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2  
3 **Actiq®**

4 (oral transmucosal fentanyl citrate)

5 CII

6  
7 **PHYSICIANS AND OTHER HEALTHCARE PROVIDERS**  
8 **MUST BECOME FAMILIAR WITH THE IMPORTANT**  
9 **WARNINGS IN THIS LABEL.**

10  
11 *Actiq* is indicated only for the management of breakthrough  
12 cancer pain in patients with malignancies who are already  
13 receiving and who are tolerant to opioid therapy for their  
14 underlying persistent cancer pain. Patients considered opioid tolerant  
15 are those who are taking at least 60 mg morphine/day, 50 µg transdermal  
16 fentanyl/hour, or an equianalgesic dose of another opioid for a week or  
17 longer.

18  
19 Because life-threatening hypoventilation could occur at any dose in  
20 patients not taking chronic opiates, *Actiq* is contraindicated in the  
21 management of acute or postoperative pain. This product **must not** be  
22 used in opioid non-tolerant patients.

23  
24 *Actiq* is intended to be used only in the care of cancer patients and only  
25 by oncologists and pain specialists who are knowledgeable of and skilled  
26 in the use of Schedule II opioids to treat cancer pain.

27  
28 **Patients and their caregivers must be instructed that *Actiq* contains**  
29 **a medicine in an amount which can be fatal to a child. Patients and**  
30 **their caregivers must be instructed to keep all units out of the reach**  
31 **of children and to discard opened units properly. (See Information**  
32 **for Patients and Their Caregivers for disposal instructions.)**

33  
34  
35  
36 **WARNING: May be habit forming**

37  
38  
39 **DESCRIPTION**

40 *Actiq* (oral transmucosal fentanyl citrate) is a solid formulation of  
41 fentanyl citrate, a potent opioid analgesic, intended for oral transmucosal  
42 administration. *Actiq* is formulated as a white to off-white solid drug  
43 matrix on a handle that is radiopaque and is fracture resistant (ABS  
44 plastic) under normal conditions when used as directed.

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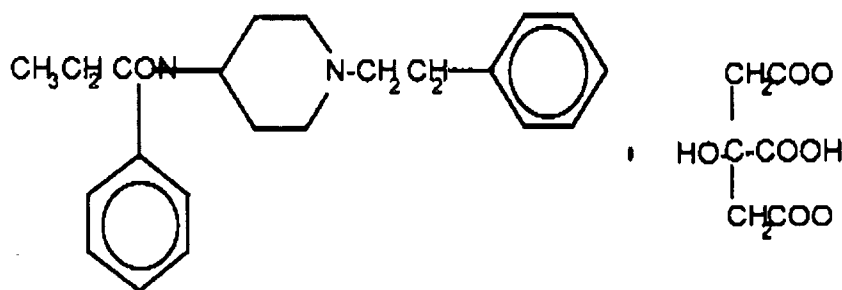
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*Actiq* is designed to be dissolved slowly in the mouth in a manner to facilitate transmucosal absorption. The handle allows the *Actiq* unit to be removed from the mouth if signs of excessive opioid effects appear during administration.

**Active Ingredient:** Fentanyl citrate, USP is N-(1-Phenethyl-4-piperidyl) propionanilide citrate (1:1). Fentanyl is a highly lipophilic compound (octanol-water partition coefficient at pH 7.4 is 816:1) that is freely soluble in organic solvents and sparingly soluble in water (1:40). The molecular weight of the free base is 336.5 (the citrate salt is 528.6). The pKa of the tertiary nitrogens are 7.3 and 8.4. The compound has the following structural formula.



*Actiq* is available in six strengths equivalent to 200, 400, 600, 800, 1200, or 1600 µg fentanyl base that is identified by the text on the foil pouch, the shelf carton, and the dosage unit handle.

**Inactive Ingredients:** Sucrose, liquid glucose, artificial raspberry flavor, and white dispersion G.B. dye.

## CLINICAL PHARMACOLOGY AND PHARMACOKINETICS

### Pharmacology:

Fentanyl, a pure opioid agonist, acts primarily through interaction with opioid mu-receptors located in the brain, spinal cord and smooth muscle. The primary site of therapeutic action is the central nervous system (CNS). The most clinically useful pharmacologic effects of the interaction of fentanyl with mu-receptors are analgesia and sedation.

Other opioid effects may include somnolence, hypoventilation, bradycardia, postural hypotension, pruritus, dizziness, nausea, diaphoresis, flushing, euphoria and confusion or difficulty in concentrating at clinically relevant doses.

**Clinical Pharmacology**

**Analgesia:**

The analgesic effects of fentanyl are related to the blood level of the drug, if proper allowance is made for the delay into and out of the CNS (a process with a 3-to-5-minute half-life). In opioid non-tolerant individuals, fentanyl provides effects ranging from analgesia at blood levels of 1 to 2 ng/mL, all the way to surgical anesthesia and profound respiratory depression at levels of 10-20 ng/mL.

In general, the minimum effective concentration and the concentration at which toxicity occurs rise with increasing tolerance to any and all opioids. The rate of development of tolerance varies widely among individuals. As a result, the dose of *Actiq* should be individually titrated to achieve the desired effect (see **DOSAGE AND ADMINISTRATION**).

**Gastrointestinal (GI) Tract and Other Smooth Muscle:**

Opioids increase the tone and decrease contractions of the smooth muscle of the gastrointestinal (GI) tract. This results in prolongation in GI transit time and may be responsible for the constipating effect of opioids. Because opioids may increase biliary tract pressure, some patients with biliary colic may experience worsening of pain.

While opioids generally increase the tone of urinary tract smooth muscle, the overall effect tends to vary, in some cases producing urinary urgency, in others, difficulty in urination.

**Respiratory System:**

All opioid mu-receptor agonists, including fentanyl, produce dose dependent respiratory depression. The risk of respiratory depression is less in patients receiving chronic opioid therapy who develop tolerance to respiratory depression and other opioid effects. During the titration phase of the clinical trials somnolence, which may be a precursor to respiratory depression, did increase in patients who were treated with higher doses of *Actiq*. In studies of opioid non-tolerant subjects, respiratory rate and oxygen saturation typically decreases as fentanyl blood concentration increases. Typically, peak respiratory depressive effects (decrease in respiratory rate) are seen 15 to 30 minutes from the start of oral transmucosal fentanyl citrate (OTFC) administration and may persist for several hours.

Serious or fatal respiratory depression can occur, even at recommended doses, in vulnerable individuals. As with other potent opioids, fentanyl

has been associated with cases of serious and fatal respiratory depression in opioid non-tolerant individuals.

Fentanyl depresses the cough reflex as a result of its CNS activity. Although not observed with *Actiq* in clinical trials, fentanyl given rapidly by intravenous injection in large doses may interfere with respiration by causing rigidity in the muscles of respiration. Therefore, physicians and other healthcare providers should be aware of this potential complication.

