insight into the lives of people affected by pain, healthcare professionals, and community advocates on a variety of pain topics. The site's variety of resources is designed to give everyone a chance to bring to light the impact of chronic pain on those who live with it, and those who treat it. The website includes tailored content for healthcare professionals treating pain and people who are affected by pain.

### Information for Healthcare Professionals in pain care:

- Evidence-based, comprehensive pain management
- Information on safe opioid use
- Educational resources and courses
- Emerging shared decision-making
- Practice tools to assist your patients and your practice
- Medical education and continuing education

### Support for people and families affected by chronic pain:

- Information to help you take an active role in your own pain management plan
- Actionable resources and advice on living with pain
- Pathways for getting more information and relief of all government agencies
- Interactive tools, such as the Virtual Pain Coach, that assist
- Support for help you get the best possible experience







# Be the Voice that Inspires Change

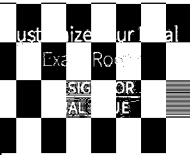
## ESNIIR

### EXPERIENCE SURVEILLANCE IN THE ROOM



According to recent research, both people affected by pain and healthcare professionals treating them feel that the current survey is not as useful as it could be. We want to ensure that the updated version of the survey is more meaningful and relevant to your experience. We will be conducting a series of focus groups and surveys to address the topic and identify ways to improve the survey. Your input will be critical to the success of this project. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>24</sup>

Sign up to be a part of the study. We will be conducting focus groups and surveys to help us understand the current room experience and identify ways to help and assist the community. We will be conducting focus groups and surveys to help us understand the current room experience and identify ways to help and assist the community. We will be conducting focus groups and surveys to help us understand the current room experience and identify ways to help and assist the community.



1. Customize your ideal room by selecting:
- Color
  - Lighting
  - Furniture
  - Flooring
  - Acoustic source (see more)
- Valuable

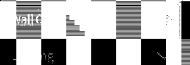


Share your insights to help us create a more open, practical and comfortable pain management environment under the 'Resources' tab.

**Don't forget to Save and Submit your expert perspective!**

Your experience may be showcased to highlight the community's perspective.

Start | Wall Color



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First Name | Last Name | Email Address | Submit



# Be the Voice that Inspires Change

## DESIGN FOR DIALOGUE



According to recent research, both people affected by pain and healthcare professionals find it difficult to have conversations about pain in an exam room. The pressure to open up about the impact of pain on everyday life in an unfamiliar environment and discuss the risks of abuse and misuse associated with opioid medications may contribute to the feelings of discomfort. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>28</sup>

Design for Dialogue is an initiative intended to allow the pain community to rethink the exam room experience and design a space to help address the uncomfortable nature of these complex issues. What would the ideal doctor's office exam room look like to make your visit most comfortable?

### Customize Your Ideal Exam Room

#### DESIGN FOR DIALOGUE

1. Choose your preferred wall color

It is widely agreed upon that the color of the walls in a room can greatly affect the mood of its occupants.<sup>29</sup> What is the right color for you for creating a comfortable place to talk about pain?

Choose your preferred wall color out of the following swatches:

<b>Classic</b> Light Blue	<b>Modern</b> Light Green	<b>Modern</b> Blue
<b>Water</b>	<b>Nature</b> Green	<b>Neutral</b>

2. Choose your preferred desk

3. Choose your preferred chair

4. Choose your preferred lighting

DESIGN FOR DIALOGUE

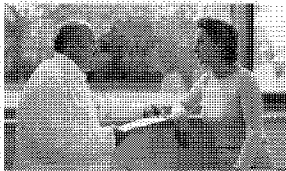
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Carelessly Engaged™

OUR MISSION

# Be the Voice that Inspires Change DESIGN FOR DIALOGUE



According to more research, both people affected by pain and healthcare professionals reporting pain feel that work room conversations can be uncomfortable.<sup>26</sup> The pressure to open up about the impact of pain on everyday life in an unfamiliar environment and discuss the risks of abuse and misuse associated with opioid medications may contribute to the feelings of discomfort. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>26</sup>

Design for Dialogue is an initiative intended to allow the pain community to rethink the exam room experience and design space to help address the uncomfortable nature of those complex issues. What would the ideal doctor's office exam room look like to make you feel more comfortable?

## Customize Your Ideal Exam Room

### DESIGN FOR DIALOGUE

Configure your preferences

Workstation

Lighting

Simple adjustments to lighting have been shown to affect productivity, mood and stress levels.<sup>26</sup> What lighting would you prefer in your ideal exam room?

**Choose your preferred lighting** out of the following available:

<p><b>Table Lamp</b></p>	<p><b>Floor Lamp</b></p>	<p><b>Ceiling Light-Fixture</b></p>
<p><b>Bright LED Lighting</b></p>	<p><b>Fluorescent Lighting</b></p>	<p><b>Natural Light</b></p>

[Choose Your Preferences](#)

Lighting

Workstation

Decorations

Workstation  
Decorations  
Lighting

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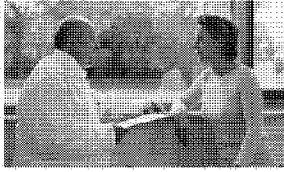
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## Be the Voice that Inspires Change

# DESIGN FOR DIALOGUE



According to recent research, both people affected by pain and healthcare professionals treating pain feel that exam room environments can be uncomfortable.<sup>27</sup> The pressure to open up about the impact of pain on everyday life to an unfamiliar healthcare provider and discuss the risks of abuse and misuse associated with opioid medications may contribute to the feelings of discomfort. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>28</sup>

Design for Dialogue is an initiative intended to allow the pain community to rethink the exam room experience and design a space to help address the uncomfortable nature of these complex issues. What would the ideal doctor's office exam room look like to make you feel most comfortable?

### Customize Your Ideal Exam Room

## DESIGN FOR DIALOGUE

**Chair**  
 **Table**  
 **Lighting**  
 **Decorative**

Therefore, specifically the shape, can elicit a fastest emotional response from observers.<sup>29</sup> What furniture design would make you feel most comfortable?

**Choose your preferred furniture out of the following sketches:**

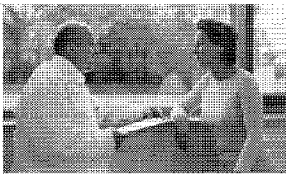
<b>Modern Couch</b> 	<b>Couch Chair</b> 	<b>Modern Armchair</b> 
<b>Classic Armchair</b> 	<b>Coffee Table &amp; Chairs</b> 	<b>Reclining Chair</b> 

**Round**  
 **Rectangular**



Community Engagement | EPP 84832

# Be the Voice that Inspires Change DESIGN FOR DIALOGUE



According to recent research, pain people affected by pain and healthcare professionals treating pain feel that exam room conversations can be uncomfortable.<sup>27</sup> The pressure to open up about the impact of pain on everyday life in an unfamiliar environment and discuss the risks of abuse and misuse associated with a pain medication may contribute to the feelings of discomfort. Research shows that simple changes to the physical healthcare environment can affect people's mood and behavior.<sup>28</sup>

Design for Dialogue is an initiative intended to allow the pain community to rethink the exam room experience and design a space to help address the uncomfortable nature of these complex issues. This was the ideal doctor's office exam room. It's like to make you feel most comfortable.

### Customize Your Ideal Exam Room

#### DESIGN FOR DIALOGUE

Pain Doctor  
 Health Coach  
 Educator  
 Researcher

Flooring:

Flooring has been noted to affect the immediate judgment of space.<sup>29</sup> What flooring do you prefer?

Choose your preferred flooring out of the following categories:

Big Tile	Small Tile	Carpet
Dark Hardwood	Light Hardwood	Laminum

Researcher  
 Health Coach  
 Educator  
 Pain Doctor

Researcher  
 Health Coach  
 Educator  
 Pain Doctor

STOP UP FOR UPDATES

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Executive Summary 21 | Short

# Be the Voice that Inspires Change DESIGN FOR DIALOGUE



Addressing unmet needs, both needs affected by pain and needs people experience living with that pain, requires conversations can be uncomfortable. The pressure to find the right solution is often too high. We need to find ways to create a safe space for these conversations to take place. Design for Dialogue is a tool that helps you create a safe space for these conversations to take place. It's a tool that helps you create a safe space for these conversations to take place.

Design for Dialogue is a tool that is intended to allow the design team to help address the unmet needs of the people who are affected by pain. It is a tool that helps you create a safe space for these conversations to take place. It's a tool that helps you create a safe space for these conversations to take place.

**Design for Dialogue**  
PAIN MATTERS  
DESIGN FOR DIALOGUE  
FORM

---

**DESCRIPTION**

Design for Dialogue is a tool that is intended to allow the design team to help address the unmet needs of the people who are affected by pain. It is a tool that helps you create a safe space for these conversations to take place. It's a tool that helps you create a safe space for these conversations to take place.

**What resources would help facilitate recommendations?**

<p><b>For Healthcare Professionals</b></p> <p>1. Local Pain Society (PAIN SOCIETY)</p>	<p><b>For Healthcare Professionals</b></p> <p>1. Local Pain Society (PAIN SOCIETY)</p>
<p><b>For People affected by Pain</b></p> <p>1. Local Pain Society (PAIN SOCIETY)</p>	<p><b>For People affected by Pain</b></p> <p>1. Local Pain Society (PAIN SOCIETY)</p>

---

**Additional information**

Date: \_\_\_\_\_  
 File Name: \_\_\_\_\_

For more information, visit our pain, family and community resources page at [www.painmatters.org](#)

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Family member  
 Physician  
 Other healthcare professional  
 Other

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# Be the Voice that Inspires Change DESIGN FOR DIALOGUE



According to recent research, many people affected by joint or muscle pain do not seek help until the pain becomes unbearable. The reason is often that they are not aware of the many options available to them. Design for Dialogue helps you create a user experience that empowers people to seek help when they need it.

Design for Dialogue is a flexible, scalable solution that can be used to create a user experience that empowers people to seek help when they need it. It is a user-centered design approach that focuses on the user's needs and wants, and it is designed to be used by people who are affected by joint or muscle pain.

**Customize Your Ideal Exam Room**

**DESIGN FOR DIALOGUE**

What features are most important to you?

**For Healthcare Professionals**

**For People Affected by Pain**

What features are most important to you?

**For Healthcare Professionals**

**For People Affected by Pain**

Tell us a little more about you

How often do you visit a healthcare professional?

What is your profession?

What is your gender?

What is your age group?

What is your education level?

What is your income level?

What is your marital status?

What is your race/ethnicity?

What is your preferred language?

What is your preferred communication method?

What is your preferred time of day to visit a healthcare professional?

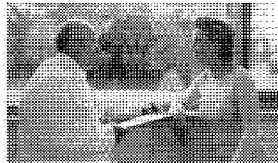
What is your preferred time of day to visit a healthcare professional?

