

From: Chirag Shah
Sent: Friday, September 18, 2015 8:11 AM
To: Richard Malamut; Michael Tillinger; Matthew Wieman; Kavita Gajria; Deborah Bearer; Jeffrey Dierks; Kishore Gopu
Subject: CDC/FDA on Safe Prescribing

FYI- http://www.painweek.org/news_posts/a-turf-battle-between-the-cdc-and-the-fda-over-safe-prescribing/

CDC physician guidelines recommend nonpharmacological and nonopioid therapy for chronic pain. It states that the addition of opioids should be considered only if expected benefits outweigh risks. Other points: smaller available supplies of opioids for a patient in acute pain; short acting opioids should be prescribed instead of long-acting opioids; lowest possible dosages should be prescribed when starting therapy; dosage increases and maximum dosages should be limited and considered only after major precautions.

Sent from my iPhone