**(See BOX WARNING, CONTRAINDICATIONS, WARNINGS, PRECAUTIONS, ADVERSE REACTIONS, and OVERDOSAGE for additional information on hypoventilation).**

### **Pharmacokinetics**

#### **Absorption:**

The absorption pharmacokinetics of fentanyl from the oral transmucosal dosage form is a combination of an initial rapid absorption from the buccal mucosa and a more prolonged absorption of swallowed fentanyl from the GI tract. Both the blood fentanyl profile and the bioavailability of fentanyl will vary depending on the fraction of the dose that is absorbed through the oral mucosa and the fraction swallowed.

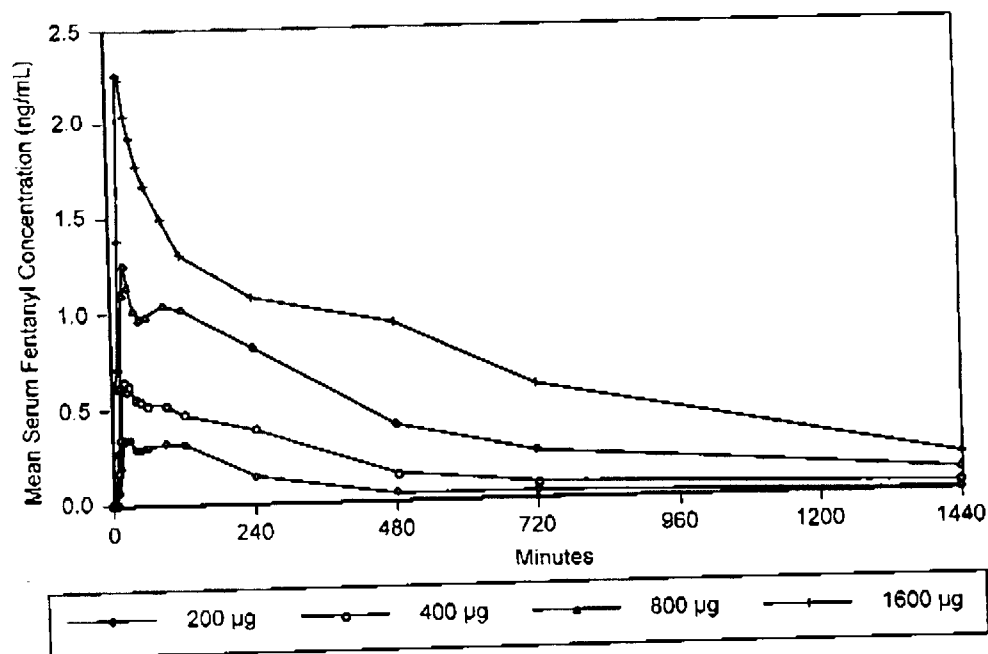
Absolute bioavailability, as determined by area under the concentration-time curve, of 15µg/kg in 12 adult males was 50% compared to intravenous fentanyl.

Normally, approximately 25% of the total dose of *Actiq* is rapidly absorbed from the buccal mucosa and becomes systemically available. The remaining 75% of the total dose is swallowed with the saliva and then is slowly absorbed from the GI tract. About 1/3 of this amount (25% of the total dose) escapes hepatic and intestinal first-pass elimination and becomes systemically available. Thus, the generally observed 50% bioavailability of *Actiq* is divided equally between rapid transmucosal and slower GI absorption. Therefore, a unit dose of *Actiq*, if chewed and swallowed, might result in lower peak concentrations and lower bioavailability than when consumed as directed.

Dose proportionality among four of the available strengths of *Actiq* (200, 400, 800, and 1600 µg) has been demonstrated in a balanced crossover design in adult subjects. Mean serum fentanyl levels following these four doses of *Actiq* are shown in Figure 1. The curves for each dose level are similar in shape with increasing dose levels producing increasing serum fentanyl levels.  $C_{max}$  and  $AUC_{0-\infty}$  increased in a dose-dependent manner that is approximately proportional to the *Actiq* administered.

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**Figure 1.**  
**Mean Serum Fentanyl Concentration (ng/mL)**  
**in Adult Subjects Comparing 4 doses of Actiq**



The pharmacokinetic parameters of the four strengths of *Actiq* tested in the dose-proportionality study are shown in Table 1. The mean  $C_{max}$  ranged from 0.39 - 2.51 ng/mL. The median time of maximum plasma concentration ( $T_{max}$ ) across these four doses of *Actiq* varied from 20 to 40 minutes (range of 20-480 minutes) after a standardized consumption time of 15 minutes.

**Table 1.**  
**Pharmacokinetic Parameters in Adult Subjects**  
**Receiving 200, 400, 800, and 1600 µg**  
**Units of Actiq**

Pharmacokinetic Parameter	200 µg	400 µg	800µg	1600 µg
$T_{max}$ , minute median (range)	40 (20-120)	25 (20-240)	25 (20-120)	20 (20-480))

<b>C<sub>max</sub>, ng/mL mean (%CV)</b>	<b>0.39 (23)</b>	<b>0.75 (33)</b>	<b>1.55 (30)</b>	<b>2.51 (23)</b>
<b>AUC<sub>0-1440</sub>, ng/mL minute mean (%CV)</b>	<b>102 (65)</b>	<b>243 (67)</b>	<b>573 (64)</b>	<b>1026 (67)</b>
<b>t<sub>1/2</sub>, minute mean (%CV)</b>	<b>193 (48)</b>	<b>386 (115)</b>	<b>381 (55)</b>	<b>358 (45)</b>

#### **Distribution:**

Fentanyl is highly lipophilic. Animal data showed that following absorption, fentanyl is rapidly distributed to the brain, heart, lungs, kidneys and spleen followed by a slower redistribution to muscles and fat. The plasma protein binding of fentanyl is 80-85%. The main binding protein is alpha-1-acid glycoprotein, but both albumin and lipoproteins contribute to some extent. The free fraction of fentanyl increases with acidosis. The mean volume of distribution at steady state (V<sub>ss</sub>) was 4 L/kg.

#### **Metabolism:**

Fentanyl is metabolized in the liver and in the intestinal mucosa to norfentanyl by cytochrome P450 3A4 isoform. Norfentanyl was not found to be pharmacologically active in animal studies (see **PRECAUTIONS: Drug Interactions** for additional information).

#### **Elimination:**

Fentanyl is primarily (more than 90%) eliminated by biotransformation to N-dealkylated and hydroxylated inactive metabolites. Less than 7% of the dose is excreted unchanged in the urine, and only about 1% is excreted unchanged in the feces. The metabolites are mainly excreted in the urine, while fecal excretion is less important. The total plasma clearance of fentanyl was 0.5 L/hr/kg (range 0.3 - 0.7 L/hr/kg). The terminal elimination half-life after OTFC administration is about 7 hours.

#### **Special Populations:**

##### **Elderly Patients:**

Elderly patients have been shown to be twice as sensitive to the effects of fentanyl when administered intravenously, compared with the younger population. While a formal study evaluating the safety profile of *Actiq* in the elderly population has not been performed, in the 257

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opioid tolerant cancer patients studied with *Actiq*, approximately 20% were over age 65 years. No difference was noted in the safety profile in this group compared to those aged less than 65 years, though they did titrate to lower doses than younger patients (see **PRECAUTIONS**).