AL	Alabama
AK	Alaska
AZ	Arizona
AR	Arkansas
CA	California
CO	Colorado
CT	Connecticut
DC	District of Columbia
DE	Delaware
FL	Florida
GA	Georgia
HI	Hawaii
ID	Idaho
IL	Illinois
IN	Indiana
IA	Iowa
KS	Kansas
KY	Kentucky
LA	Louisiana
MA	Massachusetts
MD	Maryland
ME	Maine
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MN	Minnesota
MO	Missouri
MS	Mississippi
MT	Montana
NC	North Carolina
ND	North Dakota
NH	New Hampshire
NJ	New Jersey
NM	New Mexico
NV	Nevada
NY	New York
OH	Ohio
OK	Oklahoma
OR	Oregon
PA	Pennsylvania
RI	Rhode Island
SC	South Carolina
SD	South Dakota
TN	Tennessee
TX	Texas
UT	Utah
VT	Vermont
WA	Washington
WV	West Virginia
WY	Wyoming



Community Engagement | 8/18/18

# Be the Voice that Inspires Change DESIGN FOR DIALOGUE



According to recent research, many people affected by pain and healthcare professionals treating pain feel that exam room conversations can be uncomfortable.<sup>17</sup> The pressure to open up about the impact of pain on your quality of life in an unfamiliar environment and discuss the risks of abuse and misuse associated with opioid medications may contribute to the feeling of discomfort. Research shows that simple changes to the physical health care environment can affect people's mood and behavior.<sup>18</sup>

Design for Dialogue is an initiative intended to allow the community to rethink the exam room experience and design a space to help address the uncomfortable nature of these complex issues. What would the ideal examination office exam room look like to make you feel most comfortable?

Customize Your Ideal Exam Room  
DESIGN FOR DIALOGUE

---

Thank you for sharing.

||| 100% FEELING MORE COMFORTABLE

We understand your time is precious and it's not easy to open up about the impact of living with pain and the challenges of pain management. We appreciate your time in helping to open and better inform the conversation around the effects of pain and responsible pain management.

**Encourage Others to Join the Conversation**

Members of the pain community are the experts on understanding the effects of living with pain and addressing the challenges of seeking and managing pain relief. Choose one of the simple ways below to help your friends, family, and advocates for pain relief join the conversation.

- 1. [Share this link on Facebook](#)
- 2. [Share this link on Twitter](#)
- 3. [Share this link on LinkedIn](#)

[Share this link on Email](#)

Thank you for sharing.

Small text at the bottom of the page, possibly a footer or contact information.





Pain Perspectives Community Blog

Our blog features articles, videos, and other resources to help you understand pain better.



SEPT 2016  
Setting Boundaries: Patients & Providers Work Together to Manage Pain



SEPT 2016  
You're Not Alone: Finding Support from Others Living with Pain



SEPT 2016  
Advocating for Pain Patients: Responsible Opioid Use



APR 2016  
It's an "Me" Problem: How Prescription Drug Abuse Through Appropriate Use



SEPT 2015  
Addressing Stigma: Talking to Teens in the Exam Room



JULY 2015  
2015 Service Results Addressed by AACE



JULY 2015  
On-Screening Clinical Research Studies



JUNE 2015  
One Woman's Inspiring Journey With Chronic Pain



APR 2015  
Pain Matters Documentary Clips



MAR 2015  
Welcome to Pain Perspectives Community Blog





Pain Perspectives  
Community Insights

## Welcome to Pain Perspectives

Pain Perspectives will feature various points of view from the pain community. Composed of pain specialists, general practitioners, nurses, social workers, advocacy organizations, people living with pain, and their loved ones, these individuals understand the complexities of treating pain and the daily hurdles of living with chronic pain.



By Melanie Rosenblatt, MD

As someone who has dedicated my career to what I consider to be both a human and economic crisis in America, I have witnessed first-hand the impact chronic pain can have on the lives of people living with pain and their families. I was privileged to be a part of the *Pain Matters* documentary film, produced by the Discovery Channel. The film provides real stories and inspiration through the lives of people and families affected by pain. I am pleased to be among the industry thought leaders who will provide insights related to the evolving pain care landscape and potential implications for people who live with chronic pain and those who care for them.

Pain Perspectives provides a platform for the pain community to contribute opinions about key moments, including federal and state-level regulatory changes, professional medical conferences, developments in the science of abuse deterrence technology to address the challenges of opioid abuse, and advocacy activities. This rotating series of presentations will be available in multiple formats, such as articles, Q&As, and videos. The many voices of Pain Perspectives will come together to raise awareness and deepen understanding of treating this often misunderstood condition.

Welcome to the first edition of Pain Perspectives.

— Melanie Rosenblatt, MD

Melanie Rosenblatt, MD, serves as a paid consultant for Teva Pharmaceuticals.

### RELATED STORIES

April 2018

Having the right perspective is important when choosing a pain management strategy. Start listening to people affected by chronic pain and their loved ones.

Related Content  
About Pain Matters  
Find support for navigating the complex and evolving pain care landscape.

Discover the impact of chronic pain through the lives of people with pain and their loved ones.

Learn how Teva is supporting responsible pain management.

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PainProactive  
Community Builder

## Beyond the Suffering, My Battle for Grace



### One Woman's Inspiring Journey with Chronic Pain

As a woman who has lived with the devastating effects of chronic pain for nearly 21 years, I feel blessed to share my experiences and encourage others facing similar struggles. My pain journey with chronic pain began with a minor fall in July in my right hand and wrist. I was 21 years old, but that was only the beginning. My injury had triggered the onset of chronic pain disease, Complex Regional Pain Syndrome.

Over the next 13 years, I fought to find a diagnosis and doctor, one after another, told me it was all in my head. I was left alone for a decade and unable to speak for five years while the pain spread throughout my body and attacked my vocal cords. I felt utterly alone. The lack of belief in me, and the terrible pain, was excruciating, led to feelings of anger, depression, and especially thoughts of suicide. I felt hopeless and disrespected because I was a woman. I never imagined I might someday turn my suffering into something of value.

Through the love and support of my life partner, John, I was able to let go of the negative and began to embrace myself. Finally, a diagnosis was given. I accepted suffering as an intimate part of me and, indeed, my new normal. I found a voice as a healthcare reform advocate and launched the online fellowship for women with pain. Helping women heal and make positive choices has brought meaning to my life—a physical emotion and emotional healing beyond anything I could have imagined. Now, I know how precious each moment is and on a daily basis, I experience the great reward of helping people. I wouldn't change my life for anything.

### Watch Her Story

It is my privilege to be able to share my story as part of the digital assets that are necessary, produced by the Discovery Channel. Watch the full feature to hear more about my life and the experiences of others with chronic pain. You can also subscribe to receive more stories.



**About the Author** Cynthia Toussaint  
Cynthia Toussaint is the founder and spokesperson of [PainProactive](#), an organization that promotes better care and wellness for women in pain. This award-winning Pan-Asian technology at our California Institute Hearings – one was dedicated to CRPS awareness, the second explored the gender bias and chronic under-treatment of women in pain. Her course, [Stress Therapy 101](#), is a 12-week effort at this stage will reform an unethical prescription practice used by the health insurance industry to cover many patients that it serves, the suffering of California pain patients. She is the author of [Battle for Grace: A Woman's Pain](#), published by [PainProactive.com](#). For more about the author and dealing with chronic pain, please visit [PainProactive.com](#).

Cynthia Toussaint serves as a paid consultant for Teva Pharmaceuticals.

### RELATED STORIES

**March 2015**  
[PainProactive.com: A new venue affected by chronic pain and the flood of...](#)

- Related Content**
- [About the Author: Endometriosis: How getting the 100% compliance and 99% in care is a dream](#)
- [2015: A new chapter in my life: 10 years with endometriosis: pain through the loss of my husband and the loss of my own life](#)
- [Cynthia Toussaint: A new chapter in my life: 10 years with endometriosis: pain through the loss of my husband and the loss of my own life](#)

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# The Importance of Clinical Abuse Potential (CAP) Studies

Presented by: [Name]

As a result of the 2012 FDA guidance, CAP studies are now a required component of the NME process. This presentation will discuss the importance of CAP studies and the challenges associated with conducting them.

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## What is CAP Abuse Potential (CAP)?

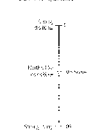
CAP is a measure of the potential for a drug to cause abuse. It is based on the drug's pharmacological properties and its potential for misuse.

As a result of the 2012 FDA guidance, CAP studies are now a required component of the NME process. This presentation will discuss the importance of CAP studies and the challenges associated with conducting them.

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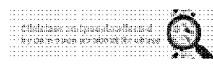
Pain Perspectives Community Magazine

# 2015 Rx Abuse Survey Results

## Physicians and People Affected by Chronic Pain Open Up About Rx Abuse

Prescription drug abuse is a serious public health problem that is having a significant impact on our society and more directly, on the relationships between people chronic by pain and their physicians. 2015 Survey results shed light on the challenges that exist in this evolving pain care landscape. How do clinicians and people with pain balance the need to talk about the impact of pain on everyday life and the risks of abuse and misuse associated with prescription opioid medications? These survey results reveal that both clinicians and people affected by chronic pain recognize their important role in helping to reduce the risk of abuse. But feel that discussing the topic can be uncomfortable. Clinicians and people with chronic pain agree that information and practical resources that help address this complex problem are greatly needed. Dig deeper into the perspectives of clinicians and people affected by pain through the survey results infographic below.

[VIEW SURVEY RESULTS INFOGRAPHIC](#)



PainMatters.com provides information and resources for physicians and people affected by pain to help mitigate the risks of abuse and misuse and is sponsoring dialogues, financial discussion guides and a variety of downloadable resources are available for health care providers in addition to a resource section specifically designed to support people affected by pain.

[ACCESS TOOLS & INFORMATION FOR HEALTHCARE PROFESSIONALS](#)

[FIND RESOURCES & SUPPORT FOR PEOPLE AFFECTED BY CHRONIC PAIN](#)

**About the Survey**  
A survey conducted on behalf of Teva in partnership with the U.S. Pain Foundation and the American Academy of Pain Management explores issues impacting the pain care landscape. The survey included 1,100 prescribing healthcare professionals and 1,000 adults with chronic pain making recommendations to manage their pain. The survey was conducted from January 21 to February 10, 2015.

**About the Author:** Bob Tillman, PhD  
Bob Tillman, Ph.D., is the Executive Director for the American Academy of Pain Management. In that capacity, Dr. Tillman is responsible for overseeing federal and state pain policy developments and advocating for those who promote an integrative approach to managing pain. He also serves as Chair of the Prescription Monitoring Program Advisory Committee for the Kansas Board of Pharmacy. Dr. Tillman received a Ph.D. in Clinical Psychology at the University of California in Los Angeles and maintains a volunteer faculty appointment as Clinical Associate Professor of Psychiatry and Behavioral Science at the University of Kansas School of Medicine in Kansas City, KS. Prior to taking his current position, Dr. Tillman was a full-time faculty member at the University of Kansas Medical Center, where he founded and directed the inpatient pain management program and was a co-founder of the hospital's Palliative Care Team. He has been actively involved in pain policy through his work with the Alliance of State Pain Initiatives and the American Pain Society for many years.