#### Patients with Renal or Hepatic Impairment:

*Actiq* should be administered with caution to patients with liver or kidney dysfunction because of the importance of these organs in the metabolism and excretion of drugs and effects on plasma-binding proteins (see **PRECAUTIONS**).

Although fentanyl kinetics are known to be altered in both hepatic and renal disease due to alterations in metabolic clearance and plasma proteins, individualized doses of *Actiq* have been used successfully for breakthrough cancer pain in patients with hepatic and renal disorders. The duration of effect for the initial dose of fentanyl is determined by redistribution of the drug, such that diminished metabolic clearance may only become significant with repeated dosing or with excessively large single doses. For these reasons, while doses titrated to clinical effect are recommended for all patients, special care should be taken in patients with severe hepatic or renal disease.

#### Gender

Both male and female opioid-tolerant cancer patients were studied for the treatment of breakthrough cancer pain. No clinically relevant gender differences were noted either in dosage requirement or in observed adverse events.

## **CLINICAL TRIALS**

### **Breakthrough Cancer Pain:**

*Actiq* was investigated in clinical trials involving 257 opioid tolerant adult cancer patients experiencing breakthrough cancer pain. Breakthrough cancer pain was defined as a transient flare of moderate-to-severe pain occurring in cancer patients experiencing persistent cancer pain otherwise controlled with maintenance doses of opioid medications including at least 60 mg morphine/day, 50 µg transdermal fentanyl/hour, or an equianalgesic dose of another opioid for a week or longer.

In two dose titration studies 95 of 127 patients (75%) who were on stable doses of either long-acting oral opioids or transdermal fentanyl for their persistent cancer pain titrated to a successful dose of *Actiq* to treat their breakthrough cancer pain within the dose range offered (200, 400,

600, 800, 1200 and 1600 µg). In these studies 11% of patients withdrew due to adverse events and 14% withdrew due to other reasons. A "successful" dose was defined as a dose where one unit of *Actiq* could be used consistently for at least two consecutive days to treat breakthrough cancer pain without unacceptable side effects.

The successful dose of *Actiq* for breakthrough cancer pain was not predicted from the daily maintenance dose of opioid used to manage the persistent cancer pain and is thus best determined by dose titration.

A double blind placebo controlled crossover study was performed in cancer patients to evaluate the effectiveness of *Actiq* for the treatment of breakthrough cancer pain. Of 130 patients who entered the study 92 patients (71%) achieved a successful dose during the titration phase. The distribution of successful doses is shown in Table 2.

**Table 2.**  
**Successful Dose of *Actiq***  
**Following Initial Titration**

<u><i>Actiq</i> Dose</u>	<u>Total No (%)</u> <u>(N=92)</u>
200 µg	13 (14)
400 µg	19 (21)
600 µg	14 (15)
800 µg	18 (20)
1200 µg	13 (14)
1600 µg	15 (16)
Mean ±SD	789±468 µg

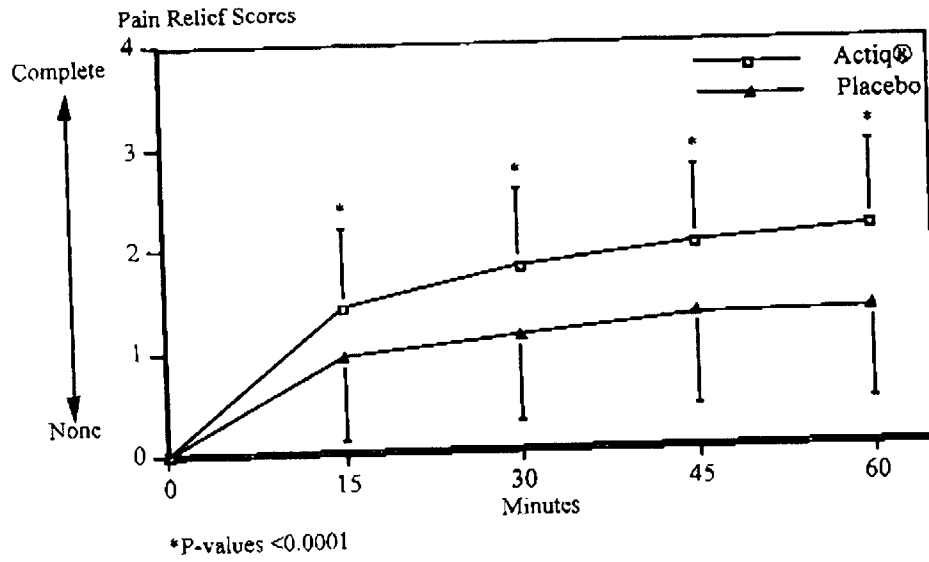
On average, patients over 65 years of age titrated to a mean dose that was about 200 µg less than the mean dose to which younger adult patients were titrated.

*Actiq* produced statistically significantly more pain relief compared with placebo at 15, 30, 45 and 60 minutes following administration (see Figure 2).



305

**Figure 2.**  
**Pain Relief (PR) Scores (Mean±SD) During the**  
**Double-Blind Phase - All Patients With Evaluable**  
**Episodes on Both Actiq® and Placebo (N=86)**



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In this same study patients also rated the performance of medication to treat their breakthrough cancer pain using a different scale ranging from "poor" to "excellent." On average, placebo was rated "fair" and Actiq was rated "good."

## INDICATIONS AND USAGE

(See BOX WARNING and CONTRAINDICATIONS)

*Actiq* is indicated only for the management of breakthrough cancer pain in patients with malignancies who are already receiving and who are tolerant to opioid therapy for their underlying persistent cancer pain. Patients considered opioid tolerant are those who are taking at least 60 mg morphine/day, 50 µg transdermal fentanyl/hour, or an equianalgesic dose of another opioid for a week or longer.

Because life-threatening hypoventilation could occur at any dose in patients not taking chronic opiates, *Actiq* is contraindicated in the management of acute or postoperative pain. This product **must not** be used in opioid non-tolerant patients.

*Actiq* is intended to be used only in the care of cancer patients only by oncologists and pain specialists who are knowledgeable of and skilled in the use of Schedule II opioids to treat cancer pain.

*Actiq* should be individually titrated to a dose that provides adequate analgesia and minimizes side effects. If signs of excessive opioid effects appear before the unit is consumed, the dosage unit should be removed from the patient's mouth immediately, disposed of properly, and subsequent doses should be decreased (see **DOSAGE AND ADMINISTRATION**).

Patients and their caregivers must be instructed that *Actiq* contains a medicine in an amount that can be fatal to a child. Patients and their caregivers must be instructed to keep all units out of the reach of children and to discard opened units properly in a secured container.

## CONTRAINDICATIONS

Because life-threatening hypoventilation could occur at any dose in patients not taking chronic opiates, *Actiq* is contraindicated in the management of acute or postoperative pain. The risk of respiratory depression begins to increase with fentanyl plasma levels of 2.0 ng/mL in opioid non-tolerant individuals (See **Pharmacokinetics**). This product **must not** be used in opioid non-tolerant patients.

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353  
354 Patients considered opioid tolerant are those who are taking at least 60  
355 mg morphine/day, 50 µg transdermal fentanyl/hour, or an equianalgesic  
356 dose of another opioid for a week or longer.

357  
358 *Actiq* is contraindicated in patients with known intolerance or  
359 hypersensitivity to any of its components or the drug fentanyl.

360  
361 **WARNINGS**  
362 **See BOX WARNING**

363  
364 The concomitant use of other CNS depressants, including other opioids,  
365 sedatives or hypnotics, general anesthetics, phenothiazines, tranquilizers,  
366 skeletal muscle relaxants, sedating antihistamines, potent inhibitors of  
367 cytochrome P450 3A4 isoform (e.g., erythromycin, ketoconazole, and  
368 certain protease inhibitors), and alcoholic beverages may produce  
369 increased depressant effects. Hypoventilation, hypotension, and  
370 profound sedation may occur.

371  
372 *Actiq* is not recommended for use in patients who have received MAO  
373 inhibitors within 14 days, because severe and unpredictable potentiation  
374 by MAO inhibitors has been reported with opioid analgesics.

375  
376 **Pediatric Use:** The appropriate dosing and safety of *Actiq* in opioid  
377 tolerant children with breakthrough cancer pain have not been  
378 established below the age of 16 years.

379  
380 **Patients and their caregivers must be instructed that *Actiq* contains**  
381 **a medicine in an amount, which can be fatal to a child.** Patients and  
382 their caregivers must be instructed to keep both used and unused dosage  
383 units out of the reach of children. While all units should be disposed of  
384 immediately after use, partially consumed units represent a special risk  
385 to children. In the event that a unit is not completely consumed it must  
386 be properly disposed as soon as possible. (See **SAFETY AND**  
387 **HANDLING; PRECAUTIONS, and PATIENT LEAFLET** for  
388 specific patient instructions).

389  
390 Physicians and dispensing pharmacists must specifically question  
391 patients or caregivers about the presence of children in the home on a  
392 full time or visiting basis and counsel them regarding the dangers to  
393 children from inadvertent exposure.

394  
395 **PRECAUTIONS**  
396 **General**

The initial dose of *Actiq* to treat episodes of breakthrough cancer pain should be 200 µg. Each patient should be individually titrated to provide adequate analgesia while minimizing side effects.

Opioid analgesics impair the mental and/or physical ability required for the performance of potentially dangerous tasks (e.g., driving a car or operating machinery). Patients taking *Actiq* should be warned of these dangers and should be counseled accordingly.

The use of concomitant CNS active drugs requires special patient care and observation. (See WARNINGS.)

#### **Hypoventilation (Respiratory Depression)**

As with all opioids, there is a risk of clinically significant hypoventilation in patients using *Actiq*. Accordingly, all patients should be followed for symptoms of respiratory depression. Hypoventilation may occur more readily when opioids are given in conjunction with other agents that depress respiration.

#### **Chronic Pulmonary Disease**

Because potent opioids can cause hypoventilation, *Actiq* should be titrated with caution in patients with chronic obstructive pulmonary disease or pre-existing medical conditions predisposing them to hypoventilation. In such patients, even normal therapeutic doses of *Actiq* may further decrease respiratory drive to the point of respiratory failure.

#### **Head Injuries and Increased Intracranial Pressure**

*Actiq* should only be administered with extreme caution in patients who may be particularly susceptible to the intracranial effects of CO<sub>2</sub> retention such as those with evidence of increased intracranial pressure or impaired consciousness. Opioids may obscure the clinical course of a patient with a head injury and should be used only if clinically warranted.

#### **Cardiac Disease**

Intravenous fentanyl may produce bradycardia. Therefore, *Actiq* should be used with caution in patients with bradyarrhythmias.

#### **Hepatic or Renal Disease**

*Actiq* should be administered with caution to patients with liver or kidney dysfunction because of the importance of these organs in the metabolism and excretion of drugs and effects on plasma binding proteins (see PHARMACOKINETICS).

441  
442 **Information for Patients and Their Caregivers**

443 Patients and their caregivers must be instructed that *Actiq* contains  
444 medicine in an amount that could be fatal to a child. Patients and their  
445 caregivers must be instructed to keep both used and unused dosage units  
446 out of the reach of children. Partially consumed units represent a special  
447 risk to children. In the event that a unit is not completely consumed it  
448 must be properly disposed as soon as possible. (See **SAFETY AND**  
449 **HANDLING; WARNINGS**, and **PATIENT LEAFLET** for specific  
450 patient instructions.)

451  
452 Patients and their caregivers should be provided with an *Actiq* Welcome  
453 Kit, which contains educational materials and safe storage containers to  
454 help patients store *Actiq* and other medicines out of the reach of children.  
455 Patients and their caregivers should also have an opportunity to watch  
456 the patient safety video, which provides proper product use, storage,  
457 handling and disposal directions. Patients should also have an  
458 opportunity to discuss the video with their health care providers. Health  
459 care professionals should call 1-800-xxx-xxxx to obtain a supply of  
460 welcome kits or videos for patient viewing.

461  
462 **Disposal of used *Actiq* units**

463 Patients must be instructed to dispose of completely used and partially  
464 used *Actiq* units.

- 465  
466 1) After consumption of the unit is complete and the matrix is totally  
467 dissolved, throw away the handle in a trash container that is out of  
468 the reach of children.  
469  
470 2) If any of the drug matrix remains on the handle, place the handle  
471 under hot running tap water until all of the drug matrix is dissolved,  
472 and then dispose of the handle in a place that is out of the reach of  
473 children.  
474  
475 3) Handles in the child-resistant container should be disposed of (as  
476 described in steps 1 and 2) at least once a day.

477  
478 **If the patient does not entirely consume the unit and the remaining**  
479 **drug cannot be immediately dissolved under hot running water, the**  
480 **patient or caregiver must temporarily store the *Actiq* unit in the**  
481 **specially provided child-resistant container out of the reach of**  
482 **children until proper disposal is possible.**

483  
484 **Disposal of Unopened *Actiq* Units When No Longer Needed**

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485  
486 Patients and members of their household must be advised to dispose of  
487 any unopened units remaining from a prescription as soon as they are no  
488 longer needed.  
489  
490 To dispose of the unused *Actiq* units:  
491  
492 1) Remove the *Actiq* unit from its pouch using scissors, and hold the  
493 *Actiq* by its handle over the toilet bowl.  
494  
495 2) Using wire-cutting pliers cut off the drug matrix end so that it falls  
496 into the toilet.  
497  
498 3) Dispose of the handle in a place that is out of the reach of children.  
499  
500 4) Repeat steps 1, 2, and 3 for each *Actiq* unit. Flush the toilet twice  
501 after 5 units have been cut and deposited into the toilet.  
502  
503 Do not flush the entire *Actiq* units, *Actiq* handles, foil pouches, or  
504 cartons down the toilet. The handle should be disposed of where  
505 children cannot reach it (see **SAFETY AND HANDLING**).  
506  
507 Detailed instructions for the proper storage, administration, disposal, and  
508 important instructions for managing an overdose of *Actiq* are provided in  
509 the *Actiq* Patient Leaflet. Patients should be encouraged to read this  
510 information in its entirety and be given an opportunity to have their  
511 questions answered.  
512  
513 In the event that a caregiver requires additional assistance in disposing of  
514 excess unusable units that remain in the home after a patient has expired,  
515 they should be instructed to call the toll-free number (1-800-  
516 XXXXXXXX) or seek assistance from their local DEA office.