Teva Pharmaceuticals reviewed and edited this post prior to publication.

**RELATED STORIES**

- July 2015  
New Study Shows 1 in 10 Adults Have Opioid Abuse
- Richard L. Winkler, MD, oversees community-based, statewide and provides insight into the purposes and responsibility of CME studies.
- Pain and Control  
Pain is a complex phenomenon. Find a support for navigating the complex and evolving pain care landscape.
- How to Manage Chronic Pain  
Discover the impact of chronic pain through the lens of people with pain and their loved ones.
- How to Find and Use Resources  
Learn how to find and use resources to manage pain.

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# Conversions that Matter: Addressing Challenging Topics in the Exam Room



DESIGN FOR DIALOGUE

**Learn Core Concepts** The 2019-2020 academic year is a challenging one for students and faculty alike. The COVID-19 pandemic has disrupted the traditional classroom experience, and many students are struggling to keep up with their coursework. This article provides a comprehensive overview of the key concepts that students need to know to succeed in their microbiology courses.

**Michael P. Ryan, MD** is a board-certified infectious disease physician and professor of microbiology at the University of Michigan. He is also the author of several textbooks on microbiology, including *Microbiology: An Introduction* and *Microbiology: Principles and Applications*. Dr. Ryan has a long history of teaching and research in the field of infectious diseases, and he is passionate about helping students understand the importance of microbiology in public health and medicine.

**Learn** The 2019-2020 academic year is a challenging one for students and faculty alike. The COVID-19 pandemic has disrupted the traditional classroom experience, and many students are struggling to keep up with their coursework. This article provides a comprehensive overview of the key concepts that students need to know to succeed in their microbiology courses.

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- Introduction
- Chapter 1: Microbiology: An Overview
- Chapter 2: The Microbial World
- Chapter 3: Microbial Growth and Reproduction
- Chapter 4: Microbial Metabolism
- Chapter 5: Microbial Genetics and Evolution
- Chapter 6: Microbial Pathogenesis and Immunity
- Chapter 7: Microbial Control and Antimicrobial Agents
- Chapter 8: Microbial Ecology and the Environment
- Chapter 9: Microbial Biotechnology and Industry
- Chapter 10: Microbial Systematics and Taxonomy

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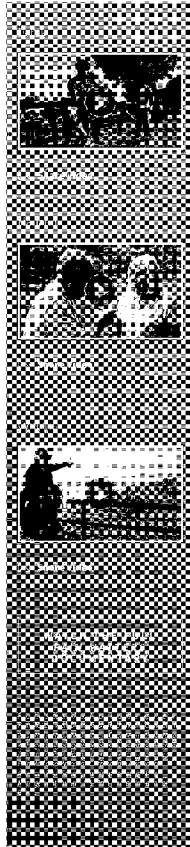


PAIN MATTERS  
Community Resource

## Living with Pain Perspectives

The Pain Matters documentary, produced by the Discovery Channel, chronicles the lives of people affected by chronic pain and their loved ones. Throughout the documentary film, participants shared personal details on how living with chronic pain has affected their ability to take part in activities and even its impact on their relationships.

Watch short clips from the documentary to understand first-hand what it is like to live with chronic pain.



### RELATED STORIES

- [Chronic Pain](#)
- [Adrienne Boudreau, MD, provides an introduction to Pain Perspectives](#)
- [The Role of a Caregiver](#)
- [Find support for navigating the complex and evolving pain care landscape](#)
- [Discover the impact of chronic pain through the lives of people with chronic pain and their loved ones](#)
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Community Engagement

SHARE VIDEO

# Pain Matters Documentary

Produced by the Discovery Channel

Pain has reached epidemic proportions in America. More than 100 million Americans live with chronic pain. The epidemic is fueled by the overuse of opioids, which have led to a crisis of addiction and overdose deaths. The Pain Matters documentary explores the impact of pain on individuals, families, and communities. It features interviews with patients, healthcare providers, and policymakers. The documentary is available on DVD and online.



REQUEST YOUR COPY OF THE PAIN MATTERS DOCUMENTARY

**SHARE VIDEO**  
Financial support, clinical input and other expertise for Pain Matters was provided by several organizations. It was produced by the Discovery Channel in collaboration with seven advocacy organizations including the American Academy of Pain Management, Global Access to Pain Medicine, American Chronic Pain Association, American Pain Society, American Society for Pain Management Nursing, U.S. Pain Foundation and the Grove.

### Next Steps

[Learn about the work we do](#)

**Related Content**

- 1** [Initiatives for Reducing Opioid Abuse](#)  
Opioid use and abuse guidance from state and federal governments
- 2** [Pain & Empowerment](#)  
Find screening tools and educational resources
- 3** [Opioid Abuse: Data-driven Technology](#)  
Advances in technology address the challenges of opioid abuse

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### Advocating for Pain Policy, Responsible Opioid Use

Introduction: The opioid crisis is a public health emergency that has reached epidemic proportions. It is a crisis that has affected millions of people and has caused the deaths of tens of thousands of people.

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# You're Not Alone: Finding Support from Others Living with Pain

Richard A. Hays, MD, MPH, and  
Lynn M. Stimpson, PhD, MPH  
Annals of Internal Medicine 2015;162(12):803-809

As you seek to manage your pain, you may find that you are not alone. Many people living with pain share your experience. Finding support from others living with pain can help you manage your pain and improve your quality of life.

There are many ways to find support from others living with pain. You can join a support group, talk to a friend or family member, or seek out online resources.

Support groups can provide a safe space for you to share your experiences and learn from others who are living with pain. They can also provide a sense of community and belonging.

Online support groups can be a convenient way to find support from others living with pain. They often provide a safe space for you to share your experiences and learn from others who are living with pain.

It is important to remember that you are not alone. Many people living with pain share your experience. Finding support from others living with pain can help you manage your pain and improve your quality of life.

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Richard A. Hays, MD, MPH

Dr. Hays is a professor of medicine and director of the Center for Health Equity Promotion and Prevention at the University of Michigan. He is also a senior advisor to the Michigan Health Care Transformation Office.

Dr. Stimpson is an associate professor of psychology and director of the Center for Health Equity Promotion and Prevention at the University of Michigan. She is also a senior advisor to the Michigan Health Care Transformation Office.

There are many ways to find support from others living with pain. You can join a support group, talk to a friend or family member, or seek out online resources.

Table with 2 columns: Author, Title, and Journal. Contains information about the authors and the article.

Sign up for updates section with social media icons for Facebook, Twitter, and LinkedIn.



# Going from Patient to Person: How I Live Fully With Pain

When you live with chronic pain, it can be a constant reminder of the things you can't do. It can be a constant reminder of the things you can't do. It can be a constant reminder of the things you can't do.

But there is one thing you can do. You can choose to live with it. You can choose to live with it. You can choose to live with it.

It's not about the pain. It's about the person. It's about the person. It's about the person. It's about the person.

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Continuity of Care | PAIN

# Teva Pharmaceuticals and Pain Management

At Teva Pharmaceuticals, we understand that chronic pain affects more than 100 million Americans. It can greatly affect people's quality of life and their ability to participate in daily tasks.



## Our Commitment to Pain Care

Teva is committed to supporting responsible pain management that means the best of people living with pain and healthcare professionals treating pain. With a diverse pipeline and pipeline, we are working to help advance treatments in pain management. Prescription opioid medications are an important part of a treatment plan for many people living with chronic pain, but we know that they carry a potential for abuse and misuse. Teva is committed to addressing the serious problems of chronic pain and prescription drug abuse.

As part of our ongoing commitment to support healthcare professionals and patients dealing with chronic pain, we are also using an innovative abuse-deterrent technology platform to address the challenges of opioid abuse and misuse.

To learn more about Teva and our commitment, visit us online at [PainMatters.com](http://PainMatters.com)



## Community Collaboration

As a company, Teva takes this commitment beyond its products, leading education and abuse-mitigation efforts. We're also working to develop educational resources and partner with a variety of stakeholders in the complex care care environment. Teva is focused on keeping patients' needs at the center of all we do.

[VIEW CALENDAR](#)

## The Alliance to Prevent the Abuse of Medicines

In 2013, Teva became one of several leading industry stakeholders, including the American Pharmaceutical Association, CBO, Consumer Care, Cardinal Health, HealthCare Distribution, Management Association, PAIN, Prescription, Pharmaceutical Industry, and Teva, dedicated to developing collaborative solutions aimed to address prescription drug abuse. This non-profit partnership includes companies from all angles of the prescription drug supply chain—from manufacturers, to distributors and pharmacies to physicians.

[LEARN MORE](#)

## Next Steps

- Responsible Content**  
Learn more about responsible content. [Watch the Pain Matters](#) documentary to learn about the impact of chronic pain.
- Health & Resources**  
Use these tools and resources to learn more about responsible opioid use.
- Education & Research**  
Learn more about the latest in technology, best practices, and guidelines on preventing opioid abuse through technology.

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### Main Community Events Calendar

A complete listing of events...  
...for the community...

#### SEPTEMBER 2017

SEPTEMBER 18, 2017  
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SEPTEMBER 25, 2017  
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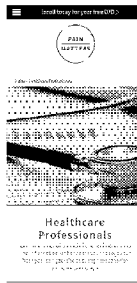
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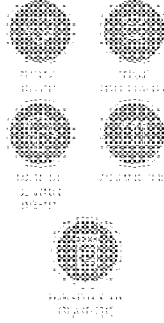


Healthcare Professionals 073-9960

# A Multidisciplinary Approach to Managing Chronic Pain

“While there are a variety of options available to treat chronic pain, it usually cannot be cured, only managed.” “There isn't one right way to treat pain.”

## Approaches to Pain Management:



## Managing Chronic Pain

“The pain experience is individual. Chronic pain is defined by the International Association for the Study of Pain as “a persistent pain that is not clearly related to tissue damage or to treatment-based upon specific remedies or to the routine methods of pain control.” It’s a serious medical condition that may greatly affect people leaving them unable to work, maintain relationships, or participate in daily tasks.”

Chronic pain can affect anyone. The Institute of Medicine estimated that 100 million American adults are impacted by chronic pain, which includes people who reported having “severe pain, moderate pain, joint pain, arthritis, or functional limitations.”

## The Role of Opioids in Chronic Pain Management

“Prescription pain medications, such as opioids, may be an appropriate treatment option for people whose chronic pain is not adequately managed by other methods.” Opioids are an important option for the treatment of certain types of chronic pain.”

### Next Steps

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Healthcare Professionals

# Understanding Opioid Abuse & Misuse

More than 12 million people reported using prescription pain medications nonmedically in 2010.<sup>1</sup> That number increased to 16.5 million in 2013. The abuse and misuse of prescription pain medications is responsible for more than 4.5 billion emergency department visits in 2010, a number that nearly doubled in just five years.<sup>2</sup> Further, opioid overdoses in part caused by the abuse of prescription painkillers<sup>3</sup>

## Opioid Abuse

**Abuse is a nonmedical use of a drug, repeatedly, or even sporadically, for the positive psychoactive effects it produces.**<sup>4,5</sup>

The most common form of opioid abuse is swallowing a number of intact pills but this can be done in a number of ways. While this is the most common form of abuse, opioid analgesics can be abused in a number of ways:<sup>6</sup>

- Swallowed whole
- Crushed and swallowed
- Crushed and inhaled
- Crushed and injected
- Crushed, dissolved, and injected



Injection of crushed pills into the bloodstream is a common form of abuse.

Alcohol-induced dose dumping, or the associated intake of a alcoholic beverage together with a oral controlled-release dosage form that results in an uncontrolled and immediate drug release.<sup>7</sup>

## Opioid Misuse

**Misuse is using the prescription drug for a reason other than for which it was prescribed.**<sup>8,9</sup> The key differentiator between the drug being used for an intentional high, so it is labeled "misuse" rather than "abuse." Misuse can also take many forms, for example:<sup>10</sup>

- Using a drug for a different condition than for which it was prescribed
- Taking more than the prescribed amount of the drug
- Using a drug not prescribed for them by their healthcare provider

## Next Steps

For more information, visit our free handbook.

Related Content

- 1) [How to Recognize Opioid Abuse: Watch the New World's Opioid Epidemic Take Shape](#)
- 2) [Opioid Abuse: A New Epidemic](#)
- 3) [Pain Prescription: How to Stay Safe](#)
- 4) [The Opioid Epidemic: A New Challenge for Healthcare Providers](#)

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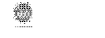
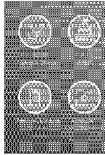
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# A Multifaceted Approach to Opioid Abuse Deterrence

## Key Stakeholders Are Making Strides to Mitigate Risk

An effort to reduce the number of opioid-related deaths is underway in the state of Michigan. The Michigan Department of Health and Human Services (MDHHS) is leading a multifaceted approach to opioid abuse deterrence, involving a variety of stakeholders including law enforcement, healthcare providers, and the community.



### Healthcare Providers: Training and Education

One of the key components of the multifaceted approach is providing training and education to healthcare providers. This includes information on recognizing signs of opioid abuse and appropriate use of medications.

- Providing training and education to healthcare providers on recognizing signs of opioid abuse and appropriate use of medications.
- Encouraging healthcare providers to use prescription drug monitoring programs (PDMPs) to track patients' medication use.
- Promoting the use of naloxone, a life-saving medication that can reverse the effects of an opioid overdose.



### Understanding Appropriate Use of Medications

Understanding the appropriate use of medications is crucial for preventing opioid abuse. Healthcare providers should be trained to prescribe opioids only when necessary and to use the lowest effective dose for the shortest duration possible. Patients should be educated on the risks of opioid use and the importance of taking medications exactly as prescribed.

Patients who are prescribed opioids should be encouraged to use pain management alternatives, such as physical therapy, acupuncture, and cognitive behavioral therapy.



### Police and Program Provide Guidance

Law enforcement agencies and community-based organizations are providing guidance to patients and healthcare providers. This includes information on recognizing signs of opioid abuse and the importance of seeking help if needed.



### Community Organizations Offer Opioid Support

Community organizations are offering support to patients and healthcare providers. This includes providing information on local resources, such as support groups and counseling services.



### Pharmaceutical Industry Drives Opioid Technology

The pharmaceutical industry is driving the development of new technologies to reduce opioid abuse. This includes the development of non-addictive pain relievers and the use of digital technologies to monitor medication use.

### Next Steps

Stakeholder	Key Action
Healthcare Providers	Receive training and education on recognizing signs of opioid abuse and appropriate use of medications.
Law Enforcement	Provide guidance to patients and healthcare providers on recognizing signs of opioid abuse.
Community Organizations	Offer support to patients and healthcare providers, including information on local resources.
Pharmaceutical Industry	Develop new technologies to reduce opioid abuse, such as non-addictive pain relievers and digital monitoring tools.



# Racial Abuse Mitigation Programs & Policies

## The Role of Systemic Racism in Racial Abuse

Systemic racism is a form of racism that is embedded in the institutions and policies of a society, resulting in unequal treatment and outcomes for people of different racial and ethnic groups.

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## Prevention Programs (PREV)

Prevention programs are designed to address the root causes of racial abuse and to create a more equitable and inclusive environment for all people.

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## Disrupting Racist Systems

Disrupting racist systems involves identifying and challenging the structures and policies that perpetuate racial inequality and abuse.

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Disrupting racist systems is a complex and ongoing process that requires the active participation of all people in society.

## RBI Evaluation of Prevention Programs (REV)

The RBI Evaluation of Prevention Programs (REV) is a tool used to assess the effectiveness of prevention programs in reducing racial abuse.

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## Program Goals and Objectives

- **Program Goals and Objectives** are the specific outcomes that the prevention program aims to achieve.
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## Elements to Ensure Safety

- **Elements to Ensure Safety** are the key components that contribute to a safe and equitable environment.
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## Implementation Strategy

- **Implementation Strategy** outlines the steps and resources needed to put the prevention program into practice.
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## Measurement and Evaluation

- **Measurement and Evaluation** involves tracking progress and assessing the impact of the prevention program.
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## Next Steps

- **Next Steps** include identifying the next actions to be taken to advance the prevention program.
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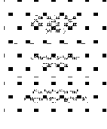


U.S. Environmental Protection Agency

# Open Access Meditation Program Policies

## The Role of Zen and Mindfulness

The role of Zen and mindfulness in the Open Access Meditation Program is to provide a foundation for the practice of meditation.



## How to Practice Mindfulness

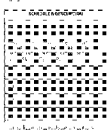
Mindfulness is a form of meditation that involves paying attention to the present moment without judgment.

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## What is Zen?

Zen is a form of Buddhism that emphasizes meditation and mindfulness. It is a path of self-discovery and enlightenment.



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## Open Access Meditation Program

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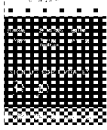
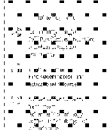
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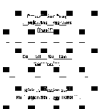




# OpSID Abuse Mitigation and Rollback

## Threat Intelligence

Threat Intelligence is the ability to identify and understand potential threats to an organization's information systems.



## Operational Security

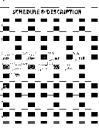
Operational Security (OpSec) is the process of identifying, classifying, and controlling information that could be exploited by an adversary to compromise an organization's operations.

- Identify sensitive information
- Classify information based on sensitivity
- Control information to prevent unauthorized access
- Monitor and report on information security



## Incident Response

Incident Response (IR) is the process of detecting, analyzing, and responding to a security incident. The goal is to minimize damage and restore normal operations as quickly as possible.



The IR process is a continuous cycle that involves identifying, analyzing, and responding to security incidents. It is a critical component of an organization's overall security strategy.

## Why OpSID? Why Now?

OpSID is a critical component of an organization's overall security strategy. It is a process that involves identifying, classifying, and controlling information that could be exploited by an adversary to compromise an organization's operations.

## Operational Security

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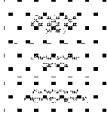


U.S. Environmental Protection Agency

# Open Access Meditation Program Protocol

## The Role of Zen in the Meditation Program

The role of Zen in the meditation program is to provide a framework for understanding the practice of meditation and its relationship to the Buddhist tradition.



## How to Practice Zen Meditation

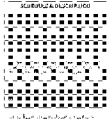
Practicing Zen meditation involves a series of steps that are designed to help you develop a deep understanding of the practice and its relationship to the Buddhist tradition.

- Find a quiet place to practice.
- Sit in a comfortable position.
- Close your eyes and focus on your breath.
- When your mind wanders, gently bring it back to your breath.
- Practice for 10-15 minutes each day.



## What to Expect from the Program

The program is designed to help you develop a deep understanding of the practice of meditation and its relationship to the Buddhist tradition. You will learn about the history of Zen and how it is practiced today.



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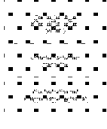


U.S. Environmental Protection Agency

### Opinion on Mediterranean Pesticides Policy

#### The Role of the Mediterranean Policy

The Mediterranean Policy is a key element of the Agency's international strategy. It provides a framework for the Agency's work in the region and is a critical component of the Agency's overall mission.



#### Key Elements of the Mediterranean Policy

The Mediterranean Policy is based on the following key elements:

- Promote the use of pesticides in a safe and effective manner.
- Support the development of a strong regulatory framework.
- Encourage the use of integrated pest management (IPM) practices.
- Provide technical assistance and training to regulatory officials.
- Foster cooperation and information exchange between the Agency and its partners in the region.



#### Opportunities for Mediterranean Policy

The Mediterranean Policy offers a number of opportunities for the Agency to advance its mission in the region. These opportunities include:

- Promoting the use of pesticides in a safe and effective manner.
- Supporting the development of a strong regulatory framework.
- Encouraging the use of integrated pest management (IPM) practices.
- Providing technical assistance and training to regulatory officials.
- Fostering cooperation and information exchange between the Agency and its partners in the region.

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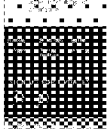
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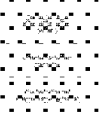




# Open Access Meditation Program Pilot

## The Role of Zen in Mindfulness Meditation

...the role of Zen in mindfulness meditation...



## How to Practice Mindfulness Meditation

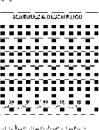
...how to practice mindfulness meditation...

- Mindfulness meditation is a form of meditation that involves paying attention to the present moment without judgment.
- Mindfulness meditation can be practiced in a variety of ways, including sitting meditation, walking meditation, and transcendental meditation.
- Mindfulness meditation has been shown to have a variety of benefits, including reduced stress, improved focus, and increased self-awareness.



## Benefits of Mindfulness Meditation

...benefits of mindfulness meditation...



...benefits of mindfulness meditation...

## Open Access Meditation Program (OMP)

...open access meditation program...

- Open Access Meditation Program (OMP) is a free, online program that provides access to a variety of mindfulness meditation resources.
- OMP includes guided meditations, audio recordings, and written materials.
- OMP is available in multiple languages and is accessible to people of all ages and abilities.

## What is the Role of Mindfulness Meditation?

...role of mindfulness meditation...

- Mindfulness meditation is a form of meditation that involves paying attention to the present moment without judgment.
- Mindfulness meditation can be practiced in a variety of ways, including sitting meditation, walking meditation, and transcendental meditation.
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## How to Practice Mindfulness Meditation

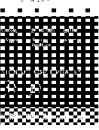
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## Benefits of Mindfulness Meditation

...benefits of mindfulness meditation...