#### 518 **Laboratory Tests**

519 The effects of *Actiq* on laboratory tests have not been evaluated.

#### 521 **Drug Interactions**

522 See **WARNINGS**.

523  
524 Fentanyl is metabolized in the liver and intestinal mucosa to norfentanyl  
525 by the cytochrome P450 3A4 isoform. Drugs that inhibit P450 3A4  
526 activity may increase the bioavailability of swallowed fentanyl (by  
527 decreasing intestinal and hepatic first pass metabolism) and may  
528 decrease the systemic clearance of fentanyl. The expected clinical

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529 results would be increased or prolonged opioid effects. Drugs that  
530 induce cytochrome P450 3A4 activity may have the opposite effects.  
531 However, no *in vitro* or *in vivo* studies have been performed to assess the  
532 impact of those potential interactions on the administration of *Actiq*.  
533 Thus patients who begin or end therapy with potent inhibitors of  
534 CYP450 3A4 such as macrolide antibiotics (e.g., erythromycin), azole  
535 antifungal agents (e.g., ketoconazole and itraconazole), and protease  
536 inhibitors (e.g., ritonavir) while receiving *Actiq* should be monitored for  
537 a change in opioid effects and, if warranted, the dose of *Actiq* should be  
538 adjusted.

#### 539 **Carcinogenesis, Mutagenesis, and Impairment of Fertility**

540 Because animal carcinogenicity studies have not been conducted with  
541 fentanyl citrate, the potential carcinogenic effect of *Actiq* is unknown.  
542

543 Standard mutagenicity testing of fentanyl citrate has been conducted.  
544 There was no evidence of mutagenicity in the Ames *Salmonella* or  
545 *Escherichia* mutagenicity assay, the *in-vitro* mouse lymphoma  
546 mutagenesis assay, and the *in-vivo* micronucleus cytogenetic assay in the  
547 mouse.  
548

549 Reproduction studies in rats revealed a significant decrease in the  
550 pregnancy rate of all experimental groups. This decrease was most  
551 pronounced in the high dose group (1.25 mg/kg subcutaneously) in  
552 which one of twenty animals became pregnant.  
553

#### 554 **Pregnancy - Category C**

555 Fentanyl has been shown to impair fertility and to have an embryocidal  
556 effect with an increase in resorptions in rats when given for a period of  
557 12 to 21 days in doses of 30 µg/kg IV or 160 µg/kg subcutaneously.  
558

559 No evidence of teratogenic effects has been observed after  
560 administration of fentanyl citrate to rats. There are no adequate and  
561 well-controlled studies in pregnant women. *Actiq* should be used during  
562 pregnancy only if the potential benefit justifies the potential risk to the  
563 fetus.  
564

#### 565 **Labor and Delivery**

566 *Actiq* is not indicated for use in labor and delivery.  
567

#### 568 **Nursing Mothers**

569 Fentanyl is excreted in human milk; therefore *Actiq* should not be used  
570 in nursing women because of the possibility of sedation and/or  
571 respiratory depression in their infants.  
572

**Pediatric Use**

**See WARNINGS**

**Geriatric Use**

Of the 257 patients in clinical studies of Actiq in breakthrough cancer pain, 61 (24%) were 65 and over, while 15 (6%) were 75 and over.

Those patients over the age of 65 titrated to a mean dose that was about 200 µg less than the mean dose titrated to by younger patients. Previous studies with intravenous fentanyl showed that elderly patients are twice as sensitive to the effects of fentanyl as the younger population.

No difference was noted in the safety profile of the group over 65 as compared to younger patients in Actiq clinical trials. However, greater sensitivity in older individuals cannot be ruled out. Therefore, caution should be exercised in individually titrating Actiq in elderly patients to provide adequate efficacy while minimizing risk.

**ADVERSE REACTIONS**

Pre-Marketing Clinical Trial Experience

The safety of Actiq has been evaluated in 257 opioid tolerant chronic cancer pain patients. The duration of Actiq use varied during the open-label study. Some patients were followed for over 21 months. The average duration of therapy in the open-label study was 129 days.

The adverse events seen with Actiq are typical opioid side effects. Frequently, these adverse events will cease or decrease in intensity with continued use of Actiq, as the patient is titrated to the proper dose. Opioid side effects should be expected and managed accordingly.

The most serious adverse effects associated with all opioids are respiratory depression (potentially leading to apnea or respiratory arrest), circulatory depression, hypotension, and shock. All patients should be followed for symptoms of respiratory depression.

Because the clinical trials of Actiq were designed to evaluate safety and efficacy in treating breakthrough cancer pain, all patients were also taking concomitant opioids, such as sustained-release morphine or transdermal fentanyl, for their persistent cancer pain. The adverse event data presented here reflect the actual percentage of patients experiencing each adverse effect among patients who received Actiq for breakthrough cancer pain along with a concomitant opioid for persistent cancer pain.



617 There has been no attempt to correct for concomitant use of other  
618 opioids, duration of *Actiq* therapy, or cancer-related symptoms. Adverse  
619 events are included regardless of causality or severity.

620  
621 Three short-term clinical trials with similar titration schemes were  
622 conducted in 257 patients with malignancy and breakthrough cancer  
623 pain. Data are available for 254 of these patients. The goal of titration  
624 in these trials was to find the dose of *Actiq* that provided adequate  
625 analgesia with acceptable side effects (successful dose). Patients were  
626 titrated from a low dose to a successful dose in a manner similar to  
627 current titration dosing guidelines. Table 3 lists by dose groups, adverse  
628 events with an overall frequency of 1% or greater that occurred during  
629 titration and are commonly associated with opioid administration or are  
630 of particular clinical interest. The ability to assign a dose-response  
631 relationship to these adverse events is limited by the titration schemes  
632 used in these studies. Adverse events are listed in descending order of  
633 frequency within each body system.

634  
635 **Table 3.**

636 **Percent of Patients with Specific Adverse Events Commonly**  
637 **Associated with Opioid Administration or of Particular Clinical**  
638 **Interest Which Occurred During Titration**  
639 **(Events in 1% or more of Patients)**  
640

Dose Group	200- 600 µg	800- 1400 µg	1600 µg	>1600 µg	Any
Number Of Patients	230	138	54	41	254
Body As A Whole					
Asthenia	6	4	0	7	9
Headache	3	4	6	5	6
Accidental Injury	1	1	4	0	2
Digestive					
Nausea	14	15	11	22	23
Vomiting	7	6	6	15	12
Constipation	1	4	2	0	4
Nervous					
Dizziness	10	16	6	15	17
Somnolence	9	9	11	20	17
Confusion	1	6	2	0	4

Anxiety	3	0	2	0	3
Abnormal Gait	0	1	4	0	2
Dry Mouth	1	1	2	0	2
Nervousness	1	1	0	0	2
Vasodilatation	2	0	2	0	2
Hallucinations	0	1	2	2	1
Insomnia	0	1	2	0	1
Thinking Abnormal	0	1	2	0	1
Vertigo	1	0	0	0	1
Respiratory					
Dyspnea	2	3	6	5	4
Skin					
Pruritus	1	0	0	5	2
Rash	1	1	0	2	2
Sweating	1	1	2	2	2
Special Senses					
Abnormal Vision	1	0	2	0	2

The following adverse events not reflected in Table 3 occurred during titration with an overall frequency of 1% or greater and are listed in descending order of frequency within each body system.