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# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2013, the FDA issued a guidance document to assist the pharmaceutical industry to develop new formulations of opioid drug products with potentially a higher percent of abuse-deterrent technologies developed to date are designed to make:

- Abuse-deterrent formulations
- Abuse-deterrent formulations

Click on a deterrence category below to learn more

- Abuse-deterrent formulations
- Abuse-deterrent formulations
- Abuse-deterrent formulations
- Abuse-deterrent formulations
- Abuse-deterrent formulations
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- Abuse-deterrent formulations

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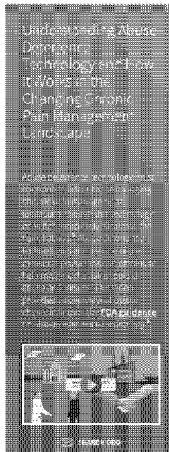
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# Understanding Abuse: Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2018, the FDA issued a guidance document to advise the pharmaceutical industry to develop new formulations of controlled substances with potentially abuse-deterrent properties. Most abuse-deterrence technologies developed to date are designed to make

- Break down into inactive parts
- Abuse of the inactive parts

Click on a deterrence category below to learn more

**PHYSICAL & CHEMICAL MODIFIERS**

**Physical & Chemical Modifiers**

Physical and chemical modifiers are designed to make the drug more difficult to abuse. These modifiers can be used in a variety of ways, including:

- Physical modifiers: These modifiers are designed to make the drug more difficult to crush, chew, or dissolve.
- Chemical modifiers: These modifiers are designed to make the drug more difficult to inject or snort.

Learn more about physical and chemical modifiers.

**Next Steps**

Learn more about physical and chemical modifiers.

**Next Steps**

Learn more about physical and chemical modifiers.

1. **Physical & Chemical Modifiers**  
Physical and chemical modifiers are designed to make the drug more difficult to abuse. These modifiers can be used in a variety of ways, including:

2. **Abuse Deterrence Technology**  
Abuse deterrence technology is designed to make the drug more difficult to abuse. This technology can be used in a variety of ways, including:

3. **Next Steps**  
Learn more about physical and chemical modifiers.

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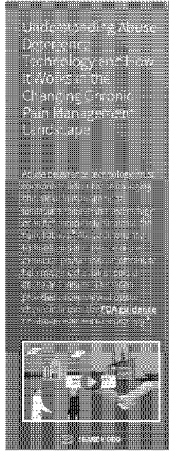
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# Understanding Abuse: Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2018, the FDA issued a guidance document to advise the pharmaceutical industry to develop new formulations of existing drug products with potentially abuse-deterrent properties. Most abuse-deterrence technologies developed to date are designed to make

- Break down into inactive ingredients
- Abuse of the inactive ingredients

Click on a deterrence category below to learn more

**Abuse Deterrence Technology**

**Formulations**

**Physical Abuse Deterrence**

**Chemical Abuse Deterrence**

**Other Abuse Deterrence**

**Next Steps**

**Resources**

**Webinars**

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**Case Studies**

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**Other**

**Next Steps**

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Understanding the abuse-deterrent formulations and the abuse-deterrent technologies that are used to deter abuse.
2. **Formulations**  
The science of drug formulation and the role of abuse-deterrence technology in drug formulation.
3. **Regulatory**  
The FDA's guidance on abuse-deterrence technology and the regulatory requirements for drug products.

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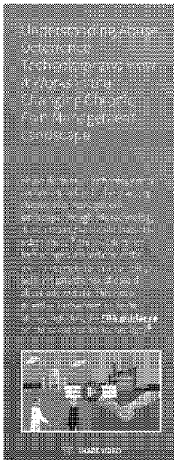
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# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology: Formulations Target Known Routes of Abuse

In April 2015, the FDA issued a guidance document to assist the pharmaceutical industry to develop new formulations of controlled substances with inherently abuse-deterrence properties. Abuse-deterrence technologies developed to date are designed to make:

- Abuse-deterrence formulations
- Abuse-deterrence formulations

**Click on a deterrence category below to learn more.**

### PHYSICAL BARRIERS

#### PHYSICAL BARRIERS

#### ABSTRACTS

Abstracts of the presentations from the 2015 Abuse Deterrence Summit, including the keynote address by Dr. Robert M. Waymouth, FDA Commissioner, and the presentations by industry and academia.

### PHYSICAL BARRIERS

#### PHYSICAL BARRIERS

#### PHYSICAL BARRIERS

#### PHYSICAL BARRIERS

### Next Steps

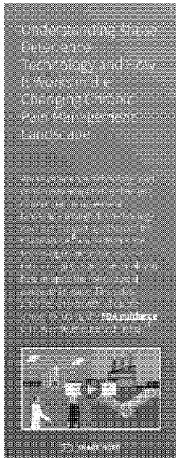
Go to [www.fda.gov/oc/2015/04/2015-abuse-deterrence-summit](#)





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# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2015, the European Agency for the Evaluation of Medicinal Products announced the development of new formulations of opioid drug products with potent abuse-deterrent properties. These abuse-deterrence technologies, developed to guard against misuse:

- Target multiple routes of abuse
- Block of known related product attributes of misuse

Click for a detailed catalog before the conference

INVESTING IN YOUR ABUSE PREVENTION

ABUSE PREVENTION

ABUSE PREVENTION

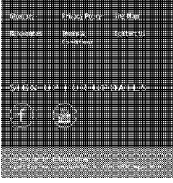
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ABUSE PREVENTION

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ABUSE PREVENTION

- Next Steps**
1. **Identify Abuse Routes**
  2. **Identify Abuse Routes**
  3. **Identify Abuse Routes**
  4. **Identify Abuse Routes**





# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In April 2016, the FDA issued a guidance document to assist the pharmaceutical industry in developing new formulations of opioid drug products with potentially abuse-deterrent properties that also deterrence technologies developed to date are designed to deter:

- Inhalation via snorting
- Injection of the formulation product for intravenous use

Other abuse-deterrence strategies include:

### PHYSICAL CHEMICAL BARRIERS

### OPPIOID RECEPTOR ANTAGONISM

### FORMULATION

### PHYSICAL CHEMICAL BARRIERS

Physical chemical barriers are designed to prevent the abuse of a drug product by making it difficult to tamper with or alter the formulation. These barriers can include the use of physical barriers, such as tamper-resistant packaging, and chemical barriers, such as the use of bittering agents or the inclusion of inactive ingredients that are difficult to extract.

### OPPIOID RECEPTOR ANTAGONISM

### FORMULATION

### Next Steps

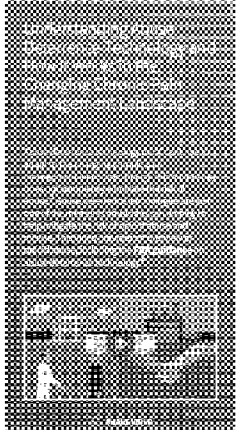
Developing and testing new formulations

The pharmaceutical industry is working to develop new formulations of opioid drug products with potentially abuse-deterrent properties. This includes the use of physical chemical barriers, opioid receptor antagonism, and formulation changes. The industry is also working to improve the safety and efficacy of these formulations.





# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In Q4 2020, the FDA issued a guidance regarding the development of abuse-deterrence formulations. The guidance generally states that abuse-deterrence technologies developed to date are designed to meet:

- Routes of abuse that are most common and most harmful

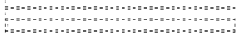
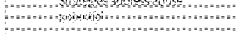
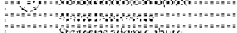
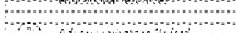
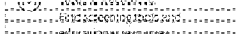
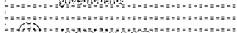
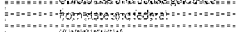
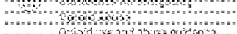
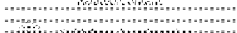
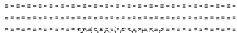
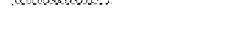
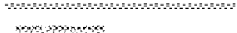
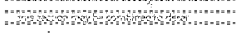
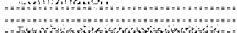
Click on a deterrence category below to learn more

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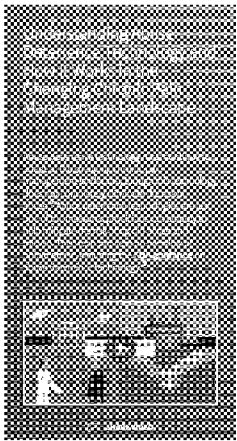
PHARMACEUTICALS







# Understanding Abuse Deterrence Technology



## Abuse Deterrence Technology Formulations Target Known Routes of Abuse

In previous reports, the FBI has discussed the importance of understanding the planned and unplanned ways in which users may interact with digital products to identify potential abuse and deterrence opportunities. This abuse deterrence technology formulation is designed to make:

- Product manipulation more difficult
- Abuse of the multiplatform product less seamless

Click on a reference category below to learn more

Abuse Deterrence Technology

Abuse Deterrence Technology

Abuse Deterrence Technology

Abuse Deterrence Technology

Abuse Deterrence Technology

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## Next Steps

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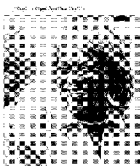
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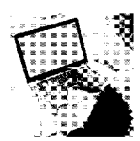
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Discover how many people are affected by pain and how it affects their lives. Learn about the impact of pain on the economy and the healthcare system.

### About Chronic Pain

Learn about the prevalence of chronic pain and how it affects the lives of millions of people.

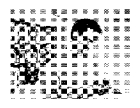
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### Managing Your Pain

Learn about different ways to manage your pain and how to work with your healthcare provider.

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### Prescription Opioid Medicines

Learn about the risks of prescription opioid medicines and how to use them safely.

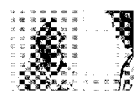
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### Opioid Use, Storage, & Disposal

Learn about the proper use, storage, and disposal of opioid medicines.

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People Affected by Pain

# Understanding Chronic Pain



## Chronic and Acute Pain

Pain is a serious medical condition that can impact anyone at any time. Pain that lasts only for a short period of time is called acute pain; it's a normal feeling that typically alerts us to a possible injury.<sup>1</sup> Chronic pain is very different. Chronic pain is often defined as any pain that lasts for 12 weeks or longer.<sup>2</sup> According to the Institute of Medicine, chronic pain is estimated to affect approximately 100 million American adults.<sup>3</sup>

Chronic pain may be caused by an initial injury or there may be an ongoing cause, like a medical illness.<sup>4</sup> But for some people, there may also be no clear cause.<sup>5</sup> Other health problems, such as fatigue, sleep disturbance, decreased appetite, and mood changes, often accompany chronic pain.<sup>6</sup> Chronic pain may affect people's ability to participate in daily tasks.<sup>7</sup>

### Next Steps

[Go to Managing Your Chronic Pain >](#)

### Related Content

- [Understanding Chronic Pain](#)  
Watch the *Pain Matters* documentary to learn about the impact of chronic pain.
- [Managing Your Chronic Pain](#)  
Work with your doctor to find the pain care plan that is right for you.
- [Support for Living With Chronic Pain](#)  
Links to advocacy and support groups for people with pain.

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# Finding the Right Chronic Pain Care Plan for You



## Working with Your Doctor

How chronic pain is experienced is unique to every person. There is no test that measures how chronic pain feels or exactly where it is located. So your doctor will rely on you to tell him or her how the pain feels, how often you experience the pain, and where exactly it hurts. Describing pain as sharp or dull, constant or on-and-off, burning, or aching gives the best clues to the cause of the pain. These descriptions are part of what is called the pain history. Your healthcare team will usually start your appointment by discussing your pain so they understand your pain history.

## A Pain Treatment Team

Since chronic pain may occur in a variety of locations in the body and for many different reasons, it is important for you to work with your doctor to identify the causes, symptoms, of your pain to find the treatment plan that works for you. The best treatment plans are tailored to each individual person with input from healthcare team members. It may be helpful to work with several healthcare professionals who have different training backgrounds and an understanding of chronic pain. The person in pain and his or her loved ones must also be actively involved in the treatment plan.

## Types of Chronic Pain Management

The overall goal of chronic pain management is to reduce the pain to help people return to daily living. While there are a variety of options available to treat chronic pain, it usually cannot be completely managed. A variety of options exist for you and your pain care team to create the treatment plan that is right for you. These options include:

- Psychotherapy
- Medication
- Massage therapy
- Behavior modification
- Acupuncture
- Electrical stimulation
- Heat therapy
- Surgery
- Medicines (opioid, nonopioid, antidepressant, anti-inflammatory drugs, topical medicines, spinal procedures)

### Next Steps

What do you plan to do next?

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- 1. [How to Talk to Your Doctor](#)
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People Affected by Pain 100+ Years

# Appropriate Prescription Opioid Medication Use, Storage & Disposal

## Using Prescription Opioid Medicines Appropriately

Following guidelines on appropriate use, storage, and disposal of your prescription opioid medications is important. Prescription drug abuse is a serious public health issue. Remember, the person who has prescription opioid medication isn't always the only one who is at risk for abuse.



### Use<sup>14</sup>

- Take medication exactly as prescribed
- Be aware of risks
- Understand inappropriate use
- Never give prescription medication to anyone else



### Storage<sup>14,15</sup>

- Hide or lock up opioid medications to avoid access by family, friends, or houseguests
- Keep medications in their original packaging still in clear for whom the medication is prescribed and to save the directions for appropriate use



### Disposal<sup>15</sup>

- Opioids may be disposed of through community, state, or take-back programs
- If none are more available to your area, follow the Office of Drug Control's National Policy recommendations for household use of unused opioids
- Learn more about appropriate disposal and treatment of prescription opioid medication. Many communities offer drop-off take-back days to make proper prescription drug disposal easy

### Next Steps

Do you have more questions?

**Protect Yourself**

- **Recognize the Signs and Symptoms of Opioid Abuse**  
Watch the signs and symptoms of opioid abuse to learn about the impact of their pain.
- **Resources for Opioid Abuse**  
Look for advocacy and support groups for people with pain.
- **Prevention and Treatment of Abuse**  
The Role of Prescription Drug Abuse and Injuries

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### Videos and Downloadable Tools

Tools that help you better understand how both healthcare professionals and people affected by pain manage their everyday pain.



### Healthcare Professionals

Access tools here to help guide your conversations with people affected by pain, download forms for assessing pain levels, learn about advancements in abuse detection technology and more.

LEARN MORE



### People Affected by Pain

Find resources to help you learn more about chronic pain and have productive conversations with your healthcare professional.

DISCOVER TOOLS



### Pharmacy Professionals

Tools and Guidelines for Pharmacy Professionals Dispensing Prescription Medications to Treat Pain.

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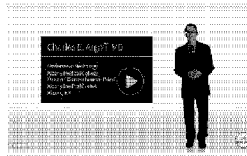








# Addressing Opioid Abuse: A Multifaceted Approach



Share Video



**About the Presenter:**  
Charles E. Argoff, MD

Charles E. Argoff, MD, is Professor of Neurology at Albany Medical College and Director of the Comprehensive Pain Center at Albany Medical Center in New York. Dr. Argoff is a member of the American Academy of Neurology, the International Association for the Study of Pain, the American Academy of Pain Medicine, and the American Pain Society, among other professional organizations. He is the President of the American Academy of Pain Medicine Foundation Board.

Charles E. Argoff, MD, serves as a paid consultant for Teva Pharmaceuticals.

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**Developing Abuse-Deterrent Opioids**

*Michael Brennan, MD*  
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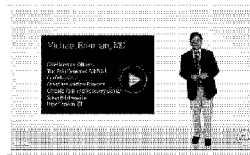
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# Evolving Roles Same Goals Developing Abuse-Deterrent Opioids



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**About the Presenter:**  
Michael J. Brennan, MD

Michael J. Brennan, MD, is Senior Attending Physician at Bridgeport Hospital and Assistant Clinical Attending Physician at St. Vincent's Hospital in Bridgeport, CT. In addition, he has a private practice in physical medicine and rehabilitation that specializes in the diagnosis and management of acute and chronic pain syndromes, electrodiagnosis, and cancer-related disabilities.

Michael J. Brennan, MD, serves as a paid consultant for Teva Pharmaceuticals.

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# Putting Patients First Video Presentation



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**About the Presenter:**  
Charles E. Argoff, MD

Charles E. Argoff, MD, is Professor of Neurology at Albany Medical College and Director of the

Comprehensive Pain Center at Albany Medical Center in New York. Dr. Argoff is a member of the American Academy of Neurology, the International Association for the Study of Pain, the American Academy of Pain Medicine, and the American Pain Society, among other professional organizations. He is the President of the American Academy of Pain Medicine Foundation Board.



**About the Presenter:**  
Michael J. Brennan, MD

Michael J. Brennan, MD, is Senior Attending Physician at Bridgeport Hospital and

Assistant Clinical Attending Physician at St. Vincent's Hospital in Bridgeport, CT. In addition, he has a private practice in physical medicine and rehabilitation that specializes in the diagnosis and management of acute and chronic pain syndromes, electrodiagnosis, and cancer-related disabilities.

Charles E. Argoff, MD and Michael J. Brennan, MD, serve as paid consultants for Teva Pharmaceuticals.

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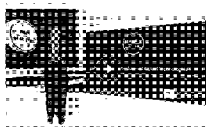
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# Understanding Abuse-Deterrent Opioid Technology Clinical Presentation



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### About the Presenter

Joseph P. Malinza, MD

Dr. Joseph Malinza received his medical degree from the State University of New York Health Science Center

at Syracuse and completed his residency in physical medicine and rehabilitation at the University of Medicine and Dentistry of New Jersey-New Jersey Medical School. He also earned a Master's of Science (M.S.) in Chemical Engineering from The Cooper Union in New York City. Dr. Malinza is a board certified physical medicine and rehabilitation with additional subspecialty certification in pain medicine. As a specialist in pain management, he treats individuals with a wide range of pain issues, including complex regional pain syndrome, nociceptive musculoskeletal disorders, and spinal cord injury.



### About the Presenter

Gregory L. Hamoulet, PhD

Dr. Gregory L. Hamoulet earned his Doctor of Pharmacy degree from the University of Washington in Seattle

and has been a practicing clinical pain management and palliative care physician for over 20 years. In addition to being the Director/Chief of Palliative Care at Oregon Health Division, Dr. Hamoulet currently provides direct patient care and consultative services for the chronic non-cancer pain and hospice teams at Grady Health in Seattle.

Joseph P. Malinza, MD and Gregory L. Hamoulet, PhD serve as paid consultants for Teva Pharmaceuticals

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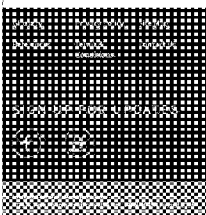
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### Putting Patients First: Video Presentation

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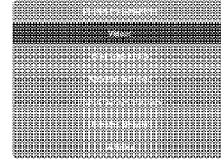




# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools, research, and news that grows your understanding of the existing pain care landscape and to share with your patients.

### Explore the resources below



Short videos exploring responsible opioid use, individual case histories, and the evolving science of interventional technology.



Therapies, opioids, OTC painkillers, knowledge, or "knowing" someone is prone to drug abuse.

- Pain Matters: The Conversation
- Pain Matters: The Conversation
- Pain Matters: The Conversation



Watch this clip for further discussion on how you have the most effective pain.



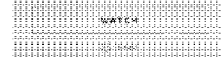
With an introduction video about Pain Matters and



The Advances offer an overview of the evolving science of interventional therapies.



The Individualized Patient Care Approach to pain management is a more effective, safe, and affordable.

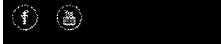


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# Tools & Resources for Healthcare Professionals

Using the right resources can help recognize risk, identify all people affected by your work, support disease management, set goals, and help grow your vision when you're taking pain care initiatives on to serve your patients.

### Explore the resources below

**1. Assess your organization's current patient care**

Learn how to assess your organization's current patient care and identify areas for improvement.

**VIEW THIS RESOURCE**

### Diagnose to plan to support your pain assessment

**2. Assess the quality of current patient care**

Learn how to assess the quality of current patient care and identify areas for improvement.

**VIEW THIS RESOURCE**

**3. Build a patient-centered care team**

Learn how to build a patient-centered care team that includes all stakeholders.

**VIEW THIS RESOURCE**

**4. Develop a patient-centered care plan**

Learn how to develop a patient-centered care plan that addresses the needs of your patients.

**VIEW THIS RESOURCE**

**5. Implement a patient-centered care plan**

Learn how to implement a patient-centered care plan that addresses the needs of your patients.

**VIEW THIS RESOURCE**

**6. Monitor and evaluate patient-centered care**

Learn how to monitor and evaluate patient-centered care to ensure it is meeting the needs of your patients.

**VIEW THIS RESOURCE**

**7. Track and report on patient-centered care**

Learn how to track and report on patient-centered care to ensure it is meeting the needs of your patients.

**VIEW THIS RESOURCE**

**8. Engage patients in their care**

Learn how to engage patients in their care to ensure they are active participants in their treatment.

**VIEW THIS RESOURCE**

**9. Address barriers to patient-centered care**

Learn how to address barriers to patient-centered care to ensure it is meeting the needs of your patients.

**VIEW THIS RESOURCE**

**10. Promote a patient-centered care culture**

Learn how to promote a patient-centered care culture that prioritizes the needs of your patients.

**VIEW THIS RESOURCE**

**11. Develop a patient-centered care strategy**

Learn how to develop a patient-centered care strategy that addresses the needs of your patients.