Body as a Whole:

Pain, fever, abdominal pain, chills, back pain, chest pain, infection

Cardiovascular:

Migraine

Digestive:

Diarrhea, dyspepsia, flatulence

Metabolic and Nutritional:

Peripheral edema, dehydration

Nervous:

Hypesthesia

Respiratory:

Pharyngitis, cough increased

The following events occurred during titration with an overall frequency of less than 1% and are listed in descending order of frequency within each body system.

Body as a Whole:

Flu syndrome, abscess, bone pain

Cardiovascular:

Deep thrombophlebitis, hypertension, hypotension

Digestive:

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668 Anorexia, eructation, esophageal stenosis, fecal impaction, gum hemorrhage, mouth  
 669 ulceration, oral moniliasis  
 670 Hemic and Lymphatic:  
 671 Anemia, leukopenia  
 672 Metabolic and Nutritional:  
 673 Edema, hypercalcemia, weight loss  
 674 Musculoskeletal:  
 675 Myalgia, pathological fracture, myasthenia  
 676 Nervous:  
 677 Abnormal dreams, urinary retention, agitation, amnesia, emotional lability, euphoria,  
 678 incoordination, libido decreased, neuropathy, paresthesia, speech disorder  
 679 Respiratory:  
 680 Hemoptysis, pleural effusion, rhinitis, asthma, hiccup, pneumonia, respiratory  
 681 insufficiency, sputum increased  
 682 Skin and Appendages:  
 683 Alopecia, exfoliative dermatitis  
 684 Special Senses:  
 685 taste perversion  
 686 Urogenital:  
 687 Vaginal hemorrhage, dysuria, hematuria, urinary incontinence, urinary tract infection

688  
 689 A long-term extension study was conducted in 156 patients with malignancy and breakthrough  
 690 cancer pain who were treated for an average of 129 days. Data are available for 152 of these  
 691 patients. Table 4 lists by dose groups, adverse events with an overall frequency of 1% or greater  
 692 that occurred during the long-term extension study and are commonly associated with opioid  
 693 administration or are of particular clinical interest. Adverse events are listed in descending order  
 694 of frequency within each body system.

695  
 696 **Table 4.**  
 697 **Percent of Patients with Adverse Events Commonly Associated with**  
 698 **Opioid Administration or of Particular Clinical Interest Which**  
 699 **Occurred During Long Term Treatment**  
 700 **(Events in 1% or more of Patients)**  
 701

Dose Group	200- 600 µg	800- 1400 µg	1600 µg	>1600 µg	Any
Number Of Patients	98	83	53	27	152
Body As A Whole					
Asthenia	25	30	17	15	38

703 The following events not reflected in Table 4 occurred with an overall frequency of 1% or greater  
704 in the long-term extension study and are listed in descending order of frequency within each  
705 body system.

706  
707 Body as a Whole:  
708 Pain, fever, back pain, abdominal pain, chest pain, flu syndrome, chills, infection,  
709 abdomen enlarged, bone pain, ascites, sepsis, neck pain, viral infection, fungal infection,  
710 cachexia, cellulitis, malaise, pelvic pain  
711 Cardiovascular:  
712 Deep thrombophlebitis, migraine, palpitation, vascular disorder  
713 Digestive:  
714 Diarrhea, anorexia, dyspepsia, dysphagia, oral moniliasis, mouth ulceration, rectal  
715 disorder, stomatitis, flatulence, gastrointestinal hemorrhage, gingivitis, jaundice,  
716 periodontal abscess, eructation, glossitis, rectal hemorrhage  
717 Hemic and Lymphatic:  
718 Anemia, leukopenia, thrombocytopenia, ecchymosis, lymphadenopathy, lymphedema,  
719 pancytopenia  
720 Metabolic and Nutritional:  
721 Peripheral edema, edema, dehydration, weight loss, hyperglycemia, hypokalemia,  
722 hypercalcemia, hypomagnesemia  
723 Musculoskeletal:  
724 Myalgia, pathological fracture, joint disorder, leg cramps, arthralgia, bone disorder  
725 Nervous:  
726 Hypesthesia, paresthesia, hypokinesia, neuropathy, speech disorder  
727 Respiratory:  
728 Cough increased, pharyngitis, pneumonia, rhinitis, sinusitis, bronchitis, epistaxis, asthma,  
729 hemoptysis, sputum increased  
730 Skin and Appendages:  
731 Skin ulcer, alopecia  
732 Special Senses:  
733 Tinnitus, conjunctivitis, ear disorder, taste perversion  
734 Urogenital:  
735 Urinary tract infection, urinary incontinence, breast pain, dysuria, hematuria, scrotal  
736 edema, hydronephrosis, kidney failure, urinary urgency, urination impaired, breast  
737 neoplasm, vaginal hemorrhage, vaginitis

738  
739 The following events occurred with a frequency of less than 1% in the long-term extension study  
740 and are listed in descending order of frequency within each body system.

741  
742 Body as a Whole:  
743 Allergic reaction, cyst, face edema, flank pain, granuloma, bacterial infection, injection  
744 site pain, mucous membrane disorder, neck rigidity  
745 Cardiovascular:

746 Angina pectoris, hemorrhage, hypotension, peripheral vascular disorder, postural  
747 hypotension, tachycardia  
748 Digestive:  
749 Cheilitis, esophagitis, fecal incontinence, gastroenteritis, gastrointestinal disorder, gum  
750 hemorrhage, hemorrhage of colon, hepatorenal syndrome, liver tenderness, tooth caries,  
751 tooth disorder  
752 Hemic and Lymphatic:  
753 Bleeding time increased  
754 Metabolic and Nutritional:  
755 Acidosis, generalized edema, hypocalcemia, hypoglycemia, hyponatremia,  
756 hypoproteinemia, thirst  
757 Musculoskeletal:  
758 Arthritis, muscle atrophy, myopathy, synovitis, tendon disorder  
759 Nervous:  
760 Acute brain syndrome, agitation, cerebral ischemia, facial paralysis, foot drop,  
761 hallucinations, hemiplegia, miosis, subdural hematoma  
762 Respiratory:  
763 Hiccup, hyperventilation, lung disorder, pneumothorax, respiratory failure, voice  
764 alteration  
765 Skin and Appendages:  
766 Herpes zoster, maculopapular rash, skin discoloration, urticaria, vesiculobullous rash  
767 Special Senses:  
768 Ear pain, eye hemorrhage, lacrimation disorder, partial permanent deafness, partial  
769 transitory deafness  
770 Urogenital:  
771 Kidney pain, nocturia, oliguria, polyuria, pyelonephritis  
772

## 773 DRUG ABUSE AND DEPENDENCE

774 Fentanyl is a mu-opioid agonist and a Schedule II controlled substance  
775 that can produce drug dependence of the morphine type. *Actiq* may be  
776 subject to misuse, abuse and addiction.

777  
778 The administration of *Actiq* should be guided by the response of the  
779 patient. Physical dependence, per se, is not ordinarily a concern when  
780 one is treating a patient with chronic cancer pain, and fear of tolerance  
781 and physical dependence should not deter using doses that adequately  
782 relieve the pain.

783  
784 Opioid analgesics may cause physical dependence. Physical dependence  
785 results in withdrawal symptoms in patients who abruptly discontinue the  
786 drug. Withdrawal also may be precipitated through the administration of  
787 drugs with opioid antagonist activity, e.g., naloxone, nalmefene, or  
788 mixed agonist/antagonist analgesics (pentazocine, butorphanol,  
789 buprenorphine, nalbuphine).

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Physical dependence usually does not occur to a clinically significant degree until after several weeks of continued opioid usage. Tolerance, in which increasingly larger doses are required in order to produce the same degree of analgesia, is initially manifested by a shortened duration of analgesic effect, and subsequently, by decreases in the intensity of analgesia.

The handling of *Actiq* should be managed to minimize the risk of diversion, including restriction of access and accounting procedures as appropriate to the clinical setting and as required by law (see **SAFETY AND HANDLING**).

## **OVERDOSAGE**

### **Clinical Presentation**

The manifestations of *Actiq* overdose are expected to be similar in nature to intravenous fentanyl and other opioids, and are an extension of its pharmacological actions with the most serious significant effect being hypoventilation (see **CLINICAL PHARMACOLOGY**).

### **General**

Immediate management of opioid overdose includes removal of the *Actiq* unit, if still in the mouth, ensuring a patent airway, physical and verbal stimulation of the patient, and assessment of level of consciousness, ventilatory and circulatory status.

### **Treatment of Overdosage (Accidental Ingestion) in the Opioid**

#### **NON-Tolerant Person**

Ventilatory support should be provided, intravenous access obtained, and naloxone or other opioid antagonists should be employed as clinically indicated. The duration of respiratory depression following overdose may be longer than the effects of the opioid antagonist's action (e.g., the half-life of naloxone ranges from 30 to 81 minutes) and repeated administration may be necessary. Consult the package insert of the individual opioid antagonist for details about such use.

### **Treatment of Overdose in Opioid-Tolerant Patients**

Ventilatory support should be provided, intravenous access obtained as clinically indicated. Judicious use of naloxone or another opioid antagonist may be warranted in some instances, but it is associated with the risk of precipitating an acute withdrawal syndrome.

### **General Considerations for Overdose**

Management of severe *Actiq* overdose includes: securing a patent airway, assisting or controlling ventilation, establishing intravenous access, and GI decontamination by lavage and/or activated charcoal, once the patient's airway is secure. In the presence of hypoventilation or apnea, ventilation should be assisted or controlled and oxygen administered as indicated.

Patients with overdose should be carefully observed and appropriately managed until their clinical condition is well controlled.

Although muscle rigidity interfering with respiration has not been seen following the use of *Actiq*, this is possible with fentanyl and other opioids. If it occurs, it should be managed by the use of assisted or controlled ventilation, by an opioid antagonist, and as a final alternative, by a neuromuscular blocking agent.

## **DOSAGE AND ADMINISTRATION**

***Actiq* is contraindicated in non-opioid tolerant individuals.**

*Actiq* should be individually titrated to a dose that provides adequate analgesia and minimizes side effects (see **Dose Titration**).

As with all opioids, the safety of patients using such products is dependent on health care professionals prescribing them in strict conformity with their approved labeling with respect to patient selection, dosing, and proper conditions for use.

Physicians and dispensing pharmacists must specifically question patients and caregivers about the presence of children in the home on a full time or visiting basis and counsel accordingly regarding the dangers to children of inadvertent exposure to *Actiq*.

### **Administration of *Actiq***

The foil package should be opened with scissors immediately prior to product use. The patient should place the *Actiq* unit in his or her mouth between the cheek and lower gum, occasionally moving the drug matrix from one side to the other using the handle. The *Actiq* unit should be sucked, not chewed. A unit dose of *Actiq*, if chewed and swallowed, might result in lower peak concentrations and lower bioavailability than when consumed as directed.

The *Actiq* unit should be consumed over a 15-minute period. Longer or shorter consumption times may produce less efficacy than reported in *Actiq* clinical trials. If signs of excessive opioid effects appear before

the unit is consumed, the drug matrix should be removed from the patient's mouth immediately and future doses should be decreased.

**Patients and caregivers must be instructed that *Actiq* contains medicine in an amount that could be fatal to a child.** While all units should be disposed of immediately after use, partially used units represent a special risk and must be disposed of as soon as they are consumed and/or no longer needed. Patients and caregivers should be advised to dispose of any units remaining from a prescription as soon as they are no longer needed (see **Disposal Instructions**).

#### **Dose Titration**

**Starting Dose:** The *initial dose of Actiq to treat episodes of breakthrough cancer pain should be 200 µg*. Patients should be prescribed an initial titration supply of six 200-µg *Actiq* units, thus limiting the number of units in the home during titration. Patients should use up all units before increasing to a higher dose.

From this initial dose, patients should be closely followed and the dosage level changed until the patient reaches a dose that provides adequate analgesia using a single *Actiq* dosage unit per breakthrough cancer pain episode.

Patients should record their use of *Actiq* over several episodes of breakthrough cancer pain and review their experience with their physicians to determine if a dosage adjustment is warranted.

**Redosing within a single episode:** Until the appropriate dose is reached, patients may find it necessary to use an additional *Actiq* unit during a single episode. Redosing may start 15 minutes after the previous unit has been completed (30 minutes after the start of the previous unit). While patients are in the titration phase and consuming units which individually may be subtherapeutic, no more than two units should be taken for each individual breakthrough cancer pain episode.

**Increasing the dose:** If treatment of several consecutive breakthrough cancer pain episodes requires more than one *Actiq* per episode, an increase in dose to the next higher available strength should be considered. At each new dose of *Actiq* during titration, it is recommended that six units of the titration dose be prescribed. Each new dose of *Actiq* used in the titration period should be evaluated over several episodes of breakthrough cancer pain (generally 1-2 days) to determine whether it provides adequate efficacy with acceptable side effects. The incidence of side effects is likely to be greater during this

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922 initial titration period compared to later, after the effective dose is  
923 determined.