**VIEW THIS RESOURCE**

**12. Implement a patient-centered care strategy**

Learn how to implement a patient-centered care strategy that addresses the needs of your patients.

**VIEW THIS RESOURCE**

**13. Monitor and evaluate patient-centered care strategy**

Learn how to monitor and evaluate patient-centered care strategy to ensure it is meeting the needs of your patients.

**VIEW THIS RESOURCE**

**14. Track and report on patient-centered care strategy**

Learn how to track and report on patient-centered care strategy to ensure it is meeting the needs of your patients.

**VIEW THIS RESOURCE**

**15. Engage patients in their care strategy**

Learn how to engage patients in their care strategy to ensure they are active participants in their treatment.

**VIEW THIS RESOURCE**

**16. Address barriers to patient-centered care strategy**

Learn how to address barriers to patient-centered care strategy to ensure it is meeting the needs of your patients.

**VIEW THIS RESOURCE**

**17. Promote a patient-centered care strategy culture**

Learn how to promote a patient-centered care strategy culture that prioritizes the needs of your patients.

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**18. Develop a patient-centered care strategy plan**

Learn how to develop a patient-centered care strategy plan that addresses the needs of your patients.

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**19. Implement a patient-centered care strategy plan**

Learn how to implement a patient-centered care strategy plan that addresses the needs of your patients.

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Explore these related resources:

Location:  City:

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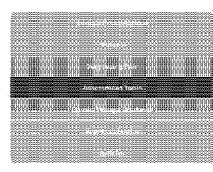
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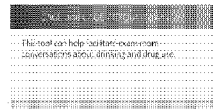
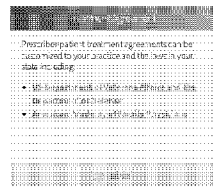
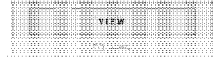
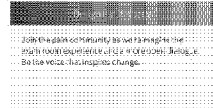
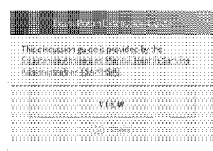
# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

### Explore the resources below



Resources to support dialogue around responsible pain management, and mitigate the risk of opioid abuse.



Next Steps  
See also: [Pain Management Tools](#)

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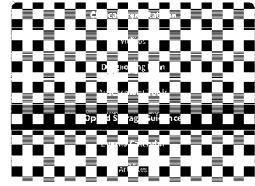


Tools & Resources

# Tools & Resources for Healthcare Professionals

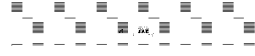
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### Explore the resources below

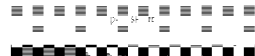


#### Resources outlining responsible use, storage and disposal guidelines for opioid medications

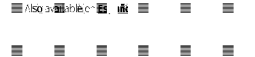
The [FDA's](#) [opioid analgesic drug information](#) provides guidance on the responsible use of opioid medications.



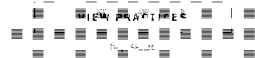
Four [opioid use resources](#) from the US Department of Health and Human Services and the Department of Justice, in partnership with the American Academy of Pain Medicine.



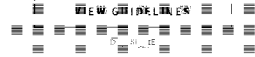
Find [opioid disposal](#) information on proper disposal of prescription and over-the-counter.



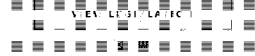
The American Academy of Pain Medicine offers eight safety practices for providers and patients.



The [Centers for Disease Control and Prevention](#) provides guidelines for prescribing opioids for chronic pain.



The [State Pain Policy Advisory Network \(SPPAN\)](#) tracks pain policy at the federal and state level.



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Tools and Resources

# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

### Explore the resources below



Connect with professional pain care associations and find upcoming medical meetings.

**Professional Events Calendar**  
Keep track of professional meetings and events throughout 2016.



- Professional Pain Care Organizations**
- The American Academy of Pain Medicine
  - The American Association of Pain Management
  - The American Pain Society
  - Center for Health Access and Promotion Research
  - Alliance for Patient Education
  - The American Society for Pain Management Nursing

### Support & Advocacy Organizations

- Several national organizations are dedicated to supporting people living with chronic pain and their families.
- American Chronic Pain Association
  - U.S. Pain Foundation
  - Pain Action Alliance

### Next Steps

[Go to People Affected by Pain >](#)

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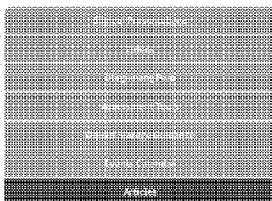




# Tools & Resources for Healthcare Professionals

Having the right resources can help foster productive dialogue with people affected by pain and support responsible pain management. Find tools here to help grow your understanding of the evolving pain care landscape and to share with your patients.

### Explore the resources below



Find FDA guidance, recent publications, and insights from pain community experts.

**Guidance on Abuse- and Deterrence-Related Technologies**

FDA 2014 guidance to guide the evaluation and labeling of opioid analgesic products with potential abuse/deterrence properties.

**VIEW**

**Pain Matters**

On MedicineNews.com, articles detail abuse-deterrence technology and the FDA guidance:

- Abuse-deterrence (AD) technologies: Abuse-deterrence
- Abuse-deterrence (AD) technologies: Abuse-deterrence
- Abuse-deterrence (AD) technologies: Abuse-deterrence

**VIEW**

**Pain Matters**

Real insights and perspectives on today's complex pain management landscape from members of the pain community.

**VIEW**

**Pain Matters**

Hosted by Paul Chirba, MD, this weekly radio show on SiriusXM Family Talk-E!L provides information on pain management.

**VIEW**

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resources | enigma | PAIN MATTERS

# Community Resources for People Affected by Chronic Pain

Finding a pain care plan that's right for you starts by working with your doctor. In most cases, you need to reduce the risk of prescription medication use and misuse.

### Explore the resources below



Short videos explore responsible opioid use and real stories from people affected by chronic pain and their families.



This new video sheds light on how people struggle to responsibly use their prescription medications.

- ▶ [Watch the video on YouTube](#)
- ▶ [Download the video on YouTube](#)
- ▶ [Download the video on YouTube](#)



Watch a short video from the documentary "Take the Lead" as a part of a news piece.



Watch an interview with an expert on the subject.



This video from the American Cancer Society discusses how people use their medications effectively.



This video from the American Cancer Society discusses how people use their medications effectively.



This video from the American Cancer Society discusses how people use their medications effectively.



This video from the American Cancer Society discusses how people use their medications effectively.



This video from the American Cancer Society discusses how people use their medications effectively.

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# Community Resources for People Affected by Chronic Pain

Living with chronic pain can be a challenge. We have compiled a list of community resources to help you find support and information. Please take a moment to explore these resources and let us know what you think.

## Location of the resources below

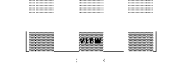


For more information, please contact your local support group or visit our website at [www.painmatters.org](http://www.painmatters.org).

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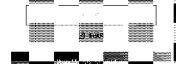
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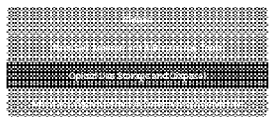
For more information, please contact your local support group or visit our website at [www.painmatters.org](http://www.painmatters.org).



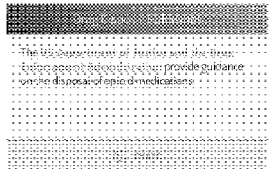
# Community Resources for People Affected by Chronic Pain

Finding a pain care plan that is right for you starts by working with your doctor. Find tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.

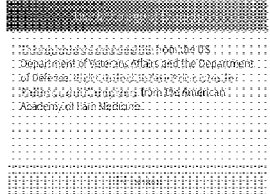
### Explore the resources below



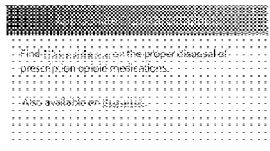
Helpful guidelines for responsible use, storage and disposal of prescription pain medicines.



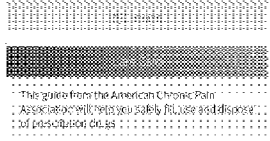
The U.S. Department of Health and Human Services provides guidance on the responsible use, storage and disposal of prescription pain medicines.



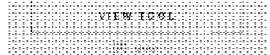
The U.S. Department of Veterans Affairs and the Department of Defense provide guidance on the responsible use, storage and disposal of prescription pain medicines.



Find out more about the safe use and disposal of prescription pain medicines.



The guide from the American Chronic Pain Association will help you safely store and dispose of prescription drugs.



### Next Steps

Get the most out of your DVD

- Watch the DVD. Watch the DVD to learn about the impact of chronic pain.
- Use the tools. Use these tools and downloads to learn about what prescriptions to avoid.
- Appropriate use, storage and disposal guidelines for your prescriptions.





## Community Resources for People Affected by Chronic Pain

Finding a pain care plan that is right for you starts by working with your doctor and tools and resources to help you get the information you need to reduce the risk of prescription medicine abuse and misuse.

### Explore the resources below

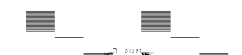


Find support groups and community resources for people affected by pain.

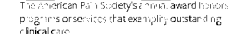


Several national organizations are dedicated to supporting people living with chronic pain in their communities.

- [American Pain Society](#)
- [Pain Alliance](#)



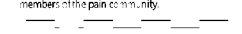
The American Pain Society's award honors programs or services that exemplify outstanding clinical care.



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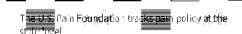
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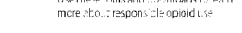
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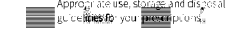
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Underlining of Pain: Watch the [Pain Matters](#) documentary to learn about the impact of chronic pain.



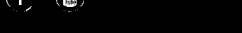
Use this [Pain Matters](#) and [Pain Matters](#) to learn more about responsible use.



Appropriate use, storage, and disposal guidelines for your [prescriptions](#).



Appropriate use, storage, and disposal guidelines for your [prescriptions](#).



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Appropriate use, storage, and disposal guidelines for your [prescriptions](#).

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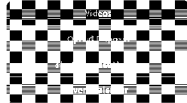


Tools and Guidelines for Pharmacists

# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid misuse and abuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

### Explore the resources below

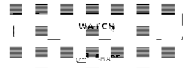


Short Films explore the possible opioid use and real stories from people and their families who are affected by chronic pain.



This new video sheds light on how people know (or don't know) why can't hurt so much and why.

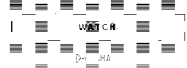
- [Pain Matters](#)
- [Pain Matters](#)



Watch short clips from the documentary to understand first hand what it's like to live with chronic pain.



Watch an introductory video about PainMatters.com



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# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

### Explore the resources below



Resources to help determine the safety and appropriateness of opioid prescriptions for chronic pain in order to prevent abuse and misuse.

**Opioid Calculator**

This tool from Practical Pain Management calculates appropriate opioid doses different patients.