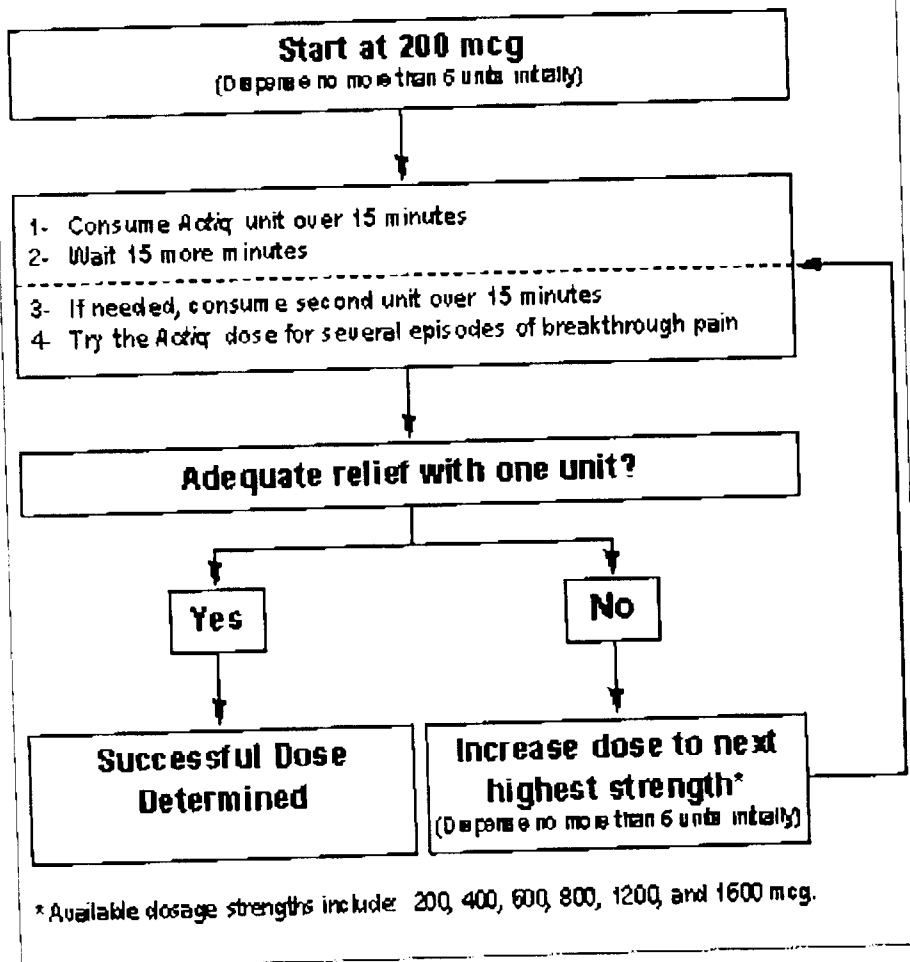
924  
925 Daily Limit: Once a successful dose has been found (i.e., an average  
926 episode is treated with a single unit), patients should limit consumption  
927 to four or fewer units per day. If consumption increases above four  
928 units/day, the dose of the long-acting opioid used for persistent cancer  
929 pain should be re-evaluated.

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## Actiq Titration Process

See Box Warning



930

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931 **Dosage Adjustment**

932 Experience in a long-term study of *Actiq* used in the treatment of  
933 breakthrough cancer pain suggests that dosage adjustment of both *Actiq*  
934 and the maintenance (around-the-clock) opioid analgesic may be  
935 required in some patients to continue to provide adequate relief of  
936 breakthrough cancer pain.

937  
938 Generally, the *Actiq* dose should be increased when patients require  
939 more than one dosage unit per breakthrough cancer pain episode for  
940 several consecutive episodes. When titrating to an appropriate dose  
941 small quantities (six units) should be prescribed at each titration step.  
942 Physicians should consider increasing the around-the-clock opioid dose  
943 used for persistent cancer pain in patients experiencing more than four  
944 breakthrough cancer pain episodes daily.

945  
946 **Discontinuation of *Actiq***

947  
948 For patients requiring discontinuation of opioids, a gradual downward  
949 titration is recommended because it is not known at what dose level the  
950 opioid may be discontinued without producing the signs and symptoms  
951 of abrupt withdrawal.

952  
953 **SAFETY AND HANDLING**

954 *Actiq* is supplied in individually sealed child resistant foil pouches. The  
955 amount of fentanyl contained in *Actiq* can be lethal to a child. Patients  
956 and their caregivers must be instructed to keep *Actiq* out of the reach of  
957 children (see **BOX WARNINGS, WARNING AND PRECAUTIONS**  
958 **and PATIENT LEAFLET**).

959  
960 Store at 25°C (77°F) with excursions permitted between 15° and 30°C  
961 (59°-86° F) until ready to use. (See USP Controlled Room  
962 Temperature.)

963  
964 *Actiq* should be protected from freezing and moisture. Do not store  
965 above 25°C. Do not use if the foil pouch has been opened.

966  
967 **DISPOSAL OF *ACTIQ***

968  
969 Patients must be advised to dispose of any units remaining from a  
970 prescription as soon as they are no longer needed. While all units should  
971 be disposed of immediately after use, partially consumed units represent  
972 a special risk because they are no longer protected by the child resistant

pouch, yet may contain enough medicine to be fatal to a child (see **Information for Patients**).

A temporary storage bottle is provided as part of the *Actiq* Welcome Kit (see **Information for Patients and Their Caregivers**). This container is to be used by patients or their caregivers in the event that a partially consumed unit cannot be disposed of promptly. Instructions for usage of this container are included in the patient leaflet.

Patients and members of their household must be advised to dispose of any units remaining from a prescription as soon as they are no longer needed. Instructions are included in **Information for Patients and Their Caregivers** and in the patient leaflet. If additional assistance is required, referral to the *Actiq* 800# (1-800-xxx-xxxx) should be made.

#### HOW SUPPLIED

*Actiq* is supplied in six dosage strengths. Each unit is individually wrapped in a child-resistant, protective foil pouch. These foil pouches are packed 24 per shelf carton for use when patients have been titrated to the appropriate dose.

Patients should be prescribed an initial titration supply of six 200- $\mu$ g *Actiq* units. At each new dose of *Actiq* during titration, it is recommended that only six units of the next higher dose be prescribed.

Each dosage unit has a white to off-white color. The dosage strength of each unit is marked on the handle, the foil pouch and the carton. See foil pouch and carton for product information.

Dosage Strength (fentanyl base)	Carton/Foil Pouch Color	NDC Number
200 $\mu$ g	Gray	NDC 0074-2460-01
400 $\mu$ g	Blue	NDC 0074-2461-01
600 $\mu$ g	Orange	NDC 0074-2462-01
800 $\mu$ g	Purple	NDC 0074-2463-01
1200 $\mu$ g	Green	NDC 0074-2464-01
1600 $\mu$ g	Burgundy	NDC 0074-2465-01

**Note: Colors are a secondary aid in product identification. Please be sure to confirm the printed dosage before dispensing.**

Rx only.

1017 DEA order form required. A Schedule CII narcotic.  
1018  
1019 Manufactured by ABBOTT LABORATORIES, NORTH CHICAGO, IL  
1020 60064, USA.  
1021 Distributed by ABBOTT LABORATORIES, INC., NORTH  
1022 CHICAGO, IL 60064, USA.  
1023  
1024 Under license from ANESTA CORP., Salt Lake City, UT 84116, USA  
1025 U. S. Patent No. 4,671,953  
1026 Printed in USA  
1027  
1028

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