[VIEW CALCULATOR](#)

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**OpioidCalc App**

This free app from the New York City Department of Mental Health and Hygiene calculates a patient's risk of overdose based on their opioid prescription.

- Download for Android
- Download for iOS

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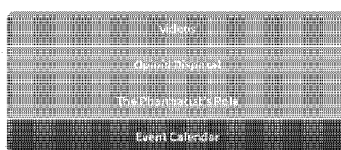
Tools and Resources



# Tools and Guidelines for Pharmacists Filling Prescriptions for Chronic Pain

Filling prescriptions allows you to play a vital role in both effective pain management and the prevention of opioid abuse and misuse. Find tools here to help understand the appropriate use of opioids and advocate for their proper use and disposal.

### Explore the resources below



Connect with professional pain management organizations and find upcoming medical and pharmaceutical meetings.

**Professional Events Calendar**

Keep track of professional meetings and events throughout 2017.

**VISIT CALENDAR**

Go to class

**Professional Pain Care Organizations**

There are many organizations dedicated to providing ongoing education, programs, and resources for healthcare professionals and people living with chronic pain.

- The American Academy of Pain Medicine
- The American Academy of Pain Management
- The American Osteopathic Association
- Center for Lawful Access and Abuse Deterrence
- Alliance for Patient Access
- The American Society for Pain Management Nursing

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# Register for News & Updates

By registering to be a part of the Pain Matters community, you'll be receiving news, information updates, and the latest resources right in your inbox. Sign up today

\* Denotes a required field

First Name\*

Last Name\*

Email\*

Confirm Email\*

Are you a person living with chronic pain, family member, healthcare professional, or other?

- I am a Healthcare Professional
- Yes, I'd like to receive a complimentary DVD of the *Pain Matters* documentary.

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 Your privacy is important to us and the information you provide will be handled in accordance with our privacy notice.

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Are you a person living with chronic pain, family member, healthcare professional, or other?

- Person living with chronic pain
- Family member
- Physician
- Other healthcare professional
- Other

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**\* Denotes required field**

First Name\*

Last Name\*

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Confirm Email\*

Are you a person living with chronic pain, family member, healthcare professional, or clinician?  
 No  
 **Professional**

I am a Healthcare Professional

Yes, I'd like to receive a complimentary first of the Pain Matters e-newsletter.

If the value of the DVD is less than \$50.00, accordance with applicable laws, Teva may be required to publicly report this amount along with your name. Please confirm you still wish to receive a copy of the DVD.

Street Address\*

City\*

State\*

Zip\*

### Privacy Statement

Your privacy is important to us and the information you provide will be managed in accordance with our privacy policy.

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# Register for News & Updates

By registering to be a part of the Pat's Matters community, you'll be receiving news, information, updates, and the latest research right in your inbox. [Sign up \(PDF\)](#)

\* Denotes a required field

First Name\*

Last Name

Email\*

Confirm Email\*

Are you a person doing with clinical, public health, or other, healthcare professions, or others?

Yes, I am a healthcare professional

No, I like to receive a complimentary copy of the Pat's Matters e-newsletter.

The value of the EPO is less than \$50. In accordance with applicable laws, I agree not to disclose or publicly report the amount along with your name.

Street Address\*

City\*

State\*

Select State

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- DC
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- FL
- GA
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# Thank You for Registering for Updates from Pain Matters

You're now signed up to receive helpful information from time to time that will be delivered right to your inbox. Teva Pharmaceuticals is dedicated to providing ongoing support, information, and resources for healthcare professionals, and patients living with pain.

Thank you for using our website.

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Name  EMAIL

# Order Your Copy of the *Pain Matters* Documentary

Thank you for your interest in receiving a DVD copy of the *Pain Matters* documentary. Please provide your contact information to receive your copy by mail.

\* Denotes a required field

First Name\*

Last Name\*

Email\*

Confirm Email\*

Are you a person living with chronic pain, family member, healthcare professional, or other?\*

Yes, I'm a healthcare professional.

Yes, I'd like to receive a complimentary DVD of the *Pain Matters* documentary.

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Your privacy is important to us and the information you provide will be handled in accordance with our privacy notice.

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# Your copy of the *Pain Matters* documentary is on the way.

You should expect to receive your copy of the *Pain Matters* documentary in the mail. You will also receive helpful information from time to time that will be delivered right in your inbox as new resources become available online.

Teva Pharmaceuticals is dedicated to providing ongoing support, information, and resources for healthcare professionals and people living with the burden of pain.

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Name (Last, First, Middle) \_\_\_\_\_

# Download Your Copy of the Clinical Presentation On the Evolving Science of Abuse Deterrence Technology

Thank you for your interest in downloading this clinical presentation. Please provide your contact information to begin your download.

\*Denotes required field

First Name\*

Last Name\*

Email

Confirm Email\*

Are you a person living with chronic/ persistent pain? Are you a healthcare professional, or other?

Person living with chronic pain

I am a Healthcare Professional

Yes, I'd like to receive a complimentary DVD of the Pain Matters documentary.

**Privacy Statement**  
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I understand that the information I provide may be used by Teva and its business partners for marketing purposes, and I may be used to provide me with information about Teva's products and educational materials that may be of interest to me, and to develop future products, services, and programs.

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# Thank You for Downloading Your Copy of a Clinical Presentation on the Evolving Science of Abuse Deterrence Technology

You will also receive helpful information from time to time that will be delivered right to your inbox as new resources become available online.

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# Share Your Thoughts With Us!

As a leader in the pain community, we understand that you are an expert on the complexities and challenges of living with pain. We are interested in hearing your thoughts and feedback on how we can continue to create information and resources to support the pain community. Please provide your contact information and more about your thoughts below.

\*Denotes a required field

First Name\*

Last Name\*

Email\*

Company Email\*

Are you a person living with chronic pain, or is this for another healthcare professional or provider?

Person living with chronic pain

I am a healthcare professional

Yes, I'd like to receive a complimentary DVD of the webinar as a memento.

We're interested in your feedback! What additional resources and information could Pain Matters provide?

Diagnostic resources (e.g. brochures)

Self-assessment tools for people affected by pain

Discussion guides

Multidisciplinary treatment approaches

Multilingual language capabilities

Information on local centers of excellence

### Privacy Statement

Your privacy is important to us and the information you provide will be handled in accordance with our privacy policy.

Please read the following paragraph carefully and check the box.

I understand that my information will be used for the following purposes: to provide personalized services, to provide support and resources, to provide educational materials that may be of interest to me, and to develop future products, services, and programs.

I confirm that I am 18 years of age or older and I understand the terms of the Privacy Policy. I understand that I may also withdraw my consent from receiving emails later.

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# Thank You for Sharing Your Insights

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## Glossary

- AAP Management System**: A system of management.
- AAPM**: American Academy of Pain Medicine.
- AAHP**: American Association of Hospice Professionals.
- AAPM**: American Academy of Pain Medicine.
- Abuse Detection Technology**: The identification of... (text is partially obscured)
- ACM**: American Council on Education.
- Alcohol-Induced, Dose-Dependent**: Alcohol-induced... (text is partially obscured)
- Appropriate Disposal**: The proper disposal of... (text is partially obscured)
- Appropriate Storage**: The proper storage of... (text is partially obscured)
- Appropriate Use**: The proper use of... (text is partially obscured)
- APSA**: American Pain Society.
- APSN**: American Society of Pain Management Nursing.
- Assessment**: The process of... (text is partially obscured)
- Chronic Pain**: The persistent... (text is partially obscured)
- CDL**: Drug-Induced... (text is partially obscured)
- Controlled Substance**: A drug... (text is partially obscured)
- Drug Dumping**: The... (text is partially obscured)
- Drug Disposal**: The... (text is partially obscured)
- Effectiveness & Reliability Studies**: Studies... (text is partially obscured)
- FBI**: Federal Bureau of Investigation.
- HCP**: Health Care Professional.
- In Vivo Study**: A study... (text is partially obscured)
- In Vitro Study**: A study... (text is partially obscured)
- IR Database**: The... (text is partially obscured)
- Monitor Drug Dispensing**: The... (text is partially obscured)
- ODS**: Opioid Dose Setting Society.
- Opioid Antagonists**: Drugs... (text is partially obscured)
- Opioid Risk Evaluation & Mitigation Strategies**: The... (text is partially obscured)
- PDMP**: Prescription Drug Monitoring Program.
- Physical & Chemical Barriers**: Barriers... (text is partially obscured)
- Prescription Drug Abuse**: The... (text is partially obscured)
- Prescription Drug Monitoring Programs**: Programs... (text is partially obscured)
- SAHMCA**: Substance Abuse and Mental Health Services Administration.

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**Please take me off the list to receive the following materials:**

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## Video Tags

**Title:** Pain Matters Documentary

**Description:** The Discovery Channel Documentary, *Pain Matters*, explores the realities of chronic pain through the eyes of individuals who live with it and their loved ones, as well as perspectives from leading national experts in pain management.

**Tags:** Pain Matters, chronic pain, pain management, living with pain, Discovery Channel, responsible pain management

**Title:** Pain Matters: Ms. Generous

**Description:** The “Don’t Think It Matters?” video series sheds light on how people knowingly or unknowingly contribute to prescription drug diversion, abuse, and misuse.

**Tags:** Pain Matters, pain management, pain medication, responsible pain management, medication storage, medication disposal

**Title:** Pain Matters: The Collector

**Description:** The “Don’t Think It Matters?” video series sheds light on how people knowingly or unknowingly contribute to prescription drug diversion, abuse, and misuse.

**Tags:** Pain Matters, pain management, pain medication, responsible pain management, medication storage, medication disposal

**Title:** Pain Matters: Girls Night Out

**Description:** The “Don’t Think It Matters?” video series sheds light on how people knowingly or unknowingly contribute to prescription drug diversion, abuse, and misuse.

**Tags:** Pain Matters, pain management, pain medication, responsible pain management, medication storage, medication disposal

**Title:** Pain Matters Documentary Film Clips

**Description:** Watch short clips from The Discovery Channel documentary, *Pain Matters*, to understand first-hand what it is like to live with chronic pain.

**Tags:** Pain Matters, chronic pain, pain management, living with pain, Discovery Channel, responsible pain management

**Title:** Introducing Pain Matters

**Description:** Watch an introductory video about PainMatters.com, a website developed by Teva Pharmaceuticals to offer practical information and resources for healthcare professionals and people affected by chronic pain as they navigate the evolving and complex pain care landscape.

**Tags:** Pain Matters, Teva, health care professionals, chronic pain, affected by chronic pain, pain perspectives, living with pain, pain care

**Title:** Abuse Deterrence Technology Video

**Description:** This video provides an overview of the evolving science of abuse deterrence technology.

**Tags:** Pain Matters, Abuse Deterrence Technology, chronic pain management, chronic pain, opioid abuse, opioid misuse, FDA Guidance